

Australian Government

# Assessment Requirements for SISSAFL002 Participate in Australian football at an advanced level

Release: 1

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### **Modification History**

Not applicable.

## **Performance Evidence**

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- participate in Australian football at an advanced level that involves:
  - · complying with Australian football rules, regulations and policies
  - performing advanced level tactical and technical skills at an accuracy rate of 70% at one competition
  - performing advanced level technical skills at an accuracy rate of 70% at three training sessions of no less than 30 minutes each
  - communicating with team members, coach, official and support staff and responding to feedback
  - analysing and reflecting on own and opposition strengths and weaknesses.

## **Knowledge Evidence**

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to participating in Australian football at an advanced level
- tactical and technical fundamentals of Australian football for advanced level athletes:
  - tactical:
    - team set-up
    - centre bounce
    - free kicks
    - kick outs
    - patterns of play in attack
    - patterns of play in defence
  - technical:
    - offensive skills
    - checking skills
    - positional skills
    - specialist skills
- · Australian football biomechanical principles

- types, characteristics, function and safe use of Australian football equipment, facilities and technological aids
- types of strengths and weaknesses of advanced level Australian football athletes:
  - physical
  - tactical
- training activities for advanced level Australian football athletes:
  - advanced skill drills
  - warm-ups and cool-downs
  - grid work
  - manual work
- competitions and pathways for advanced level Australian football athletes
- types and contents of game plans for advanced level Australian football athletes
- types and methods of analysing competition statistics for advanced level Australian football athletes
- types and potential impacts of environmental conditions
- advanced level Australian football rules, regulations and policies
- methods for self reflection
- Australian football communication systems and terminology.

#### **Assessment Conditions**

Skills must be demonstrated in:

• an Australian football environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- Australian football rules, regulations and policies
- organisational policies and procedures applicable to participating in Australian football at an advanced level
- organisational safety, emergency response and first aid procedures.

Assessment must ensure use of:

- · Australian football equipment and facilities with marked-out fields
- Australian football opposition team competing at an advanced level, coach, officials and support staff.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

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# Links

Companion Volume Implementation Guides https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b