



**Australian Government**

# **SISSRGL002 Participate in rugby league at an intermediate level**

**Release: 1**

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## Modification History

Not applicable.

## Application

This unit describes the performance outcomes, skills and knowledge required to perform tactical and technical rugby league skills at an intermediate level through participation in rugby league.

This unit applies to athletes in the Australian sport industry competing in rugby league at a regional, state or national level.

Those undertaking this unit work under the guidance of a coach.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

## Pre-requisite Unit

Nil

## Competency Field

Rugby league

## Unit Sector

Sport

## Elements and Performance Criteria

### ELEMENTS

*Elements describe the essential outcomes*

1. Participate in intermediate level rugby league activities.

### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

- 1.1. Interpret and apply rugby league rules, regulations and policies to rugby league participation.
- 1.2. Participate in rugby league training activities and competitions in a safe manner, according to organisational policies and procedures.
- 1.3. Link and perform intermediate level rugby league skills to form a sequence of movements in practice and competition conditions.
- 1.4. Communicate with team members and coach during

- activities using rugby league communication systems and terminology.
2. Prepare to compete in rugby league at an intermediate level.
    - 2.1. Consult with coach to identify intermediate tactical and technical rugby league skills to be developed.
    - 2.2. Participate in training activities to develop identified intermediate level tactical and technical rugby league skills.
    - 2.3. Analyse own and opposition strengths and weaknesses to develop game plans for rugby league competitions.
  3. Implement rugby league game plan at an intermediate level.
    - 3.1. Implement game plans during competition.
    - 3.2. Interpret rugby league game statistics to identify and implement adjustments to improve intermediate level performance during competition.
    - 3.3. Maintain communication with team members and coach before, during and after competitions.
  4. Review intermediate level rugby league performance.
    - 4.1. Seek feedback from coach and support staff to identify areas to improve own intermediate level rugby league performance.
    - 4.2. Analyse rugby league competition statistics to identify own strengths and weaknesses.
    - 4.3. Reflect on own intermediate level rugby league performance to identify areas for improvement.
    - 4.4. Analyse findings and incorporate learnings in future intermediate level rugby league training and competition.

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.*

### SKILLS

### DESCRIPTION

- |                               |  |
|-------------------------------|--|
| Oral communication skills to: | <ul style="list-style-type: none"> <li>• ask open and closed questions and actively listen to clarify instructions and feedback from coaches</li> <li>• interact with coaches, support staff and officials in a polite and positive manner.</li> </ul> |
| Numeracy skills to:           | <ul style="list-style-type: none"> <li>• record training and competition data</li> <li>• interpret, analyse and discuss statistical information.</li> </ul>  |
| Problem-solving skills to:    | <ul style="list-style-type: none"> <li>• read play</li> <li>• respond to environmental conditions.</li> </ul>  |

## Unit Mapping Information

No equivalent unit

## Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>