



Australian Government

Department of Education, Employment and Workplace Relations

SIBBSKS302A Apply cosmetic tanning products

Revision Number: 2

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Modification History

Not applicable.

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to perform cosmetic tanning treatments using cosmetic tanning products. It involves individual responsibility for selecting and applying cosmetic tanning products to achieve agreed outcomes, and safely applying them to achieve client's tanning requirements.

Application of the Unit

This unit applies to the full range of beauty salons, spas and sun tanning studios.

The service is provided in response to a customer brief to achieve a desired tanned effect on an area or areas of the body.

Licensing/Regulatory Information

No licensing, legislative, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

Element

Elements describe the essential outcomes of a unit of competency.

- 1 Consult, plan and prepare for treatments with clients.
 - 1.1 Consult with clients to determine their requirements and describe the requirements to be understood by the client.
 - 1.2 Use questioning and observation to identify any *contraindications* to the treatment.
 - 1.3 Carry out a skin test to determine the client's colour preference where necessary.
 - 1.4 Obtain informed and signed consent from the client or parent or guardian if present for minors.
 - 1.5 Recommend alternative tanning products based on the client's skin type and needs.
 - 1.6 Ensure that client's skin is clean and dry before product to be used.
 - 1.7 Clean and disinfect tools, equipment and surfaces to standards and *relevant health and safety* requirements.
 - 1.8 Select suitable *equipment* and materials according to workplace practice.
- 2 Maintain safe and effective methods of working when providing cosmetic treatments.
 - 2.1 Wear *suitable personal protective equipment* for the practice.
 - 2.2 Prepare client and provide services according to workplace practice.
 - 2.3 Ensure client modesty and privacy and monitor wellbeing at regular intervals.
 - 2.4 Minimise wastage of tanning products.
 - 2.5 Safely dispose of treatment materials to minimise impacts.
 - 2.6 Ensure that treatment is completed within the time frame.
 - 2.7 Complete treatment plan so that it is legible to read, and signed by the client.
 - 2.8 Leave the work area and equipment clean and tidy.

Performance Criteria

Performance criteria describe the standard of achievement of the element. Where applicable, the range of information is detailed in the range statement. Assessment of performance is detailed in the evidence guide.

- 1.1 Use *consultation techniques* to determine the client's requirements and describe the requirements to be understood by the client.
- 1.2 Use questioning and observation to identify any *contraindications* to the treatment.
- 1.3 Carry out a skin test to determine the client's colour preference where necessary.
- 1.4 Obtain informed and signed consent from the client or parent or guardian if present for minors.
- 1.5 Recommend alternative tanning products based on the client's skin type and needs.
- 1.6 Ensure that client's skin is clean and dry before product to be used.
- 1.7 Clean and disinfect tools, equipment and surfaces to standards and *relevant health and safety* requirements.
- 1.8 Select suitable *equipment* and materials according to workplace practice.
- 2.1 Wear *suitable personal protective equipment* for the practice.
- 2.2 Prepare client and provide services according to workplace practice.
- 2.3 Ensure client modesty and privacy and monitor wellbeing at regular intervals.
- 2.4 Minimise wastage of tanning products.
- 2.5 Safely dispose of treatment materials to minimise impacts.
- 2.6 Ensure that treatment is completed within the time frame.
- 2.7 Complete treatment plan so that it is legible to read, and signed by the client.
- 2.8 Leave the work area and equipment clean and tidy.

3 Apply cosmetic tan products.

suitable for further cosmetic

3.1 Ensure exfoliation is carried out according to manufacturer instructions, and avoid dry, flaky skin.

3.2 Apply moisturisers and barrier creams according to manufacturer instructions to prevent over-drying.

3.3 Test the pressure and operation of the tanning bed according to manufacturer instructions.

3.4 Use spray tanning techniques, including the correct distance from the body, application time and angle, to achieve desired effect.

3.5 Use techniques that minimise discomfort to the treatment area and surrounding skin.

3.6 Identify and effectively correct any skin conditions during the process.

3.7 Check for *contra-actions* due to the tanning where necessary.

3.8 Ensure that finished tan appears within the commercial time frame to the client and record the outcomes on client record.

4 Provide post-treatment advice.

4.1 Recommend suitable home-care products.

4.2 Advise clients regarding potential side effects and how to deal with them.

4.3 Recommend and book further appointments and record.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

The following skills must be assessed as part of this unit:

- communication skills to:
 - seek feedback and respond to questions
 - provide information and reassurance to client throughout the service
- technical skills to:
 - conduct visual examination of the skin in the area to be treated
 - respond to local contraindications
 - provide post-treatment advice to clients
 - recognise and respond to contra-actions during the application process
 - provide home-care advice to client
- self-management, time-management, planning and organising skills required to complete cosmetic tanning services within commercial time frames
- literacy skills to develop treatment plans and record treatment outcomes
- time-management skills to manage time throughout the cosmetic tanning treatment.

