



Australian Government

Assessment Requirements for SISXPLD003 Plan recreation programs

Release: 1

Assessment Requirements for SISXPLD003 Plan recreation programs

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- plan and document three different recreational programs tailored to the particular needs of three different participant groups
- design at least one of the above three programs for one of the following participant groups:
 - children, or
 - older people, or
 - people with disability
- for each of the above three programs:
 - develop and document two activity session plans
 - coordinate whole of program resources
- for one of the above programs, and according to actual feedback or case studies:
 - evaluate feedback provided by participants and delivery personnel
 - modify future program and session content, and document details of the evaluation and changes.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational procedures for completing program risk assessments
- different types of recreational programs typically offered by the recreation sector and how these relate to general consumer market preferences and expectations:
 - non-instructional, non-competitive physical activity programs for leisure
 - games-based activities
 - after-school and holiday care programs
 - creative programs
 - social interaction programs
- common reasons and objectives for people participating in recreational programs
- general factors that affect program design:
 - organisational budget and cost expectations of market

- availability of funding to support operation
- season of operation for outdoor programs, weather and environmental conditions
- types of equipment and resources required for activities and availability
- types of venues and transport required for activities and availability
- ratios of activity leaders to participants to ensure safety
- participant factors that affect program design:
 - age
 - physical capabilities, injuries and medical conditions
 - level of experience in the recreation activity
- program considerations for particular participant groups:
 - children:
 - the key stages of physical, social and emotional development up to twelve years
 - how programs can be designed to account for these stages
 - older people:
 - common barriers to participation in recreational programs
 - how programs can be designed to meet the physical, emotional and motivational needs
 - people with disability:
 - common barriers to participation in recreational programs
 - principles and practices of inclusion, focusing on capabilities, and consultation to identify needs and preferences for assistance
 - types of support services and assistive equipment that can be provided to enable and enhance participation
- roles of delivery personnel and level of skill required:
 - activity leaders
 - activity assistants
 - organisational support personnel
 - support personnel provided by client organisations
- principles of recreational programming, and sequencing sessions and activities within sessions to:
 - achieve program, session and participant objectives
 - enhance engagement and motivation
- established phases of activity sessions, their underpinning rationale and timing for each within designated time of session:
 - introduction and safety briefing
 - activity
 - wrap-up
- format and inclusions of program documents:
 - overarching program plan
 - program risk assessment
 - activity session plans

- participant profiles
- participant information, enrolment and informed consent forms
- evaluation questionnaires
- methods that can be used to evaluate effectiveness of programs:
 - participant and delivery personnel evaluation questionnaires and reports
 - debriefs and discussions with delivery personnel
 - evaluation of complaints, problems, and difficulties.

Assessment Conditions

Skills must be demonstrated in a recreation environment. This can be:

- a workplace, or
- a simulated industry environment set up for the purposes of skills assessment.

Assessment must ensure use of:

- template program documents:
 - program plans
 - program risk assessment
 - activity session plans
 - evaluation questionnaires
- organisational procedures for completing program risk assessments.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>