



**Australian Government**

**Assessment Requirements for SISOSAI004  
Lead sailing activities in smooth water and  
light to moderate wind conditions**

**Release: 1**

# Assessment Requirements for SISOSAI004 Lead sailing activities in smooth water and light to moderate wind conditions

## Modification History

Not applicable.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- for a group of participants, lead two small boat sailing sessions in light wind conditions according to predetermined activity plans
- for a group of participants, lead two small boat sailing sessions in moderate wind conditions according to predetermined activity plans
- across the four sessions, collectively use two different demonstration and instruction techniques
- during each session consistently manage participant adherence to safety procedures
- after each session, facilitate a debrief with participants and participate in a team member debrief
- utilise options provided in Assessment Conditions to:
  - determine a total of three required activity modifications to suit prevailing conditions and participant capabilities and responses
  - respond to a total of three different immediate safety risks that have arisen during activities
  - respond to a total of two emergency situations and complete two incident reports
  - complete two reports on equipment faults.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational safety, emergency response and first aid procedures for sailing activity sessions
- a range of demonstration and instruction techniques applicable to recreational activities
- appropriateness of different demonstration and instruction techniques for a range of ages and capabilities
- the importance of verbalising instructions during demonstrations and providing reasons for doing things in a certain way
- techniques used to:
  - build group cohesion
  - motivate and encourage participants to keep them engaged and challenged

- provide constructive feedback to participants
- key principles of group dynamics and techniques used to manage positive group dynamics
- signs, stages and levels of conflict within groups and techniques used to resolve at various stages of escalation
- specific to small boat sailing activities in smooth water conditions:
  - roles and responsibilities of different activity leaders and support staff
  - communication protocols used between participants and leaders during activities
  - how characteristics of participants affect the selection of equipment, including personal protective equipment:
    - age, size and weight
    - current experience in the recreational activity and skill level
    - fitness level and physical capabilities
    - injuries and medical conditions
    - emotional, behavioural and intellectual ability or disability
  - potential hazards and associated risks and safety procedures used to manage these
  - techniques used to instruct sailing participants:
    - when on board the small boat with participants
    - when on a remote support craft.

## Assessment Conditions

Skills must be demonstrated in smooth water conditions which can be within rivers, creeks, lakes, inlets, and waters within breakwaters, revetments or enclosed coastal bays.

The environment must feature the following:

- for two assessments:
  - light winds up to 10 knots (Beaufort scale) and small breaking white capping waves up to .05 metre
- for two assessments:
  - moderate winds between 11 to 16 knots (Beaufort Scale) and small breaking white capping waves up to 1.25 metres.

The following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communication equipment for emergency response
- an activity support vessel suitable for the area of operation carrying equipment necessary to rescue a sailor and sailing craft, and this must be underway during the sailing activity while sailing craft are afloat.

Assessment must ensure use of:

- a group of participants whom the individual leads

- real workplace situations, or simulated activities, or case study scenarios that test aspects of this unit that relate to:
  - activity modifications for prevailing conditions and participant needs
  - arising safety risks
  - emergency situations
  - equipment faults
- clothing suitable for the conditions
- Australian Standard, or equivalent, compliant lifejackets of a grade that meets maritime regulator requirements for the location
- small sailing boats of any design under 8.5 metres length of deck, suitable for use in smooth water and light to moderate wind conditions
- sails, rigging and rigging tools suited to the type of craft
- activity plans
- template:
  - safety checklists
  - participant informed consents
  - equipment fault reports
  - incident reports
- organisational safety, emergency response and first aid procedures for sailing activity sessions.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- have a collective period of at least three years' experience as a sailing leader, guide or instructor, where they have applied the skills and knowledge covered in this unit of competency; the three years' experience can incorporate full and or part time experience.

## Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>