



Australian Government

**Assessment Requirements for SISSRGL002
Participate in rugby league at an
intermediate level**

Release: 1

Assessment Requirements for SISRGL002 Participate in rugby league at an intermediate level

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- participate in rugby league at an intermediate level that involves:
 - complying with rugby league rules, regulations and policies
 - performing intermediate level tactical and technical skills at an accuracy rate of 70% at one competition
 - performing intermediate level technical skills at an accuracy rate of 70% at three training sessions of no less than 30 minutes each
 - communicating with team members, coach, official and support staff and responding to feedback
 - analysing and reflecting on own and opposition strengths and weaknesses.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to participating in rugby league at an intermediate level
- tactical and technical fundamentals of rugby league for intermediate level athletes:
 - tactical:
 - attack and defence
 - impulse plays
 - use of structured plays
 - moving the ball wide
 - tackling types and styles
 - scrummaging tactics and set plays from a scrum
 - positional play in line of attack
 - positional play in defensive line
 - field positioning to generate a try
 - field positioning to generate a field goal
 - use of angles
 - use of fast or slow paced play-the-balls

-
- plays to maximise weaknesses in opposition team plays
 - plays to counter strengths in frequently used opposition team plays
 - counter tactics to diminish or negate opposition player strengths
 - technical:
 - game sense and decision making at an intermediate level
 - body protection
 - running
 - ball handling
 - ruck plays
 - kicking
 - scrummaging
 - attack skills
 - tackling
 - game strategy:
 - roles of individual athletes in the game strategy
 - patterns of play in attack and defence including up and in, and slide
 - attacking systems of play
 - defending systems of play
 - set team plays including orthodox and unorthodox
 - varying use of space including concepts of width and depth
 - situational plays
 - positions and match-ups
 - situational kicking in games
 - percentage football
 - identifying strengths and weaknesses of opposition game strategies and tactics and development of counter-tactics
 - rugby league biomechanical principles
 - types, characteristics, function and safe use of rugby league equipment, facilities and technological aids
 - types of strengths and weaknesses of intermediate level rugby league athletes:
 - physical
 - tactical
 - training activities for intermediate level rugby league athletes:
 - intermediate drills
 - warm-ups and cool-downs
 - breaking down and sequencing of skills
 - coordinated positional play
 - competitions and pathways for intermediate level rugby league athletes
 - types and contents of game plans for intermediate level rugby league athletes

- types and methods of analysing competition statistics for intermediate level rugby league athletes:
 - playing statistics for own team and opposition
 - penalties
 - errors and turnovers
 - completion rates
 - tries scored and manner in which tries are scored
 - tackle counts
- types and potential impacts of environmental conditions
- intermediate level rugby league rules, regulations and policies
- methods for self reflection
- rugby league communication systems and terminology.

Assessment Conditions

Skills must be demonstrated in:

- a rugby league environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- rugby league rules, regulations and policies
- organisational policies and procedures applicable to participating in rugby league at an intermediate level
- organisational safety, emergency response and first aid procedures.

Assessment must ensure use of:

- rugby league equipment and facilities:
 - balls
 - uniforms
 - footwear
 - personal protective equipment
- rugby league opposition competing at an intermediate level, coach, officials and support staff.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>