



Australian Government

SHBBSKT011 Provide superficial peel treatments

Release: 1

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Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge to provide skin peel treatments using manufacturer prepared solutions to improve skin texture, acne and reduce the appearance of pigmentation. It requires the ability to design and provide a staged program of multiple treatments and home care.

This unit applies to skin therapists who work in beauty salons or skin clinics where skin therapy is provided.

The skills and knowledge required to assess a client and design and plan treatment programs are covered in *SHBBSKT001 Provide skin therapy consultations*.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
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SHBBINF002	Maintain infection control standards
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Or;

HLTINF005	Maintain infection prevention for skin penetration treatment
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Competency Field

Skin Therapy

Unit Sector

Skin Therapy

Elements and Performance Criteria

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

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| 1. Prepare for treatment. | 1.1. Discuss proposed treatment plan with client and review pre-treatment documentation.
1.2. Review indications for treatment, contraindications and client feedback and modify treatment plan if required.
1.3. Explain contraindications which prevent treatment and recommend suitable alternative treatments, or refer to other medical professionals.
1.4. Confirm treatment objectives and revised treatment plan with client and obtain signed informed consent.
1.5. Confirm client compliance with their responsibilities for pre- and post-treatment care regime and use of specified products.
1.6. Select superficial epidermal peel solution according to agreed treatment plan.
1.7. Prepare treatment room and wear personal protective equipment.
1.8. Ensure positioning of client permits effective access and minimises risk to operator and discomfort to client.
1.9. Fit and adjust personal protective equipment to self, client and others who may be present during treatment. |
| 2. Provide peel. | 2.1. Cleanse treatment area according to health and hygiene requirements.
2.2. Explain treatment process and likely sensations to client to ensure client comfort.
2.3. Defat the skin with solution suited to superficial epidermal peel type and according to manufacturer instructions.
2.4. Apply peel solution in a pre-determined pattern to ensure even and consistent coverage.
2.5. Monitor reaction and take remedial action where appropriate.
2.6. Use time and skin reaction to determine superficial epidermal peel duration.
2.7. Neutralise or dilute as appropriate to peel type.
2.8. Apply appropriate post treatment products. |
| 3. Provide post-treatment care and advice. | 3.1. Identify need for, and take and store photographs of treatment area according to organisational policies and procedures. |

- 3.2. Review treatment with client.
- 3.3. Advise client on post-treatment and self-care and ask questions to confirm client understanding.
- 3.4. Advise client on client care and precautionary requirements for period leading up to next treatment
- 3.5. Record treatment and adjust treatment plan to reflect treatment and outcomes.
- 3.6. Complete post-treatment documentation according to organisational policies and procedures.
- 3.7. Initiate follow-up to check for post-treatment complications and adverse effects according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	- access and interpret relevant information from: - manufacturer instructions and industry journals - organisational procedures.
Oral communication skills to:	use dermal and medical terminology appropriately in consultations with clients, colleagues and health care professionals.
Numeracy skills to:	calculate treatment parameters, timing, sequence and costs.
Learning skills to:	- review own skills in superficial epidermal peels and schedule time for development - actively seeks feedback from others as a way of improving performance.
Problem-solving skills to:	identify and resolve application issues during treatment.

- Initiative and enterprise skills to:
- identify emerging epidermal peel products, assess efficacy and advocate for inclusion in clinic's treatment range
 - promote treatments to existing and new clients.
- Self-management skills to:
- manage length of consultation
 - recognise scope of practice issues and refer clients to colleagues or health care professional.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>