Assessment Requirements for
SHBBSKS005 Provide micro-dermabrasion treatments

Release: 1
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Modification History
Not applicable.

Performance Evidence
Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- communicate, follow and modify treatment plans, to provide patch tests and three micro-dermabrasion treatments to clients requiring:
  - face treatments
  - body treatments
- provide patch tests for each client that replicate the proposed treatment plans, including:
  - equipment
  - procedure
  - treatment
- provide pre-treatment advice for clients that covers:
  - lifestyle changes
  - pre-treatment products and skin care regime
  - treatments to avoid before micro-dermabrasion
- design, record and maintain treatment plan and records for each client specifying details of:
  - client feedback and adverse reactions
  - contraindications and conditions
  - number and directions of passes, equipment parameters and products used
  - outcomes:
    - patch tests
    - previous and current treatment
    - post treatment care advice and products
    - recommended future treatments
    - relevant medical history and medications
    - treatment duration, areas treated and not treated
    - treatment objectives
- design and provide treatment routines that demonstrate appropriate application and modification of the following micro-dermabrasion techniques:
  - position of attachment
  - pressure applied
• stretching
• speed
• angle
• number of passes
• direction of passes
• vacuum and crystal flow settings or texture of diamond tip

• treat skin requiring improvement for the clients in any three of the following:
  • fine lines
  • hyper-pigmentation
  • oily or congested skin
  • scar tissue
  • skin texture
  • stretch marks

• provide safe treatments demonstrating application of health and hygiene regulations and skin penetration guidelines demonstrating:
  • disinfection of treatment area
  • disposal of infectious and non-infectious waste
  • disposal of single use equipment
  • equipment sterilisation and disinfection as required
  • hand washing
  • prevention of blood to blood contact
  • use of disposable equipment
  • use of personal protection equipment for operator and client

• treat clients without damaging skin
• present self, according to organisational policy.

Knowledge Evidence
Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

• state or territory and local health and hygiene and skin penetration regulations and requirements relevant to providing micro-dermabrasion treatments
• infectious disease transmission routes and prevention of infection transmission:
  • clients with blood borne diseases
  • contingency procedures for blood and body fluid contact
  • prevention of blood to blood contact
  • safe handling and disposal of sharps
• immunity and how it is acquired
• infection control procedures and application of standard precautions
• definitions and methods of cleaning, disinfection and sterilisation
• organisational policies and procedures relevant to providing micro-dermabrasion treatments:
  • client record management
  • equipment use and maintenance
  • incident reporting
  • linen use and laundry procedures
  • personal hygiene and presentation
  • presentation of treatment area
  • waste and hazardous substance disposal
  • work health and safety
• legal and insurance liabilities and responsibilities in regard to treatments
• scope of practice:
  • when to refer clients to other practitioners
  • importance of not stating a diagnosis of a contraindication
  • limitations to micro-dermabrasion treatments
  • roles of nutritionist, dietician, complementary therapist and medical practitioner
  • factors likely to affect suitability of treatment for client
• effects, risks, benefits and indications for micro-dermabrasion treatments on the physical structure of the skin
• interdependence of body systems and their relationship to a healthy body and skin:
  • nervous system and its relationship to skin sensations
  • lymphatic, digestive, respiratory, and circulatory systems and their relationship to skin functions, thermoregulation and homeostasis
  • endocrine and reproductive systems in relationship to hormonal influences on skin
• skin anatomy and physiology
• structure, function and distribution of skin glands
• production, composition, functions and control of skin gland secretions
• appearance and characteristics of skin types:
  • dry/alipid/lipid dry
  • oily/lipid
  • diffused red
• phases of skin growth, cell renewal, wound healing and factors affecting epidermal mitosis
• electromagnetic spectrum and effect of light on skin
• physiological basis of skin colour
• relationship between skin type, minimal erythemal dose, skin protection factor and sunscreen use
• Fitzpatrick skin types and how to classify skin
• function, formation and behaviour of major skin chemicals
• growth, development, ageing and healing of human skin
• abnormal and premature skin ageing and structural skin changes
• normal skin responses to irritation and trauma
• genetics of skin disorders
• trans-epidermal water loss
• absorption and relationship to skin treatments and products
• formulation, function and action of cosmetic formulations and ingredients in treatment products, effects and benefits to skin, potential adverse effects and those contraindicated for specific clients
• nervous system and its relationship to wound healing and the provision of micro-dermabrasion treatments
• advantages and disadvantages of crystal and diamond tips
• equipment causes of skin reactions and allergies in regard to micro-dermabrasion treatments
• contraindications that prevent or restrict treatment or require clearance from a medical practitioner to proceed and their relationship to micro-dermabrasion:
  • active acne
  • adverse outcomes to previous micro-dermabrasion treatments
  • bacteria, fungal, parasitic and viral infections
  • medications that cause skin thinning or inflammation
  • non-normal skin
• prior treatments in last seven days:
  • chemical peels
  • dermal filler injections
  • electrolysis
  • laser treatment
  • muscle relaxant injections
  • tweezing
  • waxing
• scar tissue
• skin trauma
• rosacea or telangiecstasia
• tattoos
• skin care containing the following for three days before treatment:
  • AHAs
  • hydroquinine
  • salicylic acid
  • retinoids
  • skin trauma
  • rosacea or telangiecstasia
  • tattoos
• appearance, genetic factors, possible medical treatments and limitations of micro-dermabrasion on skin conditions, diseases and disorders
• appearance, causes and management of adverse effects of micro-dermabrasion treatments:
  • blistering
  • bruising
  • excessive discomfort
  • over treatment
  • swelling
• post treatment care and advice for specific treatment areas:
  • avoidance of intense physical activity, sun exposure, restrictive clothing and heat treatments
  • hygienic care of treatment area
  • other beauty or cosmetic treatments
  • products to avoid
  • side effects of treatment and what to expect
  • sun protection
• lifestyle factors and benefits of lifestyle changes on skin
• sustainable operating procedures for the conservation of product, water and power.

Assessment Conditions
Skills must be demonstrated in a beauty industry environment; this can be:
• a beauty industry workplace or
• a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:
• paying clients, both new and regular, with different micro-dermabrasion requirements, who have the expectation that the services provided reflect those of a commercial business
• hand washing facilities:
  • basin
  • hot and cold running water
  • liquid soap
  • single use towels or hand dryer
• relevant workplace documentation:
  • blank client records
  • organisational policies and procedures relevant to micro-dermabrasion services
  • manufacturer instructions for equipment
  • safety data sheets for cleaning and treatment products.

Assessment must ensure use of:
• alcohol disposable single use skin wipes
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- bowls
- cleaning and disinfection products and equipment
- client gown or protective sheets
- disposable facial wipes, microlances, spatulas and tissues

**Individual work station:**
- adjustable treatment table with safe working access to both sides and ends
- individual electricity supply
- magnifying lamp
- operator chair
- trolley for products, bowls and equipment

**Micro-dermabrasion consumables:**
- crystals
- diamond tips
- filters

**Micro-dermabrasion equipment, products and attachments**

**Personal protective equipment:**
- apron
- disposable gloves
- goggles
- mask

- products from a comprehensive, professional skin care range
- sterilised small tools and equipment or all equipment to be single use and disposable
- treatment towels or linen, or disposable linen.

Assessment activities that allow individuals to:
- complete micro-dermabrasion treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisation’s requirements for assessors and:
- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

**Links**

Companion Volume implementation guides are found in VETNet - https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898