



**Australian Government**

# **Assessment Requirements for SISXCAI007**

## **Assist with activities not requiring equipment**

**Release: 1**

## **Assessment Requirements for SISXCAI007 Assist with activities not requiring equipment**

### **Modification History**

Not applicable.

### **Performance Evidence**

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- assist in the planning, delivery and evaluation of at least three different recreational activities for three different groups of participants.

### **Knowledge Evidence**

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- basic aspects of legislation that affect planning and conduct of activities:
  - work health and safety/occupational health and safety requirements
  - equal opportunity and anti-discrimination
  - privacy and confidentiality
  - working with children requirements
- organisational policies and procedures for conduct of activities:
  - safety procedures
  - communication protocols
  - roles and responsibilities of different people, and types of tasks undertaken by an assistant:
    - providing access to facilities or recreation areas
    - providing advance information to participants
    - organising refreshments
  - reporting channels
- sources information about activities
- types of activities used in different recreational settings:
  - competitive
  - non-competitive
  - traditional cultural activities
  - individual or group
- role of activities and their potential benefits for individuals:
  - participation and interaction
  - confidence building

- motivation
- fitness
- lifestyle improvement
- considerations for organising activities:
  - matching game type and duration to participant needs safety
  - rules and regulations
  - instructions
  - resources
  - scheduling/timing/sequencing
  - expected behaviour
  - clothing and footwear
  - hydration
  - game specific hazards
  - other potential hazards and how to minimise risk
- techniques for monitoring game conduct:
  - supervising behaviour
  - interacting with participants
  - supporting participation and performance
- ways to evaluate the success of activities.

## Assessment Conditions

Skills must be demonstrated in:

- a sport, fitness or recreation environment. This can be a workplace or simulated environment.

Assessment must ensure use of:

- sources of information on activities and their requirements
- activity-specific resources and information
- documentation, program plans, evaluation forms
- participants with varying needs to undertake recreation activities; these may be:
  - participants in an industry workplace or
  - individuals who participate in simulated activities, set up for the purpose of assessment, within a training organisation.

Assessment activities that allow the individual to:

- work within industry realistic timeframes
- respond to typical problems in the conduct of activities.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>