



**Australian Government**

**Assessment Requirements for SISSPAR003  
Follow specialist dietary advice**

**Release: 1**

# Assessment Requirements for SISSPAR003 Follow specialist dietary advice

## Modification History

Not applicable.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- follow specialist dietary advice that involves:
  - seeking and following specialist dietary advice from one Accredited Practising Dietician
  - preparing own meals and snacks to meet specialist dietary advice over a period of three days.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to following specialist dietary advice
- food safe conditions applicable to food handling, preparation and storage in a domestic kitchen
- role and functions of dieticians
- limitations to the role of non dieticians in relation to providing dietary advice
- Australian Dietary Guidelines, food groups and the basic nutritional benefits of foods
- types and safe use of domestic food preparation equipment and tools
- techniques for measuring ingredient quantities including:
  - by weight
  - by volume
  - by count
  - by estimation
- basic food preparation methods
- basic nutrition and domestic cooking terminology.

## Assessment Conditions

Skills must be demonstrated in:

- a work environment. This can be a workplace or simulated environment.

Assessment must ensure use of:

- a domestic kitchen equipped with domestic food preparation equipment and tools
- an Accredited Practising Dietician.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

## **Links**

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>