



Australian Government

**Assessment Requirements for
SHBBSPA005 Work in a spa therapies
framework**

Release: 1

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Modification History

Supersedes and is not equivalent to SHBBSPA001 Work in a spa therapies framework.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- integrate spa technical skills and work in a spa services environment for a minimum of six, three-hour work periods that individually or in combination, demonstrate:
 - preparing, cleaning and shut down of:
 - Vichy shower, or wet table, or spa capsule
 - hot towel cabinets
 - wet areas
 - maintaining lighting, temperature, spa environment and spa etiquette to ensure spa ambience
 - monitoring environmental impacts of a spa environment and identifying opportunities for reducing environmental impacts
- select, sequence, and promote a treatment to four different clients from the list below:
 - wet treatments
 - Vichy shower, or wet table, or spa capsule
 - dry treatments:
 - body exfoliation
 - body wraps
 - massage.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health and hygiene regulations and requirements relevant to providing spa treatments
- organisational policies and procedures relevant to providing spa therapies:
 - client record management
 - equipment use and maintenance
 - incident reporting
 - linen use and laundry procedures
 - personal hygiene and presentation

- presentation of treatment area
- sustainability and environmentally sound practices:
 - energy efficiency
 - waste minimisation and disposal
 - recycling
 - water efficiency
- work health and safety
- legal and insurance liabilities and responsibilities regarding spas and spa therapies
- definition of spa:
 - healing through water
 - philosophy of current spa movement
- spa history and development:
 - origins of hydrotherapy
 - overseas trends
 - development of current spa movement
 - cultural healing traditions
 - theories and principles of spa therapies:
 - Thalassotherapy
 - Balneotherapy
 - Kneipp therapy
- detailed knowledge of the features and benefits of wet and dry room therapies
- properties of water:
 - heat capacity
 - heat vaporisation and density
 - pH scale
- characteristics of water:
 - buoyancy
 - turbulence
- chemical properties of water:
 - spa behaviour of water under different conditions
 - benefits of water in spa treatments
- chemicals appropriate to spa environment to maintain water hygiene
- water hygiene:
 - infection and cross infection
 - cross contamination
 - methods of disinfection and sterilisation
- efficient and sustainable procedures for water supply
- definition of signature treatments
- management of adverse reactions to spa treatments:
 - dizziness

- nausea
- skin irritation
- headache
- factors that contribute to spa ambience:
- lighting and colours:
 - relaxation background music or sounds
 - quiet areas and general noise management
 - perfumed oils or candles
 - decaffeinated and herbal refreshment
 - cool drinks
 - snack service.

Assessment Conditions

Skills must be demonstrated in a beauty industry or spa environment; this can be:

- an industry workplace or
- a simulated workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients with different spa treatment requirements, who have the expectation that the services provided reflect those of a commercial business
- relevant workplace documentation:
 - equipment instructions
 - product instructions and safety data sheets
 - organisational policies and procedures relevant to spa therapies.

Assessment must ensure use of:

- cleaning and disinfection products and equipment
- computer with salon software
- reception area
- relaxation area
- shower change facilities
- spa equipment
- spa menu
- Vichy shower, wet table or spa capsule
- water treatment chemicals
- wet and dry treatment rooms.

Assessment activities that allow the individual to:

- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors and:

- hold a qualification as a beauty or spa therapist
- have worked as a beauty or spa therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>