



Australian Government

**Assessment Requirements for SISSCO001
Conduct sport coaching sessions with
foundation level participants**

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- conduct three sport-specific sessions with foundation level participants under supervision where each session is at least 30 minutes in duration.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to conducting sport coaching sessions with foundation level participants
- tactical and technical fundamentals of a specific sport for foundation level participants
- organisational layout of sport-specific activities
- sport-specific equipment and resources:
 - safe set-up and lay-out
 - safe condition
 - safe use
 - safe pack-up
- sport-specific safe participation requirements:
 - obeying the rules
 - use of protective equipment
 - hydration
- coaching communication styles for foundation level participants:
 - instruction
 - demonstration
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- behaviours expected of an assistant coach:

- promoting positive interaction and participation
- using acceptable language
- arriving on time
- using self reflection to identify areas for improvement
- methods to:
 - instruct safe use of equipment and techniques
 - instruct safe sport techniques
 - instruct warm-up, skill development and cool-down activities
 - establish behaviour standards
 - promote cooperation and good relationships
 - demonstrate techniques
 - encourage interaction and participation
 - give and receive feedback
 - respond to questions
 - report problems to supervisor
- sport-specific session plan elements
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- sport-specific rules, regulations and policies
- sport-specific facilities, equipment and resources
- organisational safety, emergency response and first aid procedures for the specific sport.

Assessment must ensure use of:

- a sport-specific session plan
- a supervisor and foundation level participants to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>