



**Australian Government**

# **Assessment Requirements for SHBBSPA006 Provide spa therapies**

**Release: 1**

# Assessment Requirements for SHBBSPA006 Provide spa therapies

## Modification History

Supersedes and is not equivalent to SHBBSPA002 Provide spa therapies.

## Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide five safe and appropriate spa treatments for different clients selecting treatments suitable for the established client treatment objectives including:
  - wet room therapies that demonstrate use of:
    - Vichy shower or wet table, or spa capsule
  - dry room therapies that demonstrate use of at least three of the following:
    - body exfoliation
    - body wraps
    - herbal packs
    - steam
- develop and update treatment plans for each client specifying details of:
  - contraindications
  - spa treatments, routine and sequence
  - outcomes of previous and current treatment
  - post treatment information and advice
  - products used
  - relevant medical history and medication
  - treatment duration and future treatment recommendations
  - treatment objectives
  - client feedback
- maintain the spa environment before, during and after each treatment:
  - relaxing ambience of spa
  - health and safety of treatment rooms:
    - wet floors
    - hydrotherapy equipment
- for each of the above clients, identify and manage contraindications and adverse effects to treatment
- for each of the above clients, provide aftercare advice and suggest complementary products and treatments to address ongoing client spa treatment objectives.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health and hygiene regulations and requirements relevant to providing spa therapies
- organisational policies and procedures relevant to providing spa therapies:
  - client record management
  - equipment use and maintenance
  - incident reporting
  - linen use and laundry procedures
  - personal hygiene and presentation
  - presentation of treatment area
  - rebooking clients
  - waste and hazardous substance disposal
  - water use minimisation
  - work health and safety
- legal and insurance liabilities and responsibilities regarding spa treatments
- scope of practice:
  - when to refer clients to other practitioners
  - importance of not stating a diagnosis of a contraindication
  - limitations to spa treatments
- features, benefits and application of each type of wet and dry room spa therapies:
  - body exfoliation
  - body wraps
  - herbal packs
  - hydro tub
  - sauna
  - steam
  - Vichy shower, wet table or spa capsule
- ingredients of organisation spa treatment products and their effect on skin
- contraindications that prevent or restrict treatment or require clearance from a medical professional to proceed and relationship to spa treatments:
  - allergies to ingredients of spa products:
    - nuts
    - anaemia
    - anorexia
    - asthma
    - bacterial, fungal, parasitic and viral infections
    - breastfeeding
    - cancer

- circulatory disorders
- epilepsy
- heart conditions
- heat intolerance
- intoxication
- metal implants
- pacemakers
- pregnancy
- skin lesions
- skin thinning medication
- skin trauma
- sunburn
- type one and two diabetes mellitus
- varicose veins to:
  - Vichy shower
  - pressure
  - heat
- adverse effects to spa treatments and products and appropriate remedial action:
  - allergy to products
  - changes in body temperature
  - dizziness
  - dehydration
  - headache
- mode of administration:
  - exposure of sections of the body
  - requirements for feedback and interaction
  - requirements for specific positioning of client
  - rotating of exposure around the body
  - treatment technique
  - use of oil and treatments
  - variations in application intensity
- sustainable operating procedures for the conservation of product, water and power
- aftercare advice, products and future treatments relevant to spa therapies.

## Assessment Conditions

Skills must be demonstrated in a beauty industry or spa environment; this can be:

- an industry workplace or
- a simulated workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients with different spa therapy requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
  - basin
  - hot and cold running water
  - liquid soap
  - single use towels or hand dryer
- relevant workplace documentation:
  - equipment instructions
  - organisational policies and procedures relevant to spa therapies
  - product instructions and safety data sheets.

Assessment must ensure use of:

- adjustable treatment tables with safe working access for operator and equipment at head, foot and each side
- cleaning and disinfection products and equipment
- client disposable undergarments
- dry treatment area
- electricity supply access to each spa treatment workstation
- hot towel cabinet
- products from two comprehensive professional spa product ranges
- shower and client change facilities
- Vichy shower, wet table or spa capsule
- wet treatment rooms.

Assessment activities that allow the individual to:

- complete spa treatments within organisational and commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- hold a qualification as a beauty or spa therapist
- have worked as a beauty or spa therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>