



**Australian Government**

# **SISSEQS003 Coach official national competition participants in equestrian**

**Release: 1**

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## Modification History

Not applicable.

## Application

This unit describes the performance outcomes, skills and knowledge required to coach participants, who can already ride, to participate in official national competitions in an equestrian sport discipline. This unit includes planning, preparing, conducting and reviewing individual and group sessions.

Equestrian sport disciplines must be registered with Equestrian Australia and can include, but are not limited to, dressage, driving, eventing, jumping, para-equestrian, vaulting, show horse, endurance and reining.

This unit applies to individuals working in community based coaching roles in the Australian sport industry as recognised by Equestrian Australia. This includes individuals working and volunteering in equestrian clubs and centres.

This unit applies to coaches who coach participants in preparation for equestrian events and competitions. To do this, coaches must be proficient horse riders or competitors in the chosen equestrian sport discipline.

Specific industry accreditation requirements apply to equestrian coaching accreditation and information should be obtained from Equestrian Australia.

## Pre-requisite Unit

Nil

## Competency Field

Equestrian

## Unit Sector

Sport

## Elements and Performance Criteria

### ELEMENTS

*Elements describe the essential outcomes*

1. Plan equestrian

### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

1.1. Gather and review participants' information to assess

- sessions for official national competition participants.
2. Prepare equestrian sessions for official national competition participants.
3. Conduct equestrian sessions for official national competition participants.
4. Promote good behaviour.
- readiness of participants in an equestrian sport discipline.
- 1.2. Set equestrian session objectives to meet readiness of official national competition participants.
- 1.3. Determine session content to address equestrian session objectives.
- 1.4. Select coaching approaches to meet equestrian session objectives.
- 1.5. Develop and document equestrian session plans for official national competition participants.
- 2.1. Prepare facilities, equipment and resources to meet equestrian session plan requirements.
- 2.2. Select and set up equipment and confirm readiness for safe use by official national competition participants.
- 2.3. Identify hazards, assess risks and implement risk control strategies to minimise risk to participant safety and complete associated documentation.
- 3.1. Communicate and confirm participants in an equestrian sport discipline understanding of equestrian session activity instructions and safe participation requirements.
- 3.2. Present, sequence and pace equestrian session activities to meet equestrian session plans.
- 3.3. Select and use communication styles to achieve equestrian session objectives.
- 3.4. Observe participants in an equestrian sport discipline practice to assess participant ability to perform activities.
- 3.5. Modify equestrian session activities as required to meet official national competition participants needs and environmental conditions.
- 3.6. Monitor equestrian sessions to identify and address risks to participant safety.
- 3.7. Respond to and report first aid incidents according to organisational policies and procedures.
- 3.8. Analyse participant performance and provide feedback to participants to improve skills.
- 4.1. Communicate and model equestrian participation behaviour standards.
- 4.2. Identify causes of and implement strategies to address participant poor behaviour.
- 4.3. Use behaviour management strategies to address participant poor behaviour in accordance with organisational policies and procedures and animal welfare standards.

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|-------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| 5. Review equestrian sessions for official national competition participants. | 5.1. Monitor achievement of equestrian session objectives against equestrian session plan.                                                  |
|                                                                               | 5.2. Conduct end of equestrian session review to evaluate equestrian session plan and inform future equestrian session planning processes.  |
| 6. Reflect on coaching practice.                                              | 6.1. Seek feedback from others to identify areas to improve own equestrian coaching practice of official national competition participants. |
|                                                                               | 6.2. Reflect on own equestrian coaching practice of official national competition participants to identify areas for improvement.           |
|                                                                               | 6.3. Analyse findings and incorporate learnings in future equestrian sessions with official national competition participants.              |
|                                                                               | 6.4. Seek opportunities to address identified professional development needs.                                                               |

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.*

| SKILLS                         | DESCRIPTION                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Reading skills to:             | <ul style="list-style-type: none"><li>• interpret equestrian session plans</li><li>• interpret documents that describe equestrian organisational policies and procedures.</li></ul>                                                                                                                                                                                                                                                                              |
| Writing skills to:             | <ul style="list-style-type: none"><li>• document equestrian session plans for official national competition participants in required detail and format</li><li>• complete incident reporting and first aid documents</li><li>• record attendance.</li></ul>                                                                                                                                                                                                      |
| Oral communications skills to: | <ul style="list-style-type: none"><li>• use age-appropriate language to engage official national competition participants</li><li>• ask open and closed questions and actively listen to determine and meet official national competition participants needs</li><li>• interact with official national competition participants in a polite and courteous manner</li><li>• give equestrian instructions to official national competition participants.</li></ul> |
| Numeracy skills to:            | <ul style="list-style-type: none"><li>• estimate time and space requirements for equestrian session activities</li><li>• sequence activities</li></ul>                                                                                                                                                                                                                                                                                                           |

|                                    |                                                                                                                                                                                                                                                                              |
|------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                    | <ul style="list-style-type: none"><li>• pace equestrian session activities to meet equestrian session plan</li><li>• manage pair and group work for three to five official national competition participants.</li></ul>                                                      |
| Learning skills to:                | <ul style="list-style-type: none"><li>• reflect on personal coaching approaches and communication styles as part of the review process</li><li>• set and monitor equestrian session objectives.</li></ul>                                                                    |
| Problem-solving skills to:         | <ul style="list-style-type: none"><li>• respond to needs of individual official national competition participants</li><li>• select strategies to address official national competition participants' poor behaviour</li><li>• respond to environmental conditions.</li></ul> |
| Teamwork skills to:                | <ul style="list-style-type: none"><li>• communicate effectively with others and receive feedback.</li></ul>                                                                                                                                                                  |
| Planning and organising skills to: | <ul style="list-style-type: none"><li>• deliver an effective and safe session that meets animal welfare requirements.</li></ul>                                                                                                                                              |
| Self-management skills to:         | <ul style="list-style-type: none"><li>• complete tasks within time allowed.</li></ul>                                                                                                                                                                                        |
| Technology skills to:              | <ul style="list-style-type: none"><li>• access information and record risks.</li></ul>                                                                                                                                                                                       |

## Unit Mapping Information

No equivalent unit

## Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>