



Australian Government

SHBBSKS007 Provide diathermy treatments

Release: 1

SHBBSKS007 Provide diathermy treatments

Modification History

Supersedes and is not equivalent to SHBBSKS002 Provide diathermy treatments.

Application

This unit describes the performance outcome, skills and knowledge required to plan and safely use electric currents to treat dilated capillaries.

It requires the ability to establish priorities with clients, apply knowledge of electric currents to design and provide treatments to reduce the appearance of dilated capillary blood vessels on the face and upper chest. The diathermy treatment can be an individual service or form part of a series of services.

This unit applies to beauty therapists who work in beauty salons. In this environment they exercise judgement in selecting and providing an appropriate treatment; demonstrate maturity and confidentiality in their client interactions; and apply knowledge of facial treatments.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Unit Code	Unit Title
SHBBINF002	Maintain infection control standards
SHBBSSC001	Incorporate knowledge of skin structure and functions into beauty therapy
SHBBSSC002	Incorporate knowledge of body structures and functions into beauty therapy

Competency Field

Skin Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Establish client priorities.

- 1.1. Access and review client treatment plan if available.
- 1.2. Discuss client diathermy requirements, changes in skin over lifetime, current skin care regimen, lifestyle and nutrition influences to determine causes of dilated capillaries.
- 1.3. Identify and assess dilated capillaries and skin.
- 1.4. Identify and explain contraindications to treatment, and refer client to appropriate professional as required.
- 1.5. Review medical history and medications, and obtain medical approval prior to treatment, as required.
- 1.6. Classify client skin and explain outcomes to client.

2. Design diathermy treatment.

- 2.1. Identify treatment parameters and techniques.
- 2.2. Discuss with client potential adverse effects, treatment design and recommendations for duration, frequency and treatment costs.
- 2.3. Confirm required treatment, develop or update treatment plan, record updates and obtain signed client consent.

3. Prepare for treatment.

- 3.1. Check readiness of treatment area and availability of equipment and products.
- 3.2. Prepare client, ensuring their comfort and modesty throughout treatment.
- 3.3. Prepare and present self, according to organisational policy.
- 3.4. Position self throughout treatment to minimise fatigue and risk of injury.
- 3.5. Comply with health, hygiene and skin penetration regulations and requirements.
- 3.6. Use energy, water and other resources efficiently during preparation and subsequent treatment process.

4. Conduct patch test.
 - 4.1. Explain to client physical sensation of treatment.
 - 4.2. Cleanse and disinfect patch test site.
 - 4.3. Select sterile probes or needles and open in front of client.
 - 4.4. Conduct patch test on an area adjacent to the treatment site.
 - 4.5. Identify skin reaction and advise client of suitability for diathermy treatment.
 - 4.6. Record current intensity and probe or needle size.
 - 4.7. Rebook client to assess outcomes of patch test and for further treatments.

5. Apply electric currents.
 - 5.1. Cleanse and disinfect treatment area.
 - 5.2. Set current intensity and select probes or needles according to patch test results.
 - 5.3. Open sterile probes or needles in front of client.
 - 5.4. Apply and modify diathermy treatment, according to treatment plan, skin reaction and client feedback.
 - 5.5. Apply aftercare products.

6. Review treatment and provide post treatment advice.
 - 6.1. Evaluate treatment with client.
 - 6.2. Advise client on how to care for skin in treatment site and expectations for wound healing.
 - 6.3. Provide aftercare advice, recommend products and future treatments and rebook client.
 - 6.4. Record treatment parameters and outcomes of treatment on client treatment plan.

7. Clean treatment area.
 - 7.1 Remove used linen and clean treatment surfaces and equipment according to organisational policies and procedures.
 - 7.2. Dispose of probes or needles in sharps container.
 - 7.3. Sterilise any instrument that has come into contact with body fluids.
 - 7.4. Restock equipment and products in preparation for next treatment.
 - 7.5. Dispose of general waste and any hazardous waste to minimise negative environmental impacts and according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	• interpret, and follow manufacturer instructions and safety data sheets for safe use of cleaning and treatment products, probes or needles and equipment • source and interpret credible information from: • trade journals and industry information on diathermy.
Oral communication skills to:	• provide simple explanations to clients that describe the physiological processes of diathermy on dilated capillaries • discuss treatment contraindications and precautions tactfully • reassure client throughout service.
Problem-solving skills to:	• identify issues, and modify electric currents and probe sizes to minimise skin damage and client discomfort.
Planning and organising skills to:	• sequence treatment delivery to maximise benefits for client.
Technology skills to:	• access credible online publications and resources which build knowledge for providing advice to clients • use client software to update client notes, rebook client for future treatments, record stock data and product purchases • safely use and maintain electrical devices.

Unit Mapping Information

Supersedes and is not equivalent to SHBBSKS002 Provide diathermy treatments.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>