



Australian Government

SISOABS007 Establish ropes for multi pitch abseiling on natural surfaces

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to select and set up belay systems and ropes suitable for multi pitch recreational abseils on natural surfaces, such as cliff face and cave pitches, and according to current conditions. It requires the ability to select the abseil route and to select and utilise fixed artificial, naturally occurring or artificial removable anchors.

It applies to rigging staff and activity leaders who work independently or with limited guidance from others.

This unit applies to any type of organisation that delivers outdoor recreation activities including commercial, not-for-profit and government organisations.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Abseiling

Unit Sector

Outdoor Recreation

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Select route and equipment suitable for the abseil.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Identify safe access to and egress from the pitch.
- 1.2. Determine descent and ascent route appropriate for conditions.
- 1.3. Select an abseiling and belay system suitable for the

- abseil, environmental conditions and participant.
- 1.4. Choose a belay device suitable for the natural surface conditions and belayer.
 - 1.5. Select other equipment to suit abseil requirements and participants.
 - 1.6. Complete safety and serviceability checks on equipment and tag faulty equipment according to organisational procedures.
2. Set up belay system for natural surface abseils.
- 2.1. Select anchors and assess condition, including performance under likely load and stability of surroundings.
 - 2.2. Rig or establish multiple anchors, ensuring equalisation and minimise potential for shock loading.
 - 2.3. Select and tie appropriate knots, and rig ropes suitable for load and function within the belay system.
 - 2.4. Establish a belay from which belayer is independent of the system.
 - 2.5. Establish a belay that maintains safety of belayer and abseiler.
 - 2.6. Position top rope or bottom brake belay away from hazards, or remove as able.
 - 2.7. Determine need for, and establish, back up belay systems.
 - 2.8. Complete safety checks according to organisational procedures.
3. Rig rope pitches for natural surface abseils.
- 3.1. Rig ropes to minimise effects of rope stretch and rub points and to allow efficient descent and ascent.
 - 3.2. Rig retrievable abseil systems suitable for the top rope or bottom brake belay requirements.
 - 3.3. Set up anchors and ropes to allow for a rescue.
 - 3.4. Select and tie knots suitable for system type established.
 - 3.5. Minimise risk of cross loading and mis-alignment of carabiners.
 - 3.6. Verify manufacturers' recommendations, equipment limitations and safety margins, and rig equipment accordingly.
 - 3.7. Rig to minimise impact on the natural environment.
 - 3.8. Complete safety checks according to organisational procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	interpret detailed familiar organisational procedures for completing safety checks.
Writing skills to:	use fundamental sentence structure to complete safety and serviceability forms and fault tags that require factual information.
Numeracy skills to:	- calculate loads for anchors and under normal conditions and in the event of a fall - visually estimate distances to calculate lengths for ropes.
Planning and organising skills to:	follow a logical equipment selection, rigging and checking process.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume Implementation Guides -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1ca50016-24d2-4161-a044-d3faa200268b>