



Australian Government

SHBBSKT004 Design intense pulsed light skin treatment programs

Release: 1

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Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to design intense pulsed light (IPL) treatment programs to improve the appearance of skin. It requires the ability to design a staged program of multiple treatments that will achieve optimum outcomes for the client.

This unit applies to skin therapists who work in beauty salons or skin clinics where skin therapy is provided.

The unit reflects the safety guidelines, for a broad range of applications, expressed in the following Australian and New Zealand Standards, current at the time of publication:

- AS/NZS 4173:2018 Safe use of lasers and intense light sources in health care
- AS/NZS 1336:2014 Eye and face protection - Guidelines.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

The use of IPL is subject to legislation, regulation and licensing in some Australian States and Territories.

Pre-requisite Unit

Unit Code	Unit Title
SHBBINF002	Maintain infection control standards
<i>Or;</i>	
HLTINF005	Maintain infection prevention for skin penetration treatment
SHBBSKT003	Identify and control safety risks for light-based skin treatments

Competency Field

Skin Therapy

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Confirm skin treatment program with client.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Discuss proposed treatment with client and review pre-treatment documentation.
- 1.2. Analyse indications for treatment, contraindications and client feedback and modify treatment plan.
- 1.3. Advise client of possible physical effects of IPL, special precautions to be observed, pre- and post-treatment and homecare required.
- 1.4. Explain contraindications which prevent treatment and recommend suitable alternative treatments.
- 1.5. Refer client to an appropriate professional where required.
- 1.6. Identify the treatment implications for combining IPL skin treatment technologies with other skin services.
- 1.7. Identify and discuss options or limitations for future treatments according to client characteristics, expectations and contraindications.
- 1.8. Obtain medical approval to proceed if client has medically-related contraindications or precautions.
- 1.9. Obtain signed informed consent, if not previously obtained.

2. Perform IPL patch test.
 - 2.1. Explain sensation of the test before commencing.
 - 2.2. Select treatment parameters based on client consultation and analysis.
 - 2.3. Select small area on periphery to proposed treatment site and apply a small number of pulses.
 - 2.4. Comply with health and hygiene regulations and requirements.
 - 2.5. Record settings according to organisational requirements.
 - 2.6. Observe and record immediate reactions to establish end point.
 - 2.7. Use end point to design a safe and effective treatment.
 - 2.8. Apply post treatment skin cooling products according to treatment plan and skin reaction to patch test.
 - 2.9. Observe and record skin response after three to seven days.

3. Design a treatment program and discuss with client.
 - 3.1. Determine appropriate treatment program according to client assessment and within safe practice protocols.
 - 3.2. Discuss with client the proposed treatment plan, risks, costs, likely duration, frequency of treatment and likely recovery time.
 - 3.3. Confirm client compliance with special precautions and written pre- and post-treatment home care responsibilities.
 - 3.4. Discuss management of selected treatment in relation to other treatments or lifestyle factors.
 - 3.5. Photograph treatment area ensuing images are clear and comparable.
 - 3.6. Code and file images to enable comparisons and evaluation of outcomes.
 - 3.7. Complete and store treatment documentation according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS

DESCRIPTION

- Reading skills to:
- access and interpret information from organisational procedures and manufacturer instructions
 - interpret manufacturer instructions.
- Oral communication skills to:
- sensitively and supportively discuss client needs and negotiate with clients
 - use medical terminology appropriately in consultations with clients, colleagues and health care professionals.
- Problem-solving skills to:
- identify treatment limitations for specific clients, select and recommend alternative solutions.
- Initiative and enterprise skills to:
- promote treatments to existing and new clients.
- Planning and organising skills to:
- sequence treatments into an effective skin therapy plan
 - identify appointment times and negotiate with colleagues for access to equipment and rooms.
- Self-management skills to:
- manage length of consultation
 - recognise scope of practice issues and refer clients to colleagues or health care professional.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>