



**Australian Government**

**Assessment Requirements for SISSAFL001  
Participate in Australian football at an  
intermediate level**

**Release: 1**

# Assessment Requirements for SISSAFL001 Participate in Australian football at an intermediate level

## Modification History

Not applicable.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- participate in Australian football at an intermediate level that involves:
  - complying with Australian football rules, regulations and policies
  - performing intermediate level tactical and technical skills at an accuracy rate of 70% at one competition
  - performing intermediate level technical skills at an accuracy rate of 70% at three training sessions of no less than 30 minutes each
  - communicating with team members, coach, official and support staff and responding to feedback
  - analysing and reflecting on own and opposition strengths and weaknesses.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures applicable to participating in Australian football at an intermediate level
- tactical and technical fundamentals of Australian football for intermediate level athletes:
  - tactical:
    - team set-up
    - centre bounce
    - free kicks
    - kick outs
    - patterns of play in attack
    - patterns of play in defence
  - technical:
    - offensive skills
    - checking skills
    - positional skills
    - specialist skills
- Australian football biomechanical principles

- types, characteristics, function and safe use of Australian football equipment, facilities and technological aids
- types of strengths and weaknesses of intermediate level Australian football athletes:
  - physical
  - tactical
- training activities for intermediate level Australian football athletes:
  - intermediate skill drills
  - warm-ups and cool-downs
  - grid work
  - manual work
- competitions and pathways for intermediate level Australian football athletes
- types and contents of game plans for intermediate level Australian football athletes
- types and methods of analysing competition statistics for intermediate level Australian football athletes
- types and potential impacts of environmental conditions
- intermediate level Australian football rules, regulations and policies
- methods for self reflection
- Australian football communication systems and terminology.

## **Assessment Conditions**

Skills must be demonstrated in:

- an Australian football environment. This can be a workplace or simulated environment.

Assessment must ensure access to:

- first aid kit
- drinking water
- Australian football rules, regulations and policies
- organisational policies and procedures applicable to participating in Australian football at an intermediate level
- organisational safety, emergency response and first aid procedures.

Assessment must ensure use of:

- Australian football equipment and facilities with marked-out fields
- Australian football opposition team competing at an intermediate level, coach, officials and support staff.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors.

## **Links**

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>