



Australian Government

SHBBSKT010 Provide skin needling treatments

Release: 2

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Modification History

Release 2	Minor correction to Performance Evidence.
Release 1	No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to provide a skin needling treatment to improve the appearance of skin. It requires the ability to determine suitability of clients for treatment, safely apply skin needling technology up to 1.0mm, monitor and modify treatment and maintain infection control standards.

It applies to skin therapists with knowledge of skin biology and skill in providing skin therapies. They provide treatments in skin or beauty therapy clinics according to legislative requirements and organisational policies and procedures.

The skills and knowledge required to assess a client and design and plan treatment programs for complex skin needs are covered in *SHBBSKT001 Provide skin therapy consultations*.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

The supply of topical anaesthetics is restricted in some states or territories.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
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SHBBINF002	Maintain infection control standards
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Or;

HLTINF005	Maintain infection prevention for skin penetration treatment
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Competency Field

Skin Therapy

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Prepare treatment environment and equipment.

- 1.1. Access and review agreed client treatment program if available to determine requirements for individual treatment.
- 1.2. Check that treatment environment is correctly organised and free from safety risks and hazards.
- 1.3. Set up equipment and check to ensure correct functioning as per manufacturer instructions, and safe practice protocols.
- 1.4. Cleanse and prepare treatment area and sanitise equipment prior to use on client.
- 1.5. Complete workplace and pre-treatment documentation required for treatment environment and equipment preparation.

2. Prepare self and client.

- 2.1. Identify need for and receive signed medical approval to proceed with treatment from client.
- 2.2. Discuss and confirm proposed treatment plan with client.
- 2.3. Determine, through discussion and questioning, changes to client medical history and contraindications arising since time of treatment program development.
- 2.4. Adjust treatment program to reflect identified changes and obtain signed client consent for adjusted treatment program.
- 2.5. Select product and equipment according to agreed treatment plan.
- 2.6. Confirm treatment objectives and revised treatment plan with client and obtain signed informed consent from client.

3. Provide skin needling treatment.
 - 3.1. Cleanse skin and remove cleanser.
 - 3.2. Wipe area with appropriate skin antiseptic.
 - 3.3. Apply topical anaesthetic, occlude with plastic wrap if indicated and allow sufficient time to activate.
 - 3.4. Remove topical anaesthetic to leave clean skin.
 - 3.5. Remove sterile, disposable pen head from sealed pack.
 - 3.6. Apply pen or roller to selected skin area keeping skin taut, using appropriate pressure and in predetermined pattern.
 - 3.7. Monitor skin response and modify treatment appropriately.
 - 3.8. Monitor client reaction to treatment and pain tolerance continuously and adjust equipment settings to minimise client discomfort.
 - 3.9. Identify potential and actual hazards and assess risks throughout treatment and take action to minimise risk to self and client.
 - 3.10. Identify and respond immediately to adverse reactions by stopping treatment and explaining reason for stoppage to client.
 - 3.11. Identify need for, take and store photographs of treatment area according to organisational policies and procedures.
 - 3.12. Turn off equipment and dispose of pen heads or rollers into sharps container.
4. Provide post-treatment care and advice.
 - 4.1. Select and apply post-treatment skin cooling products according to treatment plan and client reaction to treatment.
 - 4.2. Advise client on post-treatment and self-care and ask questions to confirm client understanding.
 - 4.3. Advise client on client care and precautionary requirements for period leading up to next treatment.
 - 4.4. Record treatment and adjust treatment plan to reflect treatment and outcomes.
 - 4.5. Complete post treatment documentation according to organisational policies and procedures.
 - 4.6. Initiate follow-up to check for post-treatment complications and adverse effects according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• access and interpret relevant information from: • health regulations • manufacturer instructions and promotions • organisational procedures.
Oral communication skills to:	• choose appropriate terminology in consultations with clients, colleagues and health care professionals.
Numeracy skills to:	• calculate treatment parameters, timing and costs.
Problem-solving skills to:	• identify and resolve application issues during treatment.
Initiative and enterprise skills to:	• promote treatments to existing and new clients.
Planning and organising skills to:	• plan and implement an appropriate treatment program.
Self-management skills to:	• manage length of consultation • recognise scope of practice issues and refer clients to health care professional if required.
Technology skills to:	• use appointment and client record software.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>