



**Australian Government**

# **Assessment Requirements for SISXPLD002 Deliver recreation sessions**

**Release: 1**

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## Modification History

Not applicable.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- deliver three predesigned group recreation sessions:
  - each with a minimum duration of 30 minutes
  - each with at least six participants
- deliver at least one of the above three sessions to one of the following participant groups:
  - children, or
  - older people, or
  - people with disability
- for each of the above three sessions:
  - prepare environment and resources
  - brief participants and provide safety information tailored to the environment and types of activities
  - use demonstration and communication techniques suited to participant needs
  - modify at least two aspects of the session plan and activities in response to participant needs
  - complete accurate session documentation and evaluation reports.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational record keeping procedures for session delivery and evaluation
- different types of recreational sessions typically offered by the recreation sector and how leadership of activities varies from teaching, training and coaching for skills acquisition:
  - non-instructional, non-competitive physical activity programs for leisure
  - games-based activities
  - after-school and holiday care programs
  - creative programs
  - social interaction programs
- roles and responsibilities of different activity leaders and support staff
- environmental factors that may impact session delivery and how to respond:

- noise
- indoor venue climate control and ventilation
- exposure to uncomfortable or extreme weather conditions outdoors
- safety considerations for recreational activity sessions and importance of clear and accurate briefing information:
  - hazards in outdoor locations, and safety measures used to manage these
  - risks associated with activity resources and equipment
  - safety procedures and how participants can signal difficulties
  - appropriate spacing for group numbers and activity types
- established phases of activity sessions and their underpinning rationale:
  - introduction and safety briefing
  - activity
  - wrap-up
- participant considerations for session delivery, and ways of adjusting planned session activities:
  - age
  - physical capabilities, injuries and medical conditions
  - level of experience in the recreation activity
  - older people including how to meet the physical, emotional and motivational needs
  - people with disability including how to focus on capabilities and consult to identify needs and preferences for assistance during sessions
- demonstration and instruction techniques suitable for leading recreation activities
- ways of varying instruction and modifying activities:
  - to meet the needs different participant characteristics within a group
  - to cater for individual abilities within a group
- communication techniques used for the following, and how they may vary depending on participant profile:
  - establishing rapport with group
  - maintaining group cohesion and control
  - providing clear instructions and demonstrations in a group environment
  - motivating and encouraging participants of different abilities to keep them engaged and challenged
  - providing constructive feedback and positive reinforcement
- factors to consider in session evaluation:
  - suitability of physical environment and availability of suitable resources
  - structure and timing
  - suitability of activities and resources for session objectives
  - participant feedback
  - leader communication.

## Assessment Conditions

Skills must be demonstrated in an environment specific to the type of recreation activity. This can be:

- a workplace, or
- a simulated industry environment set up for the purposes of skills assessment.

The following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communications equipment for emergency response.

Assessment must ensure use of:

- interaction with activity participants; these can be:
  - participants in an industry workplace, or
  - individuals who participate in simulated activities used for the purpose of skills assessment
- activity-specific resources and equipment
- predesigned session plans for activity sessions
- template evaluation reports
- organisational record keeping procedures for session delivery and evaluation.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>