



Australian Government

Credit arrangements for SIS Sport, Fitness and Recreation Training Package

Release: 6.0

SIS Sport, Fitness and Recreation Training Package

Modification History

Release	Release Date	Comments
Release 6.0	14 December 2022	<p>Release 6.0 of the Sport, Fitness and Recreation Training Package.</p> <p>Endorsement of the following qualifications:</p> <ul style="list-style-type: none"> • SIS10122 Certificate I in Sport and Recreation • SIS20122 Certificate II in Sport and Recreation • SIS30122 Certificate III in Sport, Aquatics and Recreation • SIS40122 Certificate IV in Sport, Aquatics and Recreation • SIS50122 Diploma of Sport, Aquatics and Recreation Management <p>Endorsement of 41 updated and 06 new units of competency.</p> <ul style="list-style-type: none"> • 08 units of competency deleted. <p>03 updated and 01 new skill set.</p> <p>Minor editorial correction SISOSCB007 Inspect and fill SCUBA cylinders Release 2.</p>
Release 5.2	8 April 2022	<p>Release 5.2 of the SIS Sport, Fitness and Recreation Training Package comprises the following changes:</p> <p>First Aid unit updated in the following qualifications:</p> <ul style="list-style-type: none"> • SIS10115 Certificate I in Sport and Recreation • SIS20115 Certificate II in Sport and Recreation • SIS30115 Certificate III in Sport and Recreation • SIS31015 Certificate III in Aquatics and Community Recreation • SIS40115 Certificate IV in Sport and Recreation • SIS50115 Diploma of Sport and Recreation Management
Release 5.1	22 March 2022	<p>Release 5.1 of the SIS Sport, Fitness and Recreation Training Package comprises the following changes:</p> <p>Qualification codes:</p> <ul style="list-style-type: none"> • SIS40619 Certificate IV in Outdoor Leadership changed to • SIS40621 Certificate IV in Outdoor Leadership and • SIS50419 Diploma of Outdoor Leadership changed to • SIS50421 Diploma of Outdoor Leadership

Release 5.0	10 November 2021	<p>Release 5.0 of the SIS Sport, Fitness and Recreation Training Package comprises the following modifications:</p> <p>Fitness and Aqua Exercise Instructors' Training Package</p> <ul style="list-style-type: none"> • Endorsement of two Fitness qualifications: <ul style="list-style-type: none"> • SIS30321 Certificate III in Fitness • SIS40221 Certificate IV in Fitness • Endorsement of four skill sets: <ul style="list-style-type: none"> • SISSS00127 Aqua Exercise Instruction • SISSS00128 Group Exercise Leader • SISSS00129 Pool Lifeguard • SISSS00130 Pre-exercise Screening • Endorsement of 22 updated Fitness units of competency, SISFFIT032 - 053. • Endorsement of seven Sport qualifications: <ul style="list-style-type: none"> • SIS20221 Certificate II in Sport - Developing Athlete • SIS20321 Certificate II in Sport Coaching • SIS30421 Certificate III in Sport – Athlete • SIS30521 Certificate III in Sport – Coach • SIS40321 Certificate IV in Sport Coaching • SIS40421 Certificate IV in Sport Development • SIS50321 Diploma of Sport • Endorsement of four Outdoor Qualifications (minor upgrades): <ul style="list-style-type: none"> • SIS20419 Certificate II in Outdoor Recreation • SIS30619 Certificate III in Outdoor Leadership • SIS40619 Certificate IV in Outdoor Leadership • SIS50419 Diploma of Outdoor Leadership • Seven units deleted: <ul style="list-style-type: none"> • SISFFIT002 Recognise and apply exercise considerations for specific populations • SISFFIT017 Instruct long-term exercise programs • SISFFIT024 Instruct endurance programs • SISFFIT027 Conduct health promotion activities • SISFFIT029 Apply anatomy and physiology to advanced personal training • SISFFIT030 Instruct advanced exercise programs • SISFFIT031 Implement injury prevention strategies <p>Minor change to three units of competency to replace superseded prerequisite unit.</p>
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Release 4.1	March 2021	<p>In response to Skills Reform Ministerial Statement - 9 October 2020, modifications include the removal of unused units of competency from the SIS Training Package:</p> <p>Units removed:</p> <ul style="list-style-type: none"> • SISCAQU013 Coordinate lifeguard service at an aquatic facility
Release 4.0	September 2019	<p>Release 4.0 of the SIS Sport, Fitness and Recreation Training Package.</p> <p>Endorsement of the following Sport qualifications:</p> <ul style="list-style-type: none"> • SIS20219 Certificate II in Sport - Developing athlete • SIS20319 Certificate II in Sport Coaching • SIS30419 Certificate III in Sport - Athlete • SIS30519 Certificate III in Sport Coaching • SIS40319 Certificate IV in Sport Coaching • SIS40419 Certificate IV in Sport Development • SIS50319 Diploma of Sport <p>Endorsement of the following Outdoor Recreation qualifications:</p> <ul style="list-style-type: none"> • SIS20419 Certificate II in Outdoor Recreation • SIS30619 Certificate III in Outdoor Leadership • SIS40619 Certificate IV in Outdoor Leadership • SIS50419 Diploma of Outdoor Leadership <p>Please see the separate Outdoor Recreation Companion Volume Implementation Guide for specific information relating to outdoor recreation training package products.</p>
Release 3.0	December 2017	<p>Endorsement of 15 Equine Units of Competency (Separate Companion Volume has been merged with the Outdoor Recreation Companion Volume Implementation Guide)</p>
Release 2.0	December 2015	<p>Endorsement of the following qualifications:</p> <ul style="list-style-type: none"> • SIS10115 Certificate I in Sport and Recreation • SIS20115 Certificate II in Sport and Recreation • SIS30115 Certificate III in Sport and Recreation • SIS40115 Certificate IV in Sport and Recreation • SIS50115 Diploma of Sport and Recreation Management
Release 1.0	September 2015	<p>Primary release of SIS Sport, Fitness and Recreation Training Package.</p>

Credit Arrangements

At the time of endorsement of this Training Package no national credit arrangements exist.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>