



Australian Government

SISXCAI006 Facilitate groups

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to establish and facilitate the effective functioning of a group of people participating in an activity.

This unit applies to individuals who work autonomously in a range of roles and settings in the sport, fitness or recreation industries. This includes program staff working in after-school or holiday-care programs, those assisting with coaching activities, or undertaking a support role in fitness activities, indoor and outdoor recreation activities such as camps and other guided activities.

These individuals undertake work according to relevant legislation and organisational policies and procedures.

No licensing, legislative or certificate requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Coaching and Instruction

Unit Sector

Cross-Sector

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Plan for group establishment.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Establish activity goals of individuals and group.
- 1.2 Identify group dynamics and potential barriers to group development and performance.
- 1.3 Establish and document group performance plan to meet needs and activity outcomes.

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| 2. Develop group commitment and cooperation. | 2.1 Develop group effectiveness through active participation of all group members. |
| | 2.2 Establish systems to monitor and review group development and performance. |
| | 2.3 Develop and implement strategies to reduce and eliminate barriers. |
| | 2.4 Establish trust, confidence and ownership in group decision-making, feedback and problem-solving processes. |
| 3. Facilitate group processes and performance. | 3.1 Collaborate with group to develop effective working relationships. |
| | 3.2 Facilitate individual and collective engagement while maintaining group cohesion. |
| | 3.3 Devolve responsibility and accountability to group members, where appropriate. |
| | 3.4 Implement effective conflict-resolution strategies when required. |
| | 3.5 Communicate with group using appropriate mediums. |
| | 3.6 Monitor, adjust and record the performance of group members using established review systems. |

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

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|----------------------------|---|
| Writing skills to: | • create written plans and performance records. |
| Problem-solving skills to: | • address activity-specific problems and client interaction issues or conflict to enable smooth functioning of the group. |

Unit Mapping Information

SISXCAI306A Facilitate groups

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>

