



Australian Government

Assessment Requirements for SISORSC007

Perform basic surf rescues

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- complete three simulated surf rescues
- across the three rescues, collectively utilise the following aids effectively:
 - rescue tubes
 - rescue boards
 - surf craft (non-motorised) used as rescue craft
- for each rescue:
 - consistently negotiate surf hazards safely and effectively
 - designate roles and responsibilities to team members and participants to effectively complete rescues
 - utilise appropriate carrying and deep water resuscitation techniques
 - participate in a debrief and complete an incident report.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- organisational policies and procedures for emergency response.
- roles and responsibilities that can be allocated to team members and participants to effectively complete a surf rescue
- communication protocols for surf rescue operations:
 - calls
 - hand signals
 - whistles
- key characteristics of winds, currents, tides, rips, swell and ocean floor sufficient to understand effects on surf conditions, impacts on surf rescues and appropriate responses
- typical hazards associated with surf environments, and techniques used to safely negotiate these:
 - rips
 - lateral currents
 - marine animals

- rocks
- sandbars
- water users: surfers, swimmers, small craft
- large waves
- shore breaks
- dumping waves
- features, functions and operation of equipment used for surf rescues and factors that affect selection:
 - rescue tubes
 - rescue boards
 - surf craft used as rescue craft
- for surf rescues:
 - appropriate contact methods to ensure safety of rescuer
 - methods used to support and tow rescued persons
 - methods used to carry rescued persons to ensure airways are clear
 - resuscitation techniques used in deep water and current Australian Resuscitation Council (ARC) guidelines.

Assessment Conditions

Skills must be demonstrated in a surf environment which features the following:

- waves up to 1 metre
- beach breaks, point breaks, river mouth or reef breaks
- water depth of shoulder height or less.

Assessments can only be completed through simulated activities. Simulations must incorporate time critical requirements.

The following resources must be available to replicate industry conditions of operation:

- first aid equipment
- communication equipment for emergency response.

Assessment must ensure use of:

- people who act as team members, participants, and rescuees with whom the individual interacts during simulated activities
- exposure protection surf wear suitable for conditions, and exposure suits as required
- rescue craft which can include surfboards, sea kayaks, stand up paddle boards or any type of non-motorised small craft
- rescue equipment:
 - rescue tube
 - rescue boards

- rope
- knives
- pea-less whistles not affected by water
- template incident reports
- organisational policies and procedures for emergency response.

Assessors must satisfy the Standards for Registered Training Organisations requirements for assessors, and:

- have a collective period of at least three years' experience as recreational activity leader, guide or instructor; surf lifesaver or lifeguard, where they have applied the skills and knowledge covered in this unit of competency; the three years' experience can incorporate part time and full time experience.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>