



Australian Government

SISSTNS001 Coach junior players in tennis

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to coach junior tennis players in the tactics and skills of tennis. This can include red, orange and green stage tennis players.

This unit applies to individuals working in community based coaching roles in the Australian sport industry. This includes individuals working and volunteering in tennis clubs and centres.

Specific industry accreditation requirements apply to tennis coaching accreditation and information should be obtained from Tennis Australia.

Pre-requisite Unit

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Competency Field

Tennis

Unit Sector

Sport

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Plan tennis sessions for junior players.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Gather and review tennis player information to assess developmental readiness.
- 1.2. Set tennis session objectives to meet developmental readiness.
- 1.3. Determine session content to address tennis session objectives.
- 1.4. Select coaching practices to meet tennis session objectives.
- 1.5. Develop and document tennis session plans for junior players.

2. Prepare tennis sessions for junior players.
 - 2.1. Prepare facilities, equipment and resources to meet tennis session plan requirements.
 - 2.2. Select and set up equipment for safe use by junior players.
 - 2.3. Identify hazards, assess risks and implement risk control strategies to minimise risk to junior player safety.
3. Conduct tennis sessions for junior players.
 - 3.1. Communicate and confirm junior player understanding of tennis session activity instructions and safe participation requirements.
 - 3.2. Present, sequence and pace tennis session activities according to tennis session plans.
 - 3.3. Select and use communication styles to achieve tennis session objectives.
 - 3.4. Observe junior player practice to assess player ability to perform activities.
 - 3.5. Modify tennis session activities as required to meet junior player needs and environmental conditions.
 - 3.6. Monitor tennis sessions to identify and address risks to junior player safety.
 - 3.7. Analyse player performance and provide feedback to players to improve skills.
 - 3.8. Conduct end of tennis session review to evaluate tennis session plan and inform future tennis session planning processes.
4. Promote good behaviour.
 - 4.1. Communicate and model tennis participation behaviour standards.
 - 4.2. Monitor participation to identify poor behaviour.
 - 4.3. Use behaviour management strategies to address player poor behaviour in accordance with organisational policies and procedures.
5. Reflect on coaching practice.
 - 5.1. Seek feedback from others to identify areas to improve own tennis coaching practice of junior players.
 - 5.2. Reflect on own tennis coaching practice of junior players to identify areas for improvement.
 - 5.3. Analyse findings and incorporate learnings in future tennis sessions with junior players.
 - 5.4. Seek opportunities to address identified professional development needs.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	<ul style="list-style-type: none"> • interpret tennis session plans • interpret documents that describe tennis organisational policies and procedures.
Writing skills to:	<ul style="list-style-type: none"> • record attendance.
Oral communications skills to:	<ul style="list-style-type: none"> • use age-appropriate language to engage junior players • ask open and closed questions and actively listen to determine and meet junior player needs • interact with junior players in a polite and positive manner • give tennis instructions to junior players.
Numeracy skills to:	<ul style="list-style-type: none"> • estimate time and space requirements for tennis session activities • sequence activities • pace tennis session activities to meet tennis session plan • manage pair and group work for odd and even numbers of junior players.
Learning skills to:	<ul style="list-style-type: none"> • reflect on personal coaching practices and communication styles as part of the review process • set and monitor tennis session objectives.
Problem-solving skills to:	<ul style="list-style-type: none"> • respond to needs of individual junior players • select strategies to address junior player poor behaviour • respond to environmental conditions.

Unit Mapping Information

No equivalent unit

Links

Companion Volume Implementation Guides -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>