



Australian Government

**Assessment Requirements for SISSRGL001
Conduct rugby league coaching sessions
with foundation level participants**

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- conduct three rugby league coaching sessions with foundation level participants under supervision where each session is at least 30 minutes in duration.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to conducting rugby league coaching sessions with foundation level participants
- rugby league tactical and technical fundamentals for foundation level participants:
 - running with and without a ball
 - footwork
 - ball handling
 - kicking
 - scrummaging
 - attack skills
 - defence skills
 - tackling skills
- organisational layout of rugby league activities
- rugby league equipment and resources:
 - rugby league fields
 - rugby league balls
 - uniforms
 - footwear
 - personal protective equipment
 - stop watches
 - whistles
 - cones
 - safe set-up and lay-out
 - safe condition

- safe use
- safe pack-up
- rugby league rules, regulations and policies applicable to coaching foundation level participants
- rugby league safe participation requirements:
 - obeying the rules
 - use of protective equipment
 - hydration
- coaching communication styles for foundation level participants:
 - instruction
 - demonstration
 - active listening
 - open and closed questions
 - non verbal communication
 - giving and receiving feedback
 - tone and level of voice
 - terminology and language
- behaviours expected of an assistant coach:
 - promoting positive interaction and participation
 - using acceptable language
 - arriving on time
 - using self reflection to identify areas for improvement
- methods to:
 - instruct safe use of equipment and techniques
 - instruct safe sport techniques
 - instruct warm-up, skill development and cool down activities
 - establish behaviour standards
 - promote cooperation and good relationships
 - demonstrate techniques
 - encourage interaction and participation
 - give and receive feedback
 - respond to questions
 - report problems to supervisor
- rugby league session plan elements
- methods for self reflection.

Assessment Conditions

Skills must be demonstrated in:

- a community based sport environment in rugby league. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- Australian Rugby League rules, regulations and policies applicable to coaching foundation level participants
- rugby league facilities, equipment and resources:
 - Australian Rugby League approved balls
 - uniforms
 - footwear
 - personal protective equipment
 - ankle braces and thigh protectors
 - tackle bags
 - stop watches
 - whistles
 - cones
- organisational safety, emergency response and first aid procedures for rugby league.

Assessment must ensure use of:

- rugby league session plan
- a supervisor and rugby league foundation level participants to be coached.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>