



Australian Government

Department of Education, Employment and Workplace Relations

SIS40510 Certificate IV in Sport Coaching

Release: 1

SIS40510 Certificate IV in Sport Coaching

Modification History

Not Applicable

Description

This qualification provides the skills and knowledge for an individual intending to pursue a career as a coach at a regional or State/Territory level. Likely functions for someone with this qualification include observing the performance of athletes to determine the required level of instruction, and planning, conducting and evaluating individualised and team training programs. Those with this qualification would also supervise practice sessions and provide in competition assistance to athletes which, includes supporting their psychological preparation and conducting post competition analysis of both performance and strategy.

Job roles

The following is an indicative job role for this qualification.

- coach

This qualification is suitable for an Australian apprenticeship pathway

Pathways Information

Not Applicable

Licensing/Regulatory Information

Not Applicable

Entry Requirements

Not Applicable

Employability Skills Summary

EMPLOYABILITY SKILLS QUALIFICATION SUMMARY

The following table contains a summary of the employability skills required by the sport industry for this qualification. The employability skills facets described here are broad industry requirements that may vary depending on packaging options.

Employability Skill	Industry/enterprise requirements for this qualification include:
Communication	Communicating with athletes to determine their specific needs; liaising with volunteers and support staff; preparing accurate training and performance records or reports on competition outcomes; clarifying instructions to athletes related to drugs in sport; documenting individualised and team training programs.
Teamwork	Providing leadership to support personnel; monitoring progress and providing assistance where necessary to athletes to maintain team harmony; collaborating with officials and sport personnel to achieve agreed goals; promoting compliance with legal obligations; supporting athletes to adopt principles of sports psychology; acknowledging accountability to sport management and officials.
Problem-solving	Identifying and mitigating hazards and risks related to sport coaching; post competition analysis of performance and strategy to identify areas for improvement; dealing with athlete injury or illness; planning, strategy and resource allocation to design and deliver training and recovery programs; modifying training programs to accommodate unforeseen situations.
Initiative and enterprise	Identifying and discussing a range of activity or program enhancements to improve performance; engaging colleagues in sharing work-place knowledge; adjusting coaching techniques to differences in each athlete's individual circumstances; reflecting on own coaching practices for improvement; monitoring activities and programs for emerging risks.
Planning and organising	Collecting, analysing and recording information to provide efficient planning for sport coaching; setting work priorities and scheduling training activities to meet competition targets and deadlines; implementing selection policies; developing nutritional strategies to meet athletes needs; implementing and monitoring occupational health and safety policies.
Self-management	Understanding and complying with the legal and ethical responsibilities that apply to own role within sports coaching and operating within limits of authority; critically reviewing own strengths and weaknesses; actively seeking and reflecting on feedback on own performance; building sport coaching networks to

EMPLOYABILITY SKILLS QUALIFICATION SUMMARY	
	regularly update knowledge and skills.
Learning	Identifying and accessing sources of research on sport coaching and performance enhancement; contributing to a learning environment through openly sharing knowledge and experiences; accessing internal and external professional development opportunities; updating knowledge and skills to accommodate changes in sport coaching.
Technology	Understanding and utilising the operating capability of computer systems and software for athlete development; using information technology to assist in communication and support management and planning functions.

Packaging Rules

21 units must be completed:

- 14 core units
- 7 elective units, consisting of:
 - all the units in any one of Groups A to J
 - the remaining to make up the required 7 elective units from General electives; up to 3 of these remaining units may be selected from SIS10, or any current accredited course or other Training Package, and must be first packaged at AQF level 4.
- In all cases selection of electives must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification (as per the AQF descriptors).

Core (14)

BSBWOR404A	Develop work priorities
HLTFA301B	Apply first aid
SISSCGP307A	Implement selection policies
SISSCGP411A	Work with officials
SISSCGP308A	Provide drugs in sport information
SISSCGP309A	Develop nutritional strategies
SISSCGP310A	Support athletes to adopt principles of sports

