



**Australian Government**

# **SHBBSKS005 Provide micro-dermabrasion treatments**

**Release: 1**

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## Modification History

Not applicable.

## Application

This unit describes the performance outcomes, skills and knowledge required to use pre-set systems using crystals and vacuum suction to exfoliate the skin of the body or face.

It requires the ability to establish priorities with the client and synthesise knowledge of skin science and effects of treatment on skin structure, and to design and provide a safe and effective treatment. Micro-dermabrasion treatment can be an individual service or form part of a series of services.

This unit applies to beauty therapists who work in beauty salons. In this environment they work in a team but exercise judgment in selecting and providing an appropriate treatment.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

## Pre-requisite Unit

SHBBINF001 Maintain infection control standards

## Competency Field

Skin Services

## Unit Sector

Beauty

## Elements and Performance Criteria

### ELEMENTS

Elements describe the essential outcomes.

1. Establish client priorities.

### PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1.1 Access and review client treatment plan if available.

1.2 Discuss skin changes over lifetime, current skin care regimen, lifestyle and nutrition influences to establish client micro-dermabrasion requirements.

1.3 Conduct skin analysis, assessing degree of photo aging and pigmentation, thickness of epidermis, level of erythema and scar tissue as required.

- 1.4 Identify and explain contraindications to treatment, and refer client to appropriate professional as required.
  - 1.5 Review medical history and medications, and obtain medical approval prior to treatment, as required.
  - 1.6 Classify client's skin, Fitzpatrick skin type and explain outcomes to client.
2. Design micro-dermabrasion treatment.
  - 2.1 Design proposed micro-dermabrasion for a single or a series of treatments based on the appropriate device parameters and treatment technique to achieve desired results.
  - 2.2 Discuss with client potential adverse effects, treatment design and recommendations for duration, frequency and treatment costs.
  - 2.3 Confirm revised treatment plan, record updates and obtain signed client consent.
3. Prepare for micro-dermabrasion treatment.
  - 3.1 Check readiness of treatment area and availability of equipment.
  - 3.2 Prepare self, equipment and products.
  - 3.3 Prepare client, ensuring their comfort and modesty throughout treatment.
  - 3.4 Position self throughout treatment to minimise fatigue and risk of injury.
  - 3.5 Use energy, water, product and other resources efficiently during preparation and subsequent treatment process.
4. Perform patch test.
  - 4.1 Explain physical sensation of treatment to client.
  - 4.2 Cleanse skin and ensure area is dry and hair free.
  - 4.3 Patch test a small area adjacent to the treatment site, assess reaction and record results.
  - 4.4 Advise client of suitability for treatment, pre-treatment care and preparation of skin and products to use to enhance treatment outcomes.
5. Provide micro-dermabrasion.
  - 5.1 Adjust treatment parameters according to patch test results.
  - 5.2 Decide on treatment procedure, number and direction of passes.
  - 5.3 Provide micro-dermabrasion for face or body.
  - 5.4 Stretch and manipulate skin to prevent damage.
  - 5.5 Monitor client reactions and adjust treatment parameters or cease treatment as required.
  - 5.6 Apply post-treatment products.
6. Review treatment and provide post treatment
  - 6.1 Evaluate treatment with client.

- advice.
- 6.2 Review current skin care regimen and make recommendations to support client priorities and maintain skin between treatments.
  - 6.3 Advise client on how to protect skin from environmental and sun damage as required.
  - 6.4 Record treatment parameters and outcomes of treatment on client treatment plan.
  - 6.5 Design and recommend future treatments to support client priorities and rebook client as required.
7. Clean treatment area.
- 7.1 Remove used linen and clean surfaces and equipment and attachments according to organisational policies and procedures.
  - 7.2 Sterilise any equipment or attachment that has come into contact with body fluids.
  - 7.3 Restock equipment and products in preparation for next treatment.
  - 7.4 Dispose of general waste and any hazardous waste to minimise negative environmental impacts and according to organisational policies and procedures.

## Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

Skill	Description
Reading skills to:	<ul style="list-style-type: none"> <li>• interpret, and follow manufacturer instructions and safety data sheets for safe use of cleaning and treatment products, micro-dermabrasion equipment and attachments.</li> </ul>
Oral communication skills to:	<ul style="list-style-type: none"> <li>• provide simple explanations to client that describe the physiological processes of skin damage and ageing and how the selected device, products and advice will impact skin appearance.</li> </ul>
Numeracy skills to:	<ul style="list-style-type: none"> <li>• calculate timing, treatment parameters and price.</li> </ul>
Planning and organising skills to:	<ul style="list-style-type: none"> <li>• sequence treatment delivery to maximise benefits for client.</li> </ul>
Technology skills to:	<ul style="list-style-type: none"> <li>• access credible online publications and resources which build knowledge for providing advice to clients</li> <li>• use client software to update client notes, record stock data and product purchases.</li> </ul>

## Unit Mapping Information

SIBBSKS506A Apply micro-dermabrasion to improve skin appearance

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>