



Australian Government

Assessment Requirements for SIRCHCS003

Test blood pressure and advise on self-monitoring

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- access and interpret information on blood pressure conditions and specialist support services from two sources
- test blood pressure for four different customers
- demonstrate, recommend and sell home blood pressure testing equipment to two different customers
- for each customer sale, provide information on:
 - directions for product use
 - care and maintenance of home blood pressure testing equipment
 - self-testing strategies to achieve accurate readings at home
 - format, content and use of customer personal blood pressure records
 - lifestyle and self-care practices
 - specialist services that support blood pressure management.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- sources of information on blood pressure conditions and specialist support services:
 - federal, state or territory government health education internet sites
 - not for profit health councils
 - industry and professional publications
 - product manufacturer health education materials
- common symptoms of high and low blood pressure
- common lifestyle factors that can contribute to or exacerbate abnormal blood pressure and methods of self-care
- meaning of:
 - systolic blood pressure
 - diastolic blood pressure
- range of normal blood pressure levels
- key terminology, jargon and common abbreviations relevant to blood pressure, for:

- testing and recording blood pressure levels
- pharmacy and home blood pressure testing equipment
- pharmacy product range of home blood pressure testing equipment:
 - location
 - different types
 - features and uses
 - care and maintenance
- customer self-testing strategies to achieve accurate readings at home
- format, content and use of:
 - pharmacy blood pressure testing records
 - customer personal blood pressure records
- sources and format of product, lifestyle and self-care information:
 - manufacturer product support materials:
 - Consumer Medicines Information (CMI)
 - product leaflets, brochures, booklets
 - internet sites
 - health-care fact sheets
 - pharmacy manuals
 - reputable health education internet sites; government and not-for profit organisations
- role boundaries and responsibilities of pharmacy assistants, and circumstances which require and trigger referral to a pharmacist
- organisational procedures for testing blood pressure and supplying home blood pressure testing equipment:
 - questions that must be asked to collect information about customer needs
 - identifying and acting on triggers for referral to a pharmacist
 - maintaining privacy and confidentiality of customer information
 - recording and maintaining readings and requirements for pharmacist verification.

Assessment Conditions

Skills must be demonstrated in a pharmacy with designated front of pharmacy and dispensary areas. This can be:

- an industry workplace
- a simulated industry environment.

Assessment must ensure use of:

- information technology hardware and software
- online information systems
- blood pressure monitors
- commercial product range of home blood pressure testing equipment

- templates for:
 - pharmacy blood pressure testing records
 - customer personal blood pressure records
- customer brochures and leaflets providing information on:
 - directions for product use
 - care and maintenance of equipment
 - lifestyle and self-care practices
 - specialist services that support blood pressure management
- organisational procedures for testing blood pressure and supplying home monitoring equipment
- customers with whom the individual can interact; these can be:
 - customers in an industry workplace who are served by the individual during the assessment process or
 - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors, and:

- have worked in the pharmacy sector for at least two years.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=ca051b1b-5101-4ec2-ac1c-49699303188d>