	psychology
SISSCGP412A	Implement recovery programs
SISXCCS402A	Coordinate client service activities
SISXCCS404A	Address client needs
SISXIND403A	Analyse participation patterns
SISXIND405A	Conduct projects
SISXOHS402A	Implement and monitor occupational health and safety policies
SISXRSK301A	Undertake risk analysis of activities
Electives (7)	
Group A - AFL	
SISSAFL406A	Teach the intermediate skills of Australian Football
SISSAFL407A	Teach the intermediate tactics of Australian Football
Group B - Canoeing	
SISSCNO406A	Teach the advanced skills and tactics of flatwater canoeing
SISSCNO407A	Teach the advanced skills and tactics of slalom canoeing
Group C - Cricket	
SISSCKT408A	Teach the advanced skills of cricket
SISSCKT409A	Teach the advanced tactics and strategies of cricket
Group D - Equestrian	
RTE3144A	Prevent and treat equine injury and disease
SISSEQS302A	Demonstrate basic dressage and show horse skills
SISOEQO408A	Determine nutritional requirements for horses
SISOEQO409A	Train and condition horses

SISSEQS404A	Teach the intermediate skills of riding on the flat
SISSEQS405A	Teach the intermediate skills of riding over fences
Group D - Equestrian	
RTE3144A	Prevent and treat equine injury and disease
SISSEQS302A	Demonstrate basic dressage and show horse skills
SISOEQO408A	Determine nutritional requirements for horses
SISOEQO409A	Train and condition horses
SISSEQS404A	Teach the intermediate skills of riding on the flat
SISSEQS405A	Teach the intermediate skills of riding over fences
Group E - Martial Arts	
SISSMAR402A	Teach the advanced skills of martial arts
Group F - Netball	
SISSNTB407A	Teach intermediate level netball skills
SISSNTB408A	Teach intermediate level netball tactics and game strategy
SISSSTC402A	Develop strength and conditioning programs
Group G - Rugby League	
SISSRGL409A	Teach advanced level Rugby League game skills
SISSRGL410A	Teach advanced Rugby League tactics and game strategy
Group H - Volleyball	
SISSVOL403A	Teach the advanced skills of volleyball
SISSVOL404A	Teach the advanced tactics and strategies of volleyball
Group I - Surf Life Saving	
SISSSUR405A	Teach the advanced skills of surf life saving
SISSSUR406A	Officiate advanced level surf life saving competitions

Group J - Swimming	
SISSSWM302A	Plan a program for a competitive swimmer
Electives	
ICAU2006B	Operate computing packages
RTE3144A	Prevent and treat equine injury and disease
SISCCRD302A	Recruit and manage volunteers
SISOEQO409A	Train and condition horses
SISOYSB403A	Sail a small boat in moderate and variable conditions
SISSAFL406A	Teach the intermediate skills of Australian Football
SISSAFL407A	Teach the intermediate tactics of Australian Football
SISSCGP306A	Customise coaching for special needs groups
SISSCGP413A	Implement a talent identification program
SISSCGP414A	Implement water based training programs
SISSECT408A	Teach the advanced skills of cricket
SISSECT409A	Teach the advanced tactics and strategies of cricket
SISSCNO406A	Teach the advanced skills and tactics of flatwater canoeing
SISSCNO407A	Teach the advanced skills and tactics of slalom canoeing
SISSEQS404A	Teach the intermediate skills of riding on the flat
SISSEQS405A	Teach the intermediate skills of riding over fences
SISSMAR402A	Teach the advanced skills of martial arts
SISSENTB407A	Teach intermediate level netball skills
SISSENTB408A	Teach intermediate level netball tactics and game strategy
SISRRGU410A	Officiate advanced level Rugby Union

SISSSPA301A	Coordinate regional touring athletes
SISSSPA402A	Coordinate international touring athletes
SISSSPA403A	Administer a team or group
SISSSPA404A	Implement accreditation and registration systems
SISSSPT302A	Provide initial management of sports injuries
SISSSPT303A	Conduct basic warm-up and cool-down programs
SISSSPT304A	Tape ankle, thumb and fingers
SISSSPT305A	Support sports injury management
SISSSPT306A	Deal with medical conditions in a sport setting
SISSSTC301A	Instruct strength and conditioning techniques
SISSSUR405A	Teach the advanced skills of surf life saving
SISSSWM302A	Plan a program for a competitive swimmer
SISSSWM303A	Teach the advanced skills of competitive swimming
SISSVOL403A	Teach the advanced skills of volleyball
SISSVOL404A	Teach the advanced tactics and strategies of volleyball
SISXEMR402A	Coordinate emergency responses