



Australian Government

SHBBSKT001 Provide skin therapy consultations

Release: 1

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Modification History

No equivalent unit.

Application

This unit describes the performance outcomes, skills and knowledge required to provide detailed consultations for clients seeking advanced skin rejuvenation treatments. It includes skin therapy techniques including intense pulsed light, light emitting diode and laser.

It requires the ability to consult with clients, determine suitable clients for treatment, provide detailed consultations including skin analysis, to design and recommend a skin rejuvenation treatment program including pre- and post-treatment care and obtain informed consent.

This unit applies to skin therapists with knowledge of skin biology. They provide treatments in skin or beauty therapy clinics according to legislative requirements and organisational policies and procedures.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Competency Field

Skin Therapy

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Determine client treatment priorities.
 - 1.1. Determine, through discussion and questioning, client needs and expectations.
 - 1.2. Actively encourage and respond to client queries.
 - 1.3. Administer and collect pre-treatment questionnaire.
 - 1.4. Use physical examination and skin diagnostic equipment to classify client skin.
 - 1.5. Establish and record client details relevant to skin treatment.
 - 1.6. Determine treatment options according to client assessment and scope of practice.
2. Determine contraindications to treatment.
 - 2.1. Consult with and visually observe client to identify and determine impact of contraindications.
 - 2.2. Determine non-medical precautions for non-medical contraindications and explain to client.
 - 2.3. Advise client to seek and provide signed proof of medical release for medical contraindications and medical precautions prior to treatment.
 - 2.4. Discuss treatment alternatives and refer to a healthcare professional as required.
3. Design a skin therapy program.
 - 3.1. Determine treatment type and program according to outcomes of client consultation, and within safe practice protocols.
 - 3.2. Advise client on treatment procedure, outcomes, and possible effects and after care of proposed skin rejuvenation therapy program.
 - 3.3. Identify and instruct client about special precautions that must be followed pre, during and post treatment and negotiate compliance.
 - 3.4. Communicate pre-treatment and post-treatment precautions and care, and ask questions to confirm client understanding.
 - 3.5. Discuss role and responsibilities of the practitioner and the client, and gain client agreement to client responsibilities.
 - 3.6. Identify need for, and take and store photographs of pre-treatment area according to organisational policies and procedures.
 - 3.7. Discuss and select treatment evaluation strategies with client.
 - 3.8. Finalise and document treatment program and gain signed client consent.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• extract relevant information from • manufacturer instructions and promotions • organisational policies and procedures.
Oral communication skills to:	• sensitively and supportively discuss client needs and negotiate with clients • use dermal and medical terminology appropriately in consultations with clients, colleagues and health care professionals.
Numeracy skills to:	• calculate treatment parameters, timing and costs.
Learning skills to:	• collaborate with and consider feedback from colleagues and referring health care professionals • evaluate own knowledge and skill in relation to emerging skin rejuvenation treatments and determine learning needs.
Problem-solving skills to:	• identify treatment limitations for specific clients, select and recommend alternative solution • identify alternative solutions for contraindicated clients.
Initiative and enterprise skills to:	• promote treatments to existing and new clients.
Teamwork skills to:	• work collaboratively with colleagues and health care professionals to optimise client outcomes.
Planning and organising skills to:	• sequence treatments into an effective therapy plan • identify appointment times and negotiate with colleagues for access to equipment and rooms.
Self-management skills to:	• manage length of consultation • recognise scope of practice issues and refer clients to colleagues or health care professional.
Technology skills to:	• take photographs using suitable lighting, lens and focussing to

- accurately record skin treatment progress
- use client software to record and update client notes.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>