



Australian Government

SHBBSKT008 Design light emitting diode treatment programs

Release: 1

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Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to design light emitting diode (LED) treatment programs to improve the appearance of skin at an epidermal level. It requires the ability to design a staged program of multiple light-based treatments that will achieve optimum outcomes for the client.

This unit applies to skin therapists who work in beauty salons or skin clinics where skin therapy is provided.

The unit reflects the safety guidelines, for a range of LED applications, expressed in the following Australian and New Zealand Standards, current at the time of publication:

- AS/NZS 1336:2014 Eye and face protection – Guidelines
- AS/NZS IEC 62471:2011 Photobiological safety of lamps and lamp systems.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
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SHBBSKT003	Identify and control safety risks for light-based skin treatments
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Competency Field

Skin Therapy

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
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Elements describe the essential outcomes

1. Confirm skin treatment program with client.

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Discuss proposed treatment with client and review pre-treatment documentation.
- 1.2. Analyse indications for treatment, contraindications and client feedback and modify treatment plan.
- 1.3. Advise client of possible physical effects of LED, special precautions to be observed, pre- and post-treatment and homecare required.
- 1.4. Explain contraindications which prevent treatment and recommend suitable alternative treatments.
- 1.5. Refer client to an appropriate professional where required.
- 1.6. Identify the treatment implications for combining LED skin treatment technologies with other skin services.
- 1.7. Identify and discuss options or limitations for future treatments according to client characteristics, expectations and contraindications.
- 1.8. Obtain medical approval to proceed if client has medically-related contraindications or precautions.
- 1.9. Obtain signed informed consent.

2. Design a treatment program and discuss with client.

- 2.1. Determine appropriate treatment program according to client assessment and within safe practice protocols.
- 2.2. Comply with health and hygiene regulations and requirements.
- 2.3. Discuss with client the proposed treatment plan, risks, costs, likely duration, frequency of treatment and likely recovery time.
- 2.4. Confirm client compliance with special precautions and written pre- and post-treatment home care responsibilities.
- 2.5. Discuss management of selected treatment in relation to other treatments or lifestyle factors.
- 2.6. Photograph treatment area ensuing images are clear and comparable.
- 2.7. Code and file images to enable comparisons and evaluation of outcomes.
- 2.8. Complete and store treatment documentation according to organisational processes.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• source, interpret and critically analyse: • scientific or technical documents related to LED technology and its effects on skin • skin treatment publications • manufacturer instructions and promotions • trade publications • organisational procedures.
Oral communication skills to:	• sensitively and supportively discuss client needs and negotiate with clients • use medical terminology appropriately in consultations with clients, colleagues and health care professionals.
Learning skills to:	• evaluate own knowledge and skill in relation to emerging skin treatments and determine learning needs.
Problem-solving skills to:	• identify treatment limitations for specific clients, and select and recommend alternative solutions.
Initiative and enterprise skills to:	• promote treatments to existing and new clients.
Planning and organising skills to:	• sequence treatments into an effective skin therapy plan • identify appointment times and negotiate with colleagues for access to equipment and rooms.
Self-management skills to:	• manage length of consultation • recognise scope of practice issues and refer clients to colleagues or health care professional as appropriate.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>