



**Australian Government**

**Assessment Requirements for SISSCO004  
Plan, conduct and review coaching  
programs**

**Release: 1**

# Assessment Requirements for SISSSCO004 Plan, conduct and review coaching programs

## Modification History

Not applicable.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- plan, conduct and review one sport-specific program plan that includes at least eight sport-specific sessions.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in the elements and performance criteria of this unit:

- organisational procedures applicable to planning, conducting and reviewing programs in a specific sport
- program planning considerations:
  - matching program to suit participant developmental readiness
  - program objectives
  - progression and regression activities and modified games
  - activities inclusive of all participants
  - contingency plans to accommodate environmental conditions
  - designing activities that require participants to think and make meaningful decisions about sport-specific situations
  - sequencing and linking program sessions and activities to develop and progress skills
  - methods for making programs engaging
  - group organisation
- sport-specific equipment and resource constraints and options:
  - group organisation
  - safe set-up and layout
  - allocation of space and resources for programs
- program review, evaluation and adjustment processes
- methods for self reflection.

## Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in a specific sport. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- sport-specific facility, equipment and resources
- organisational safety, emergency response and first aid procedures
- National Sporting Organisation rules, regulations and policies applicable to planning, conducting and reviewing programs.

Assessment must ensure use of:

- program plan template
- sport-specific participants to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

## **Links**

Companion Volume Implementation Guides -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>