Required knowledge

The following knowledge must be assessed as part of this unit:

- ingredients of tanning products, exfoliators and moisturisers
- effects of cosmetic tanning products on the skin
- types of cosmetic tanning products available and their advantages and disadvantages
- how to match product selection and its use, to skin type and client preference
- use and effects of tanning enhancers
- how and when to use tanning correctors
- how to clean, maintain and reassemble cosmetic tanning equipment and associated accessories
- types of problems that can occur with cosmetic tanning equipment and how to correct them
- meaning of psi (i.e. pounds per square inch)
- potential risks associated with the use of pressurised cosmetic tanning equipment
- importance of using equipment with a pressure gauge
- operator responsibility under relevant health and safety legislation and regulations
- age at which an individual is classed as a minor, according to relevant federal, state or territory legislation, and why minors must only be treated with informed and signed parental or guardian consent
- importance of pre- and post-treatment advice
- relevance and importance of clearly explaining possible contraindications and

possible contra-actions to clients

- those contraindications listed in the range statement which may be present, and the reasons why they:
 - prevent a cosmetic tanning treatment
 - restrict a cosmetic tanning treatment
- how hypopigmentation and hyperpigmentation may affect cosmetic tanning
- contra-actions as listed in the range statement that may occur during or as a result of cosmetic tanning, and advice to give clients in these circumstances
- workplace service time frames for tanning treatments and why it is important to complete the service in the given time
- necessary environmental conditions for cosmetic treatments
- workplace and manufacturer requirements for:
 - setting up and maintaining the treatment area and equipment
 - equipment cleaning and disinfecting regimes
- correct and environmentally sound disposal methods for cosmetic tanning treatment waste, in particular for hazardous substances
- type of personal protective equipment that may be used by the client and the operator.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- using questioning and visual examination to consult, prepare and plan cosmetic tanning services for a variety of clients
- following workplace procedures to consistently, safely and efficiently perform cosmetic tanning services that meet client requirements in commercial time constraints
- identifying contra-actions or other problems which may arise during or as a result of cosmetic tanning services, and taking necessary action to protect the comfort and safety of the client
- evaluating the outcomes of cosmetic tanning treatments and advising clients on future treatments, home care and complementary products
- cleaning, maintaining and reassembling spray equipment.

Context of and specific resources for assessment

Assessment must ensure:

- that competency is consistently demonstrated over a period of time and observed by the assessor or the technical expert working in partnership with the assessor as described in the Assessment Guidelines
- that competency is demonstrated in a simulated workplace environment in a range of real work situations which may include client interruptions and involvement in other related activities normally expected in the workplace.

Assessment must ensure access to:

- a fully equipped simulated cosmetic tanning area, which must include as a minimum:
 - individual spray booth areas with filtered overspray ventilation
 - professional spray tanning guns
 - a compressor or multiple compressors of a suitable capacity to service all spray guns simultaneously
- a professional tanning products range
- appropriate cleaning and disinfection products and

equipment

- relevant workplace documentation including:
 - manufacturer's equipment instructions
 - product instructions
 - manufacturer safety data sheets
 - workplace policies and procedures manuals
- a range of clients with different tanning requirements.

For further information on an appropriate simulated environment, refer to the Assessment Guidelines in this Training Package.

Methods of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- direct observation of learners performing a range of tasks in an actual or simulated work environment, over sufficient time to demonstrate handling of a range of contingencies, including:
 - consulting with clients, performing visual examinations, and recommending products and services to achieve client tanning requirements
 - safely performing cosmetic tanning services to meet client tanning requirements
 - providing advice on home-care products and future treatments according to client needs
- written and oral questioning appropriate to the language and literacy level of the learner, to assess knowledge and understanding of:
 - safe practices
 - dealing with contra-actions
 - relevant spray booth and equipment cleaning and maintenance procedures
- completion of workplace documentation relevant to the provision of cosmetic tanning treatments
- third-party reports from technical experts
- completion of self-paced learning materials, including personal reflection and feedback from a trainer, or supervisor.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

- SIRXOHS001A Apply safe working practices.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Consultation techniques must include:

- questioning
- visual examination
- review of client records
- providing advice.

Clients may include:

- adult or minor female clients
- adult or minor male clients
- clients from different cultural and religious backgrounds
- clients with disabilities
- new or regular clients with routine or special needs.

Contraindications may include:

- those which prevent cosmetic tanning treatments, such as:
 - asthma
 - contagious skin conditions
- those which restrict treatments, such as:
 - pigmentation disorders
 - sunburn
 - psoriasis
 - eczema.

Necessary action may include:

- encouraging client to seek medical advice
- explaining why treatment cannot be carried out
- modifying treatment.

Relevant health regulations may include:

- federal, state or territory, and local health and hygiene regulations
- occupational health and safety regulations.

Equipment must include:

- spray gun
- compressor.

Products may include:

- tanning creams
- tanning gels
- cosmetic tan liquid
- barrier creams
- exfoliators
- buffing mitts

- Suitable personal protective equipment*** may include:
- moisturisers.
 - goggles
 - mask
 - powder-free nitrile or vinyl gloves
 - apron.
- Suitable protective covering*** may include:
- protective cap
 - goggles
 - mask.
- Contra-actions during application*** may include:
- skin irritation
 - swelling
 - burning
 - itching
 - watery eyes
 - coughing
 - fainting.
- Post-treatment contra-actions*** may include:
- skin irritation
 - swelling
 - burning
 - itching
 - watery eyes
 - coughing
 - fainting.

Unit Sector(s)

Beauty

Competency Field

Skin Services