



Australian Government

SISOSRF003 Surf waves using advanced manoeuvres

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to surf open face peeling waves up to two metres using a range of advanced skills for riding surfboards.

It applies to leaders, guides or instructors, who use these skills when leading or instructing participants during surfing activities. Leadership skills are provided in complementary units.

This unit applies to any type of organisation that delivers outdoor recreation activities including commercial, not-for-profit and government organisations.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Surfing

Unit Sector

Outdoor Recreation

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Prepare to surf.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Select surfboard and other equipment suitable for conditions, check for safe working condition and wax board, as required.
- 1.2. Select exposure protection surf wear or exposure suit suitable for conditions; fit and adjust to ensure comfort and safety.
- 1.3. Select a suitable area for surfing activities according to current conditions.
- 1.4. Confirm activity safety and emergency response

- procedures to ensure compliance during activities.
- 1.5. Confirm protocols for communications between party members and with others.
 2. Manoeuvre the surfboard through advanced waves.
 - 2.1. Enter water in safe location, identify rips and select route to unbroken wave area.
 - 2.2. Paddle the board in trim to propel and control it through broken and unbroken waves.
 - 2.3. Negotiate broken and unbroken waves using duck dive and Eskimo roll manoeuvres.
 3. Catch and ride waves using advanced manoeuvres.
 - 3.1. Observe surfing etiquette when catching and riding waves.
 - 3.2. Select appropriate waves to catch and identify optimum take off position.
 - 3.3. Ride waves under control from start to finish and exit wave safely.
 - 3.4. Traverse left and right along green face of spilling waves and maintain control of board.
 - 3.5. Execute bottom turns, top turns, re-entries, roundhouse and other cutbacks and trim board during manoeuvres.
 - 3.6. Link a range of surfing manoeuvres.
 - 3.7. Dismount board, safely, from prone and standing position.
 4. Maintain own safety, and self rescue in advanced surf conditions.
 - 4.1. Safely approach, avoid or negotiate hazards to minimise risk of injury while surfing.
 - 4.2. Use techniques to maintain safety of self and others in the event of a wipe out.
 - 4.3. Maintain stability in water when separated from surfboard and return to shore.
 - 4.4. Recognise situations when assistance is required and implement required actions.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	interpret detailed and familiar organisational safety and emergency response procedures.
Oral communications	use clear and unambiguous verbal and non-verbal

skills to: communications to make intent known.

Problem-solving skills to: • identify and quickly respond to situations where risk of injury is likely.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>