



**Australian Government**

# **SIS30712 Certificate III in Sport Coaching**

**Release: 1**

## SIS30712 Certificate III in Sport Coaching

### Modification History

The version details of this endorsed qualification are the table below. The latest information is at the top.

Release	Comments
1	<p>Replaces and is equivalent to SIS30710 Certificate III in Sport Coaching.</p> <p>Qualification notes changed to better reflect scope of practice.</p> <p>Total number of units for completion the same, however:</p> <ul style="list-style-type: none"> <li>• 2 units added to the core</li> <li>• 2 units deleted from electives.</li> </ul> <p>New and updated unit codes and titles in core and electives.</p> <p>Imported units updated.</p> <p>Moved Group E and F (1 unit in each) to General electives and renamed remaining groups.</p> <p>New elective group added: Group I – Surfing.</p>

### Description

This qualification reflects the role of individuals who apply the skills and knowledge to undertake a role as a coach. Likely functions for someone with this qualification include observing the performance of sports participants to determine the required level of instruction, and planning, conducting and evaluating individualised and team based training programs. Those with this qualification would also supervise practice sessions and provide in competition assistance to participants.

#### Job Roles

The following is an indicative job role for this qualification:

- community coach.

### Pathways Information

This qualification is suitable for an Australian Apprenticeship pathway.

## **Licensing/Regulatory Information**

No licensing, legislation, regulatory or certification requirements apply to this qualification of the endorsement.

## **Entry Requirements**

Not applicable.

## Employability Skills Summary

The following table contains a summary of the employability skills required by the sport industry for this qualification. The employability skills facets described here are broad industry requirements that may vary depending on qualification packaging options.

<b>Employability skill</b>	<b>Industry/enterprise requirements for this qualification include:</b>
Communication	Communicating with athletes to determine and interpret their specific requirements; understanding verbal and written information on sport skills; providing clear verbal instructions to players when coaching; effectively using body language and demonstration to reinforce technique instruction; motivating players to enhance performance and provide competition support to athletes.
Teamwork	Working as a skilled team member; contributing to positive team dynamics and dealing appropriately with conflict; collaborating with other coaches and sport personnel to achieve agreed goals; recognising factors that may affect team harmony and assisting appropriately to avoid or overcome the identified interpersonal issues.
Problem Solving	Identifying and taking action to mitigate hazards and risks that may arise during coaching activities; responding to emergency situations within scope of responsibility; taking responsibility for seeking assistance from colleagues to resolve issues; recognising and adapting appropriately to age and skill differences; dealing with equipment breakdowns and facility availability and to manage contingencies; determining appropriate solutions to technique or skill problems.
Initiative and enterprise	Showing initiative and independence in delivering coaching sessions that meet or exceed player expectations; adjusting coaching techniques to differences in players, equipment and facilities; taking correct action and following established procedures on discovery of an actual or potential emergency or safety hazard; reflecting on own performance for improvement.
Planning and organisation	Collecting and recording information to undertake the efficient planning and delivery of coaching activities; time management to schedule tasks to meet deadlines; allocating resources and equipment to enable the desired activities to be undertaken to meet competition or performance targets; following organisational policies and procedures to complete coaching tasks in an efficient manner.
Self-management	Understanding and complying with the legal and ethical responsibilities that apply to own role as a sports coach; applying risk management strategies; acknowledging, discussing and acting upon feedback provided by senior coaches, players and sport personnel to improve own coaching performance.

Learning	Knowing the structure of coaching networks and sources of information within the sport industry; keeping well informed of updates and changes to sport policies, procedures and regulations; analysing new coaching strategies and tactics for applicability to own situation; accessing professional development opportunities to enhance coaching performance.
Technology	Understanding and utilising the operating capability of equipment and software that assists in sport coaching; selecting, using and maintaining sport equipment according to manufacturer specifications and organisational policies and procedures.

## Packaging Rules

15 units must be completed:

- 9 core units
- 6 elective units, consisting of:
  - all the units in one of Groups A to N
  - the remaining to make up the required 6 elective units from General electives or SIS10, and must be first packaged at AQF level 2, 3 or 4; up to 2 of these may be selected from any current accredited course or other Training Package, and must be first packaged at AQF level 3.

In all cases, selection of electives must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification (as per the AQF descriptors).

<b>Core units</b>	
HLTFA301C	Apply first aid
SISSSCO101	Develop and update knowledge of coaching practices
SISSSCO202	Coach beginner or novice participants to develop fundamental motor skills
SISSSCO303	Plan and deliver coaching programs
SISSSCO304	Customise coaching for athletes with specific needs
SISSSDE201	Communicate effectively with others in a sport environment
SISXFAC207	Maintain sport, fitness and recreation equipment for activities
SISXRSK301A	Undertake risk analysis of activities
SITXCOM401	Manage conflict
<b>Electives (6)</b>	
<b>Group A – Basketball</b>	
SISSBSB303A	Teach intermediate level basketball skills
SISSBSB304A	Teach intermediate level basketball tactics and game strategy
<b>Group B – Competitive Canoeing</b>	
SISSCNO302A	Teach the intermediate skills and tactics of flatwater canoeing
SISSCNO303A	Teach the intermediate skills and tactics of whitewater canoeing

