



Australian Government

SISXPLD004 Facilitate groups

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to facilitate the effective functioning of a group of people participating in a sport, fitness, aquatic or recreation activity.

This unit applies to any type of sport, fitness, aquatic or recreation organisation including commercial, not-for-profit, community and government organisations. It applies to individuals working independently with groups in a range of roles including swim teachers, activity leaders and coaches.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Program Planning and Delivery

Unit Sector

Cross-Sector

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes.

1. Determine suitable group facilitation techniques.
2. Develop group

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Establish activity goals of individuals and group.
- 1.2. Identify group dynamics and potential barriers to group cohesion and performance.
- 1.3. Determine group facilitation techniques that will best meet group needs and activity outcomes.
- 2.1. Develop group effectiveness through active participation of

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| commitment and cooperation. | all group members. |
| | 2.2. Monitor and review group development and performance. |
| | 2.3. Implement strategies to reduce and eliminate barriers to effective group cohesion. |
| | 2.4. Establish trust, confidence and ownership in group decision-making, feedback and problem-solving processes. |
| 3. Facilitate group processes and performance. | 3.1. Develop group cohesion and collaboration to encourage effective group relationships. |
| | 3.2. Facilitate individual engagement while maintaining group cohesion. |
| | 3.3. Devolve responsibility and accountability to group members, where appropriate. |
| | 3.4. Implement effective conflict resolution strategies in response to conflict. |
| | 3.5. Monitor and adjust group performance using effective group management techniques. |

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

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| Oral communication skills to: | <ul style="list-style-type: none"> • ask open and closed questions and actively listen to determine participants understanding of information • provide clear and unambiguous information to group participants using language and terms easily understood. |
| Problem-solving skills to: | <ul style="list-style-type: none"> • address activity-specific problems and participant interaction issues or conflict to enable smooth functioning of the group. |

Unit Mapping Information

Supersedes and is equivalent to SISXCAI006 Facilitate groups.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>