



Australian Government

Department of Education, Employment and Workplace Relations

SIBBHRS301A Perform waxing treatments

Revision Number: 2

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Modification History

Not applicable.

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to safely apply waxing treatments on the face and body, to reduce unwanted hair.

This is unit part of a suite of waxing units. Waxing services for intimate areas of the body are described in:

- SIBBHRS502A Perform female intimate waxing treatments
- SIBBHRS503A Perform male intimate waxing treatments.

Application of the Unit

This is a common service offered in most beauty salons, and is often performed when the client wishes to achieve instant temporary removal of hair on areas of the face or body.

The unit applies to beauty operators who perform a range of skilled operations, where some discretion and judgement is required in the selection of products, equipment, and contingency measures within commercial service time constraints.

Licensing/Regulatory Information

No licensing, legislative, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

Element

Elements describe the essential outcomes of a unit of competency

- 1 Prepare for a waxing service.
- 2 Perform waxing treatments.
- 3 Review treatment and provide post-treatment advice.

Performance Criteria

Performance criteria describe the achievement of the element. Where information is detailed in the range statement. Assessment of evidence guide.

- 1.1 Prepare service area, *client requirements* and *workplace policies and procedures*.
- 1.2 Identify client requirements for hair growth requiring special treatment.
- 1.3 Identify and explain to client requirements to an *appropriate professional*.
- 1.4 Select *procedure* and *product* and confirm with client.
- 2.1 Prepare and clean *waxing treatment* procedures.
- 2.2 Prepare, apply and remove wax and workplace policies and procedures.
- 2.3 Remove all unwanted hair according to workplace practice.
- 2.4 Maintain recommended waxing time to manufacturer instructions.
- 2.5 Apply *soothing after-wax product* according to workplace practice.
- 2.6 Safely dispose of waste hair according to environmental impacts according to workplace policies and procedures.
- 3.1 Obtain client feedback and record.
- 3.2 Identify and explain any *advice* required.
- 3.3 Recommend *future treatment*.
- 3.4 Revise treatment plan as required.
- 3.5 Provide *home-care advice* according to workplace practice.
- 3.6 Make *product recommendations*.
- 3.7 Rebook client according to workplace practice.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

The following skills must be assessed as part of this unit:

- technical skills to:
 - respond to local contraindications and adverse effects
 - identify client characteristics and recommend treatment
 - safely perform waxing services within commercial time frames
- literacy skills to:
 - read and interpret documents, such as manufacturer's product instructions, product safety data sheets and records of previous treatments
 - develop treatment plans and record treatment outcomes
- numeracy skills to:
 - manage product quantities and wax temperature
 - manage time effectively.

Required knowledge

The following knowledge must be assessed as part of this unit:

- operator responsibility under state or territory Acts and local regulations relevant to skin penetration, including:
 - modes of infectious disease transmission
 - difference between hygiene, disinfection and sterilisation
 - benefits of chemical and physical disinfection
 - methods of sterilisation and disinfection
 - infection control procedures
- relevant health and hygiene regulations
- relevant occupational health and safety regulations and requirements
- infection control procedures and application of universal precautions
- workplace policies and procedures in regard to depilatory wax treatments
- workplace environmental controls for cleaning and disposing of waste wax product and equipment
- appearance and management of contraindications and adverse effects
- relevant workplace procedures
- workplace product range and manufacturer instructions and safety data sheets
- hair growth patterns
- effects of waxing and tweezing on hair
- growth cycle of hair and its relationship to waxing and tweezing
- normal skin response to irritation and trauma
- the following in regard to temporary hair removal treatments:

- factors to take into account when referring a client to more lasting hair reduction services or to a medical practitioner
- categories of wax and advantages of each
- alternative progressive hair removal methods, e.g. infra-red and hair-retarding products used in conjunction with waxing procedures.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- applying relevant health regulations and workplace procedures regarding safe waxing treatments
- safely disposing of waste hair and wax according to workplace environmental controls
- safely and hygienically applying hot wax and strip waxing treatment services on various areas of face and body
- evaluating outcomes of waxing treatments and advising clients on future treatments, home care and complementary products
- using time effectively and controlling product waste.