SISSCNO304A	Teach the intermediate skills and tactics of canoe polo
<b>Group C – Cricket</b>	
SISSCKT306A	Teach the intermediate skills of cricket
SISSCKT307A	Teach the intermediate tactics and strategies of cricket
<b>Group D – Equestrian</b>	
AHCHBR201A	Monitor horse health and welfare
AHCHBR203A	Provide daily care for horses
RGRPSH401A	Relate anatomical and physiological features to the care and treatment of horses
SISOEQO304A	Apply first aid for horses
SISSEQS303A	Teach the fundamental skills of riding
<b>Group E - Gymnastics</b>	
CHCYTH301E	Work effectively with young people
SISSGYN302A	Teach fundamental gymnastics skills for infants
<b>Group F – Rugby League</b>	
SISSRGL307A	Teach intermediate level Rugby League tactics and game strategy
SISSRGL308A	Use advanced level tactics and game strategy in Rugby League play
<b>Group G – Rugby Union</b>	
SISSRGU202A	Perform foundation level Rugby Union tactics and strategies
SISSRGU308A	Teach Rugby Union tactics and strategies at a foundation level
SISSRGU309A	Teach Rugby Union skills at a foundation level
<b>Group H – Squash</b>	
SISSSQU303A	Teach the intermediate skills of squash
SISSSQU304A	Teach the intermediate tactics and strategies of squash

<b>Group I – Surf Life Saving</b>	
SISSSUR303A	Teach the intermediate skills of surf life saving
SISSSUR304A	Officiate intermediate level surf life saving competitions
<b>Group J – Surfing</b>	
SISOSRF202A	Demonstrate basic surfing manoeuvres in controlled conditions
SISOSRF303A	Perform intermediate level surfing manoeuvres
SISOSRF409A	Instruct basic to intermediate surfing skills
<b>Group K – Swimming</b>	
SISSSWM301A	Teach the competitive strokes of swimming
SISSSWM302A	Plan a program for a competitive swimmer
SISSSWM303A	Teach the advanced skills of competitive swimming
<b>Group L – Tennis</b>	
SISSTNS205	Interpret and apply the rules and regulations of tennis
SISSTNS307	Coach red stage tennis players
SISSTNS308	Coach orange stage tennis players
SISSTNS309	Coach green stage tennis players
<b>Group M – Touch Football</b>	
SISSTOU303A	Teach the intermediate skills of Touch
SISSTOU304A	Teach the intermediate tactics and strategies of Touch
<b>Group N – Volleyball</b>	
SISSVOL301A	Teach the intermediate skills of volleyball
SISSVOL302A	Teach the intermediate tactics and strategies of volleyball
<b>General elective units</b>	
AHCHBR201A	Monitor horse health and welfare



AHCHBR203A	Provide daily care for horses
CHCIC301E	Interact effectively with children
CHCYTH301E	Work effectively with young people
ICAICT105A	Operate spreadsheet applications
ICAICT106A	Operate presentation packages
ICAICT203A	Operate application software packages
ICAICT210A	Operate database applications
ICPMM263C	Access and use the Internet
RGRPSH401A	Relate anatomical and physiological features to the care and treatment of horses
SISOEQO304A	Apply first aid for horses
SISOYSB201A	Demonstrate basic skills to sail a small boat in controlled conditions
SISOYSB302A	Sail a small boat in light to moderate conditions
SISSBSB304A	Teach intermediate level basketball tactics and game strategy
SISSCKT306A	Teach the intermediate skills of cricket
SISSCKT307A	Teach the intermediate tactics and strategies of cricket
SISSCOP202A	Develop a personal management plan
SISSEQS301A	Demonstrate basic dressage, show jumping and cross-country riding
SISSEQS302A	Demonstrate basic dressage and show horse skills
SISSEQS303A	Teach the fundamental skills of riding
SISSGYN302A	Teach fundamental gymnastics skills for infants
SISSMAR201A	Teach the intermediate skills of martial arts
SISSRGL306A	Teach intermediate level Rugby League game skills
SISSRGL307A	Teach intermediate level Rugby League tactics and game strategy

SISSRGL308A	Use advanced level tactics and game strategy in Rugby League play
SISSRGU308A	Teach Rugby Union tactics and strategies at a foundation level
SISSRGU309A	Teach Rugby Union skills at a foundation level
SISSSAI301A	Teach the basic tactics and strategies of sailing
SISSSCO305	Implement selection policies
SISSSOF101	Develop and update officiating knowledge
SISSSOF202	Officiate games or competitions
SISSSOF203	Judge competitive situations
SISSSOF304	Roster officials
SISSSPA301A	Coordinate regional touring athletes
SISSSPT302A	Provide initial management of sports injuries
SISSSQU303A	Teach the intermediate skills of squash
SISSSQU304A	Teach the intermediate tactics and strategies of squash
SISSSWM301A	Teach the competitive strokes of swimming
SISSTOU303A	Teach the intermediate skills of Touch
SISSTOU304A	Teach the intermediate tactics and strategies of Touch
SISSVOL301A	Teach the intermediate skills of volleyball
SISSVOL302A	Teach the intermediate tactics and strategies of volleyball
SISXCAI303A	Plan and conduct sport and recreation sessions
SISXCAI304A	Plan and conduct sport and recreation programs
SISXEMR201A	Respond to emergency situations
SISXIND409	Organise a sport, fitness or recreation event
SISXWHS101	Follow work health and safety policies