



**Australian Government**

# **SISOFLD001 Assist in conducting recreation sessions**

**Release: 1**

## SISOFLD001 Assist in conducting recreation sessions

### Modification History

Not applicable.

### Application

This unit describes the performance outcomes, skills and knowledge required to assist in the conduct of any type of indoor or outdoor recreation activity session. It requires the ability to assist with equipment and participant preparation and to interact with participants to assist with activity technique and adherence to activity rules.

This unit applies to any type of organisation that delivers indoor and outdoor recreation activities including commercial, not-for-profit and government organisations.

It applies to those who assist with the delivery of recreational activities. Assistant leaders use little judgement and work within the parameters of plans and procedures. They work under close supervision, and according to instructions and guidance provided by supervising activity leaders who may be guides or instructors.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

### Pre-requisite Unit

Nil

### Competency Field

Field Operations

### Unit Sector

Outdoor Recreation

### Elements and Performance Criteria

#### ELEMENTS

*Elements describe the essential outcomes*

1. Assist with activity preparation.

#### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

- 1.1. Confirm, with supervising leader, activity logistics and objectives and participant characteristics and abilities.
- 1.2. Determine, with supervising leader, individual roles, tasks and responsibilities.
- 1.3. Assist with the selection of equipment and with safety

- and serviceability checks.
- 1.4. Discuss and identify, with supervising leader, potential hazards and associated risks for the activity.
  - 1.5. Confirm activity safety and emergency response procedures to ensure compliance of self and participants during activities.
  2. Assist with participant preparation.
    - 2.1. Check suitability of participants' clothing and footwear for activity and report to supervising leader.
    - 2.2. Assist, as directed, with setting up equipment for activity and fitting to participants.
    - 2.3. Assist participants to understand activity rules, codes, safety procedures and communication protocols.
  3. Assist with session activities.
    - 3.1. Respond to participant queries or difficulties within scope of ability and responsibility or refer to supervising leader.
    - 3.2. Assist participants with activity technique and use of equipment, as directed by supervising leader.
    - 3.3. Communicate information about technique clearly and constructively to encourage participant confidence.
    - 3.4. Assist supervising leader to monitor participant behaviour, and compliance with activity rules, codes, safety procedures and communication protocols.
    - 3.5. Reinforce activity rules, and report any ongoing breaches to ensure safe conduct of activities.
    - 3.6. Monitor equipment for faults and refer to supervising leader.
  4. Complete post activity responsibilities.
    - 4.1. Assist with equipment retrieval, inspection and storage.
    - 4.2. Participate in activity debrief, provide feedback from self and participants and suggest improvements for future activities.
    - 4.3. Review own performance and discuss how to improve.

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.*

### SKILLS

### DESCRIPTION

Reading skills to:

- interpret detailed familiar organisational policies and procedures.

- |                                |   |
|--------------------------------|---|
| Oral communications skills to: | • ask open and closed probe questions and actively listen to determine participants' understanding of instructions.     |
| Learning skills to:            | • review own performance and comments from others to identify skills that need development.                             |
| Teamwork skills to:            | • pro-actively and cooperatively work within teams of activity leaders to deliver a quality experience to participants. |

## Unit Mapping Information

No equivalent unit.

## Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>