



Australian Government

SHBBSPA002 Provide spa therapies

Release: 1

SHBBSPA002 Provide spa therapies

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to provide wet and dry spa therapies to meet client needs.

It requires the ability to consult with clients, and select, provide and review hydrotherapy, wraps, herbal packs, sauna and other signature spa treatments. Spa therapies can be an individual treatment or form part of a sequenced series of treatments.

This unit applies to beauty and spa therapists who work in day, destination and resort spas. In this environment they work in a team but make independent treatment decisions and have knowledge across a range of spa products and treatments.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Spa Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes.

1. Prepare for wet and dry treatments.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Set spa beds with clean linen, plastic sheets and thermal blankets as required.
- 1.2 Prepare bolsters, and towels for the client draping during the treatment.
- 1.3 Check spa equipment to ensure it is operating according to manufacturer instructions.
- 1.4 Prepare sufficient supply of spa products to avoid

- disruption while providing treatments.
- 1.5 Use energy, water and other resources efficiently during preparation and subsequent treatment process.
 - 1.6 Dim lights, set temperature at a comfortable level, and set relaxation music for spa rooms.
2. Develop treatment plan.
 - 2.1 Develop, or access and review client treatment plan.
 - 2.2 Confirm client spa treatment requirements, and identify potential additional services and products.
 - 2.3 Identify contraindications to spa service and refer client to appropriate professional as required.
 - 2.4 Explain therapy sequence, mode of administration and factors that may restrict treatment.
 - 2.5 Confirm revised treatment plan, record updates and obtain client consent.
 3. Provide wet spa therapy.
 - 3.1 Check client understanding of wet therapy steps, discuss modesty requirements and provide disposable garments as required.
 - 3.2 Prepare self, using personal protective equipment as required.
 - 3.3 Position self to minimise fatigue and risk of injury to self and client throughout treatment.
 - 3.4 Follow procedures to avoid water contamination throughout treatment.
 - 3.5 Use hydrotherapy equipment and treatment products according to treatment plan.
 - 3.6 Recognise adverse reactions and take remedial action as required.
 - 3.7 Apply aftercare products as required.
 4. Provide dry spa therapy.
 - 4.1 Check client understanding of dry therapy steps, discuss modesty requirements and provide disposable garments as required.
 - 4.2 Prepare self, using personal protective equipment as required.
 - 4.3 Position self to minimise fatigue and risk of injury to self and client throughout treatment.
 - 4.4 Drape client, and uncover body area to be treated.
 - 4.5 Exfoliate skin, and apply body wrap products or herbal pack, according to treatment plan and following manufacturer instructions.
 - 4.6 Rinse client skin thoroughly and apply aftercare products.
 5. Ensure client comfort during treatment
 - 5.1 Check client comfort at regular intervals and reassure them throughout the treatment.

- 5.2 Assist client to safely vacate hydrotherapy area.
- 5.3 Monitor wet floors and treatment areas for safety of clients, colleagues, and self.
- 5.4 Allow post treatment recovery time in relaxation area.
- 6. Review treatment and provide post treatment advice.
 - 6.1 Evaluate spa treatment with client and record treatment outcomes on treatment plan.
 - 6.2 Advise on adverse effects to spa treatment.
 - 6.3 Provide after care advice and recommend products and future treatments.
 - 6.4 Rebook client as required.
- 7. Clean treatment area.
 - 7.1 Remove used linen and clean surfaces and spa equipment according to organisational policies and procedures.
 - 7.2 Restock equipment and products in preparation for next treatment.
 - 7.3 Dispose general waste, hazardous substances and used treatment products to minimise negative environmental impacts and according to organisational policies and procedures.
 - 7.4 Identify and report equipment malfunction.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

Skill	Description
Reading skills to:	<ul style="list-style-type: none"> • interpret and follow manufacturer instructions and safety data sheets for safe use of cleaning and treatment products and spa equipment.
Oral communication skills to:	<ul style="list-style-type: none"> • provide simple explanations to client on the effect of the spa therapies on body and skin appearance • discuss treatment contraindications and precautions tactfully.
Numeracy skills to:	<ul style="list-style-type: none"> • calculate treatment price and timing of different stages of treatment.
Planning and organising skills to:	<ul style="list-style-type: none"> • sequence spa therapies to maximise benefits of treatment for clients.
Technology skills to:	<ul style="list-style-type: none"> • use and maintain hydrotherapy equipment • use client software to update client notes, rebook future treatments, record stock data and product purchases.

Unit Mapping Information

SIBBSPA503A Provide spa therapies

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>