



**Australian Government**

# **SISSTNS002 Coach intermediate players in tennis**

**Release: 1**

## SISSTNS002 Coach intermediate players in tennis

### Modification History

Not applicable.

### Application

This unit describes the performance outcomes, skills and knowledge required to coach intermediate tennis players in the tactics and skills of tennis.

This unit applies to individuals working in community based coaching roles in the Australian sport industry. This includes individuals working and volunteering in tennis clubs and centres.

Specific industry accreditation requirements apply to tennis coaching accreditation and information should be obtained from Tennis Australia.

### Pre-requisite Unit

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### Competency Field

Tennis

### Unit Sector

Sport

### Elements and Performance Criteria

#### ELEMENTS

*Elements describe the essential outcomes*

1. Plan tennis sessions for intermediate players.
2. Prepare tennis sessions

#### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

- 1.1. Gather and review tennis player information to assess intermediate player developmental readiness.
- 1.2. Set tennis session objectives to meet intermediate player developmental readiness.
- 1.3. Determine session content to address tennis session objectives.
- 1.4. Select coaching practices to meet tennis session objectives.
- 1.5. Develop and document tennis session plans for intermediate players.
- 2.1. Prepare facilities, equipment and resources to meet

- for intermediate players.
- 2.2. Select and set up equipment for safe use by intermediate players.
- 2.3. Identify hazards, assess risks and implement risk control strategies to minimise risk to intermediate player safety.
3. Conduct tennis sessions for intermediate players.
- 3.1. Communicate and confirm intermediate player understanding of tennis session activity instructions and safe participation requirements.
- 3.2. Present, sequence and pace tennis session activities according to tennis session plans.
- 3.3. Select and use communication styles to achieve tennis session objectives.
- 3.4. Observe intermediate player practice to assess player ability to perform activities.
- 3.5. Modify tennis session activities as required to meet intermediate player needs and environmental conditions.
- 3.6. Monitor tennis sessions to identify and address risks to intermediate player safety.
- 3.7. Analyse player performance and provide feedback to players to improve skills.
- 3.8. Conduct end of tennis session review to evaluate tennis session plan and inform future tennis session planning processes.
4. Promote good behaviour.
- 4.1. Communicate and model tennis participation behaviour standards.
- 4.2. Monitor participation to identify poor behaviour.
- 4.3. Use behaviour management strategies to address player poor behaviour in accordance with organisational policies and procedures.
5. Reflect on coaching practice.
- 5.1. Seek feedback from others to identify areas to improve own tennis coaching practice of intermediate players.
- 5.2. Reflect on own tennis coaching practice of intermediate players to identify areas for improvement.
- 5.3. Analyse findings and incorporate learnings in future tennis sessions with intermediate players.
- 5.4. Seek opportunities to address identified professional development needs.

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance*

criteria are listed *here, along with a brief context statement.*

<b>SKILLS</b>	<b>DESCRIPTION</b>
Reading skills to:	<ul style="list-style-type: none"> <li>• interpret tennis session plans</li> <li>• interpret documents that describe tennis organisational policies and procedures.</li> </ul>
Writing skills to:	<ul style="list-style-type: none"> <li>• record attendance.</li> </ul>
Oral communications skills to:	<ul style="list-style-type: none"> <li>• use age-appropriate language to engage intermediate players</li> <li>• ask open and closed questions and actively listen to determine and meet intermediate player needs</li> <li>• interact with intermediate players in a polite and positive manner</li> <li>• give tennis instructions to intermediate players.</li> </ul>
Numeracy skills to:	<ul style="list-style-type: none"> <li>• estimate time and space requirements for tennis session activities</li> <li>• sequence activities</li> <li>• pace tennis session activities to meet tennis session plan</li> <li>• manage pair and group work for odd and even numbers of intermediate players.</li> </ul>
Learning skills to:	<ul style="list-style-type: none"> <li>• reflect on personal coaching practices and communication styles as part of the review process</li> <li>• set and monitor tennis session objectives.</li> </ul>
Problem-solving skills to:	<ul style="list-style-type: none"> <li>• respond to needs of individual intermediate players</li> <li>• select strategies to address intermediate player poor behaviour</li> <li>• respond to environmental conditions.</li> </ul>

## Unit Mapping Information

No equivalent unit

## Links

Companion Volume Implementation Guides -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>