



**Australian Government**

**Assessment Requirements for SISOSUP004  
Lead stand up paddle boarding activities on  
inland flatwater**

**Release: 1**

# Assessment Requirements for SISOSUP004 Lead stand up paddle boarding activities on inland flatwater

## Modification History

Not applicable.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- lead three stand up paddle boarding sessions for a group of participants according to predetermined session plans
- across the three sessions, collectively use two different demonstration and instruction techniques
- during each session consistently manage participant adherence to safety procedures
- after each session, facilitate a debrief with participants and participate in a team member debrief
- utilise options provided in Assessment Conditions to:
  - determine a total of three required activity modifications to suit prevailing conditions and participant capabilities and responses
  - respond to a total of three different immediate safety risks that have arisen during activities
  - respond to a total of two emergency situations and complete two incident reports
  - complete two reports on equipment faults.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational safety, emergency response and first aid procedures for stand up paddle boarding activity sessions
- format and inclusions of session plans
- a range of demonstration and instruction techniques applicable to recreational activities
- appropriateness of different demonstration and instruction techniques for a range of ages and capabilities
- the importance of verbalising instructions during demonstrations and providing reasons for doing things in a certain way
- techniques used to:
  - build group cohesion
  - motivate and encourage participants to keep them engaged and challenged
  - provide constructive feedback to participants

- key principles of group dynamics and techniques used to manage positive group dynamics
- signs, stages and levels of conflict within groups and techniques used to resolve at various stages of escalation
- specific to stand up paddle boarding activities in flatwater conditions:
  - roles and responsibilities of different activity leaders and support staff
  - communication protocols used between participants and leaders during activities
  - how characteristics of participants affect the choice of sessional activities and selection of equipment and exposure suits:
    - age, size and weight
    - current experience in paddle boarding and skill level
    - skill development needs
    - fitness level and physical capabilities
    - injuries and medical conditions
    - emotional, behavioural and intellectual ability or disability
  - a range of warm-up exercises
  - potential hazards and associated risks and safety procedures used to manage these
  - raft up techniques used for group demonstration and instruction.

## Assessment Conditions

Skills must be demonstrated on inland flatwater areas which can be lakes, dams or slow moving rivers. The environment must feature the following:

- less than moderate wind conditions
- current flow is consistently documented as less than 1 knot.

An area for assessment should not be classified as flatwater if any of the following conditions are present:

- rapids of any grade
- surf of any size
- fetch greater than 1 nautical mile.

The following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communication equipment for emergency response
- rescue equipment.

Assessment must ensure use of:

- a group of participants whom the individual instructs or guides
- real workplace situations, or simulated activities, or case study scenarios that test aspects of this unit that relate to:

- activity modifications for prevailing conditions and participant needs
- arising safety risks
- emergency situations
- equipment faults
- exposure protection swim wear suitable for conditions, and exposure suits as required
- pea-less whistles not affected by water
- stand up paddle boards and leashes
- paddles
- participant profiles to include:
  - age, size and weight
  - current experience in surfing and skill level
  - skill development needs
  - fitness level and physical capabilities
  - injuries and medical conditions
  - emotional, behavioural and intellectual ability or disability
- template:
  - session plans
  - safety checklists
  - participant informed consents
  - equipment fault reports
  - incident reports
- organisational safety, emergency response and first aid procedures for stand up paddle boarding activity sessions.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- have a collective period of at least three years' experience as a stand up paddle boarding instructor or guide, where they have applied the skills and knowledge covered in this unit of competency; the three years' experience can incorporate full and or part time experience.

## Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>