Assessment Requirements for SIRCHCS003
Test blood pressure and advise on self-monitoring

Release: 1
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Modification History
Not applicable.

Performance Evidence
Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- access and interpret information on blood pressure conditions and specialist support services from two sources
- test blood pressure for four different customers
- demonstrate, recommend and sell home blood pressure testing equipment to two different customers
- for each customer sale, provide information on:
  - directions for product use
  - care and maintenance of home blood pressure testing equipment
  - self-testing strategies to achieve accurate readings at home
  - format, content and use of customer personal blood pressure records
  - lifestyle and self-care practices
  - specialist services that support blood pressure management.

Knowledge Evidence
Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- sources of information on blood pressure conditions and specialist support services:
  - federal, state or territory government health education internet sites
  - not for profit health councils
  - industry and professional publications
  - product manufacturer health education materials
- common symptoms of high and low blood pressure
- common lifestyle factors that can contribute to or exacerbate abnormal blood pressure and methods of self-care
- meaning of:
  - systolic blood pressure
  - diastolic blood pressure
- range of normal blood pressure levels
- key terminology, jargon and common abbreviations relevant to blood pressure, for:
• testing and recording blood pressure levels
• pharmacy and home blood pressure testing equipment
• pharmacy product range of home blood pressure testing equipment:
  • location
  • different types
  • features and uses
  • care and maintenance
• customer self-testing strategies to achieve accurate readings at home
• format, content and use of:
  • pharmacy blood pressure testing records
  • customer personal blood pressure records
• sources and format of product, lifestyle and self-care information:
  • manufacturer product support materials:
    • Consumer Medicines Information (CMI)
    • product leaflets, brochures, booklets
    • internet sites
  • health-care fact sheets
  • pharmacy manuals
  • reputable health education internet sites; government and not-for profit organisations
• role boundaries and responsibilities of pharmacy assistants, and circumstances which require and trigger referral to a pharmacist
• organisational procedures for testing blood pressure and supplying home blood pressure testing equipment:
  • questions that must be asked to collect information about customer needs
  • identifying and acting on triggers for referral to a pharmacist
  • maintaining privacy and confidentiality of customer information
  • recording and maintaining readings and requirements for pharmacist verification.

**Assessment Conditions**

Skills must be demonstrated in a pharmacy with designated front of pharmacy and dispensary areas. This can be:

• an industry workplace
• a simulated industry environment.

Assessment must ensure use of:

• information technology hardware and software
• online information systems
• blood pressure monitors
• commercial product range of home blood pressure testing equipment
templates for:
  - pharmacy blood pressure testing records
  - customer personal blood pressure records

customer brochures and leaflets providing information on:
  - directions for product use
  - care and maintenance of equipment
  - lifestyle and self-care practices
  - specialist services that support blood pressure management

organisational procedures for testing blood pressure and supplying home monitoring equipment

customers with whom the individual can interact; these can be:
  - customers in an industry workplace who are served by the individual during the assessment process or
  - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessors must satisfy the Standards for Registered Training Organisation’s requirements for assessors, and:
  - have worked in the pharmacy sector for at least two years.

**Links**

Companion Volume implementation guides are found in VETNet -
https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=ca051b1b-5101-4ec2-ac1c-49699303188d