



Australian Government

Assessment Requirements for SISSCO014 Develop sport coaches

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role and:

- develop one novice and one experienced sport coach in a specific sport that involves:
 - conducting a model session for each coach
 - helping each coach to adapt their coaching practice to meet the needs of the participant being coached
 - facilitating peer feedback after a session delivered by each coach.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational policies and procedures applicable to developing sport coaches in a specific sport
- tactical and technical fundamentals of a specific sport
- types of sport-specific coaching activities:
 - game sense
 - technique-centred activities
 - constraints-led approach
- types and safe use of sport-specific coaching equipment
- sport-specific rules, regulations and policies
- roles and responsibilities of sport-specific coaches and officials
- sport-specific terminology and communication systems
- benefits of effective coaching and risks of poor coaching
- communication styles:
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- purposes of coach development:
 - increasing participant outcomes

- improving coach retention
- creating a positive sport environment
- methods for supporting coaches:
 - focusing on coaching process and coach performance
 - creating a positive experiential learning environment
 - challenging coaches
 - listening to coach views and challenges and responding without bias
 - sharing personal coaching experiences
 - valuing commitment and contribution
 - encouraging self-reflection
 - positioning in relation to the coach
 - conducting model sessions
 - providing advice on adapting coaching practice to meet the needs of participants
- methods of managing the coaching relationship:
 - building rapport
 - preventing and defusing conflict
 - professional boundaries
 - confidentiality
 - developmental stages of participants
- types of coach observations:
 - frequency and specificity of instruction
 - pre-game plan instructions
 - body language and tone of voice
 - participant engagement
 - giving feedback
 - rest and recovery instructions
 - meeting the expectations of the sport
- coach development planning processes
- coach development review processes
- methods for giving feedback and timing of feedback
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in a specific sport. This can be a workplace or simulated environment.

Assessment must ensure access to:

- sport-specific facilities, equipment and resources

- coach development plan template
- sport-specific rules, regulations and policies
- National Sporting Organisation coaching information.

Assessment must ensure use of:

- sport-specific coaches to be developed.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>