



Australian Government

Assessment Requirements for SHBBSPA007 Provide stone therapy massages

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBSPA003 Provide stone therapy massages.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide five safe and appropriate stone therapy massages of at least 60 minutes each for clients of differing height, weight and age
- design, record and update treatment plans and records for each client using correct anatomical terminology and specifying details of:
 - client feedback
 - contraindications and conditions
 - outcomes of previous and current treatment
 - massage details and stones used
 - post treatment lifestyle and product advice
 - products used
 - recommended future treatments
 - relevant medical history and medication
 - treatment duration, areas treated and areas not treated
 - treatment objectives
- maintain temperature of stones to suit each client's temperature tolerance
- sequence stone therapy routine to maximise benefits for each client
- adapt massage routine to stone therapy and each client needs
- during the above treatments comply with health and hygiene regulations and requirements.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health and hygiene regulations and requirements relevant to providing stone therapy massages
- organisational policies and procedures relevant to providing stone therapy massages:
 - client record management
 - equipment use and maintenance
 - incident reporting

- linen use and laundry procedures
- personal hygiene and presentation
- presentation of treatment area
- waste disposal
- water use minimisation
- work health and safety
- legal and insurance liabilities and responsibilities regarding stone therapy massages
- scope of practice:
 - when to refer clients to other practitioners
 - importance of not stating a diagnosis of a contraindication
 - limitations of stone massage
 - role of complementary therapist and medical practitioner
- factors likely to affect suitability of treatments for client needs:
 - budgetary and time constraints
 - outcomes of previous treatments
 - physical attributes
- effects and benefits of:
 - each type of massage movement and technique
 - each type of stone
 - variations in stone temperature
 - stone placement and sequencing
- effects of stone therapy on body systems:
 - circulatory
 - integumentary
 - lymphatic
 - muscular
 - nervous
 - skeletal and articular
- common disorders of body systems and their relationship to stone therapy massage
- variations in sensory perception and its relationship to stone therapy massage
- history of stone therapy massage
- properties of different materials for stones
- contraindications that prevent or restrict treatment or require clearance from a medical professional to proceed and relationship to stone therapy massage:
 - abdominal hernia
 - asthma
 - bacterial, fungal, parasitic and viral infections
 - cancer
 - heart conditions
 - loss of skin sensation

- low blood pressure
- intoxication or drug use
- people prone to blood clots
- post chemotherapy or radiation
- post herpetic neuralgia
- post surgery
- pregnancy
- recent fractures
- skin lesions
- skin trauma
- sunburn
- adverse effects to stone therapy massage and appropriate remedial action:
 - dizziness
 - headache
 - nausea
 - skin irritation
- lifestyle factors and benefits of lifestyle changes
- sustainable operating procedures for the conservation of product, water and power
- effects and benefits of aftercare advice, products and future treatments to maintain client stone therapy massage objectives.

Assessment Conditions

Skills must be demonstrated in a beauty industry or spa environment; this can be:

- an industry workplace or
- a simulated workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients with different stone therapy massage requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
 - basin
 - hot and cold running water
 - liquid soap
 - single use towels or hand dryer
- relevant workplace documentation:
 - blank client cards
 - organisational policies and procedures relevant to stone therapy massage treatments
 - equipment instructions
 - product instructions and safety data sheets.

Assessment must ensure use of:

- cleaning and disinfection products and equipment
- dry treatment area
- individual work station consisting of:
 - adjustable treatment table with safe working access at both ends and sides
 - bowl for chilled water
 - individual electricity supply
 - trolley or stable surface for product and bowls
- information resources including charts, electronic resources, texts, three-dimensional models and videos for anatomy and physiology and skin
- full thermal stone set with a range of shapes and sizes for various body areas
- massage oil
- thermostatically controlled stone heating unit
- treatment towels or linen, or disposable linen.

Assessment activities that allow the learner to:

- complete stone massage treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- hold a qualification as a beauty or spa therapist
- have worked as a beauty or spa therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>