



Australian Government

Assessment Requirements for SISSTNS001 Coach junior players in tennis

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role and:

- deliver coaching to junior tennis players on three occasions for a duration of at least 30 minutes each.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to coaching junior players in tennis
- tactical and technical fundamentals of tennis for junior players
- fundamental aspects of stroke production for junior players:
 - grip
 - stance
 - footwork
 - initial preparation
 - swing pattern
 - contact
 - follow-through
- tennis competencies for junior players
- modifying activities for junior players:
 - regress activities by simplifying equipment and environment:
 - smaller racquet
 - low compression balls
 - reduce playing space
 - break down skill into parts and progressively add more parts
 - reduce decision making related to tactical outcomes
 - progress activities by changing equipment and environment:
 - change ball
 - increase playing space
 - encourage use of whole skill
 - increase decision making related to tactical outcomes

- organisational layout of tennis activities:
 - set-up of activities on court
 - position of players and coach
 - role of coach:
 - feeding
 - roaming
 - rallying
 - type of activity:
 - whole group
 - partner station
 - combination
- tennis rules, regulations and policies applicable to coaching junior players in tennis:
 - International Tennis Federation rules of tennis
 - Tennis Australia:
 - rules and etiquette for non umpired matches
 - dress and equipment regulations
 - code of behaviour
- tennis session planning for junior players:
 - session objectives
 - progression and regression activities and modified games
 - activities inclusive of all players
 - designing activities that require players to think and make meaningful decisions about tennis situations
 - linking sessions to develop and progress skills
 - group organisation
- tennis equipment and resources:
 - selection
 - safe set-up and layout
 - safe condition
 - safe use
- safe tennis participation requirements for junior players:
 - obeying the rules
 - use of protective equipment
 - hydration
- contemporary coaching practices
- coaching communication styles:
 - direct instruction
 - indirect instruction
 - demonstration
 - problem solving

- active listening
- open and closed questions
- non verbal communication
- giving and receiving feedback
- tone and level of voice
- terminology and language
- managing poor behaviour:
 - establishing behaviour standards
 - promoting cooperation and good relationships
 - common causes of poor behaviour of junior players
- methods of observation and feedback during tennis sessions with junior players:
 - how, what and when to observe
 - timing of feedback
- tennis session review processes
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in tennis. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- organisational safety, emergency response and first aid procedures for tennis
- Tennis Australia rules, regulations and policies applicable to coaching junior players.

Assessment must ensure use of:

- session plan template
- tennis facilities, equipment and training aids:
 - marked-out tennis court with a net
 - tennis racquets
 - tennis balls
 - tennis coaching aids
- junior tennis players to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>