



Australian Government

SHBHBAS002 Provide head, neck and shoulder massages for relaxation

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to provide relaxing head, neck and shoulder massages prior to other hair services. It requires the ability to use a basic range of massage techniques.

This unit applies to salon assistants who work in hairdressing or barber salons under close supervision and with guidance from more experienced or senior hairdressers or barbers. However, in a small salon, more senior hairdressers or barbers also undertake this function.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Basin Services

Unit Sector

Hairdressing

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes.

1. Prepare for massage.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1.Question client about any pre-existing conditions or injuries and seek, from supervisor, advice to proceed as required.
- 1.2.Examine client head, neck and shoulder areas and record any notable skin, scalp or scarring issues on client history.
- 1.3.Prepare service area, self and client for massage, according to organisational hygiene procedures and health regulations.
- 1.4.Select massage medium from salon range and measure to ensure minimal wastage.

2. Massage client head, neck and shoulders.
 - 2.1. Apply massage medium to head, neck and shoulder areas and use appropriate massage techniques to relax client.
 - 2.2. Vary length of massage to suit client requirements and designated time lines.
 - 2.3. Monitor client response throughout service and adjust massage techniques as required.
 - 2.4. Remove massage medium according to product instructions.
 - 2.5. Allocate client post-massage relaxation time according to timeframes for next service.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

Skill	Description
Reading skills to:	<ul style="list-style-type: none">interpret sometimes unfamiliar and detailed documents including organisational procedures, product instructions and product instructions.
Writing skills to:	<ul style="list-style-type: none">use basic terminology to record skin and scalp conditions.
Oral communication skills to:	<ul style="list-style-type: none">ask open and closed probe questions and actively listen to effectively interact with client and meet their needs.
Numeracy skills to:	<ul style="list-style-type: none">measure and apply appropriate amounts of massage medium for effective massage and to minimise waste.
Planning and organising skills to:	<ul style="list-style-type: none">manage own timing to complete massages within organisational service times.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>