Context of and specific resources for assessment

Assessment must ensure:

- that competency is consistently demonstrated over a period of time and observed by the assessor or the technical expert working in partnership with the assessor as described in the assessment
- that competency is demonstrated in a simulated workplace environment in a range of real workplace situations which may include client interruptions and involvement in other related activities normally expected in the workplace.

Assessment must ensure access to:

- a fully equipped waxing treatment area, which includes as a minimum:
 - individual client workstations
 - adjustable treatment couch with equipment and operator safe working access at head, foot and each side
 - stable wax pot bench area with electricity supply in each workstation
 - magnifying lamp
 - temperature controlled hot wax pot
 - cold wax pot
 - supply of disposable spatulas
 - trolley

- supply of disposable towels
- client gown or cover
- professional range of depilatory wax products
- soothing after-treatment products from workplace range
- personal protective equipment, including disposable gloves
- relevant workplace documentation including:
 - manufacturer's equipment instructions
 - product instructions
 - manufacturer safety data sheets
 - workplace policies and procedures manuals
- a range of clients with different waxing requirements.

For further guidance on the use of an appropriate simulated environment, refer to the Assessment Guidelines in this Training Package.

Methods of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- direct observation of learners performing a range of tasks in an actual or simulated work environment, over sufficient time to demonstrate handling of a range of contingencies, including:
 - identifying client characteristics and developing a treatment plan according to client's needs
 - preparing, applying and removing wax according to client requirements
 - disposing of used wax according to health regulations
 - providing advice on home-care products according to client needs
- written and oral questioning appropriate to the language and literacy level of the learner, to assess knowledge and understanding of:
 - safe practice
 - dealing with adverse outcomes
 - relevant infection control procedures
- completion of workplace documentation relevant to the provision of waxing treatments
- third-party reports from technical experts
- completion of self-paced learning materials, including personal reflection and feedback from the trainer, workplace coach or supervisor.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

- SIBBCCS301A Apply the principles of skin biology to beauty treatments
- SIRXOHS001A Apply safe working practices.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Clients may include:

- male or female clients
- new or regular clients with routine or special needs
- people from a range of social, cultural and ethnic backgrounds and with varying physical and mental abilities.

Relevant legislation may include:

- state or territory Acts and local regulations relevant to skin penetration
- federal, state or territory, and local health and hygiene regulations
- occupational health and safety regulations.

Workplace policies and procedures may include:

- health and hygiene
- comfort and privacy
- designated time frames for the completion of service
- environmental protection practices, such as:
 - waste minimisation
 - energy efficiency, e.g. electricity saving devices and practices
 - waste disposal
 - resource management
 - water efficiency.

Treatment plan may include:

- required service
- procedures
- products
- tools and equipment
- follow-up treatments.

Contraindications may include:

- bacterial, viral or fungal infections
- rashes
- skin trauma
- impetigo
- scabies
- lice
- acne
- sunburn

- scar tissue and lesions
- varicose veins
- recent scars
- medications that cause skin thinning
- hypertrophic and keloid tendency
- other visible non-normal skin.

- Appropriate professional*** may include:
- medical practitioner
 - complementary therapist.
- Procedures*** may include:
- waxing
 - bleaching
 - body hair clipping
 - tweezing, shaving, and using abrasive mitts.
- Products*** must include:
- strip wax
 - hot wax.
- Waxing treatment areas*** must include:
- legs
 - arm and underarm
 - lip
 - chin
 - eyebrow
 - bikini.
- Treatment areas*** may include:
- torso
 - feet
 - hands.
- Soothing after-wax product*** may include:
- oil
 - cream
 - lotion.
- Adverse effects*** may include:
- inflammation
 - spotting of skin
 - hive-like reactions
 - ingrown hairs
 - torn skin
 - bruising
 - broken capillaries
 - infection of hair follicle
 - burns
 - bleeding from follicles.
- Future treatment program*** may include:
- number and frequency of future treatments
 - alternative hair reduction treatments.
- Home-care advice*** may include:
- follow-up treatments
 - future prevention of ingrown hairs
 - prevention of infection.
- Product recommendations*** may include:
- moisturiser
 - hair retardants
 - remedial products.

Unit Sector(s)

Beauty

Competency Field

Hair Reduction Services