



Australian Government

SHBBSKT005 Provide intense pulsed light skin treatments

Release: 1

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Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to safely apply intense pulsed light (IPL), technologies as part of staged programs to improve the appearance of the skin. It requires the ability to provide multiple treatments and to modify the treatment program to achieve optimum outcomes for the client within the safety framework that relates to the use of IPL equipment.

This unit applies to skin therapists who work in beauty salons or skin clinics where skin therapy is provided.

The skills and knowledge required to assess a client, and design and plan skin treatment programs using light technologies are covered in *SHBBSKT004 Design intense pulsed light skin treatment programs*.

The unit reflects the safety guidelines, for a broad range of IPL applications, expressed in the following Australian and New Zealand Standards, current at the time of publication:

- AS/NZS 4173:2018 Safe use of lasers and intense light sources in health care
- AS/NZS 1336:2014 Eye and face protection - Guidelines.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

The use of IPL is subject to legislation, regulation and licensing in some Australian States and Territories.

Pre-requisite Unit

Unit Code	Unit Title
SHBBINF002	Maintain infection control standards
<i>Or;</i>	
HLTINF005	Maintain infection prevention for skin penetration treatment
SHBBSKT003	Identify and control safety risks for light-based skin treatments

Competency Field

Skin Therapy

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Prepare treatment environment and equipment.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Access and review agreed client treatment program if available to determine requirements for individual treatment.
- 1.2. Check that treatment environment is correctly organised and free from safety risks and hazards.
- 1.3. Confirm completion of risk assessment and equipment checks and take any required corrective action.
- 1.4. Set up equipment and check to ensure correct functioning as per manufacturer instructions, and safe practice protocols.
- 1.5. Cleanse and prepare treatment area and sanitise equipment prior to use on client.
- 1.6. Complete workplace and pre-treatment documentation required for treatment environment and equipment preparation.

2. Prepare self and client.
 - 2.1. Identify need for and receive signed medical approval to proceed with treatment from client.
 - 2.2. Review pre-treatment documentation and confirm treatment program with client.
 - 2.3. Determine, through discussion and questioning, changes to client medical history and contraindications arising since time of treatment program development.
 - 2.4. Review outcomes of patch test to confirm no existence of allergies or adverse effects that will require change to treatment program.
 - 2.5. Adjust treatment program to reflect identified changes and obtain signed client consent for adjusted treatment program.
 - 2.6. Explain treatment process and likely sensations to client to ensure client comfort.
 - 2.7. Identify jewellery worn by self and client and remove, or where not removable, tape according to organisational policies and procedures.
 - 2.8. Fit and adjust personal protective equipment, including eye protection, to self, client and others who may be present during treatment.
3. Provide IPL treatment.
 - 3.1. Comply with hygiene requirements and organisational IPL safety precautions according to non-ionising radiation safety plan.
 - 3.2. Explain treatment and sensation, and reassure client throughout each stage of treatment process.
 - 3.3. Perform a test shot according to treatment settings and in an area relevant to treatment site.
 - 3.4. Observe immediate skin reaction and level of client discomfort.
 - 3.5. Modify treatment program plan and re-adjust and record treatment settings where indicated by an immediate adverse skin reaction or client poor pain tolerance.
 - 3.6. Start treatment on least pain sensitive area.
 - 3.7. Apply equipment to treatment areas for required amount of time.
 - 3.8. Work sequentially on target area with no gaps and minimal overlap, avoiding repeat treating any area immediately after first shot.
 - 3.9. Turn off equipment and photograph treated skin areas at completion of treatment service.
4. Review treatment and provide post-treatment advice.
 - 4.1. Select and apply post-treatment products according to treatment plan and client reaction to treatment.
 - 4.2. Advise client on post-treatment and self-care and ask

- questions to confirm client understanding.
- 4.3. Advise client on client care and precautionary requirements for period leading up to next treatment.
 - 4.4. Record treatment and adjust treatment plan to reflect treatment and outcomes.
 - 4.5. Complete post treatment documentation according to organisational policies and procedures.
 - 4.6. Initiate follow-up to check for post-treatment complications and adverse effects according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	<p>interpret both familiar and unfamiliar, and sometimes complex documents:</p> <ul style="list-style-type: none">• client treatment programs• client records• organisational policies and procedures• non-ionising radiation safety protection plan• materials describing industry standards and regulatory requirements of intense pulsed light skin treatment• manufacturer instructions for the safe use, maintenance and storage of intense pulsed light equipment.
Writing skills to:	<ul style="list-style-type: none">• clearly and legibly make amendments to treatment plan.
Oral communication skills to:	<ul style="list-style-type: none">• consult with, inform and reassure clients throughout treatment process• respond to client questions and provide information to client throughout treatment process• select and use appropriate dermal and medical terminology in consultations with clients, colleagues and health care professionals.

- Numeracy skills to:
- calculate and modify equipment settings.
- Learning skills to:
- review own skills in application of technology and schedule time for development.
- Problem-solving skills to:
- identify treatment limitations for specific clients, select and recommend alternative solutions.
- Initiative and enterprise skills to:
- promote treatments to existing and new clients.
- Planning and organising skills to:
- sequence treatments into an effective skin therapy plan.
- Self-management skills to:
- manage length of consultation
 - recognise scope of practice issues and refer clients to colleagues or health care professional.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>