



Australian Government

**Assessment Requirements for
SHBBSKS005 Provide micro-dermabrasion
treatments**

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- communicate, follow and modify treatment plans, to provide patch tests and three micro-dermabrasion treatments to clients requiring:
 - face treatments
 - body treatments
- provide patch tests for each client that replicate the proposed treatment plans, including:
 - equipment
 - procedure
 - treatment
- provide pre-treatment advice for clients that covers:
 - lifestyle changes
 - pre-treatment products and skin care regime
 - treatments to avoid before micro-dermabrasion
- design, record and maintain treatment plan and records for each client specifying details of:
 - client feedback and adverse reactions
 - contraindications and conditions
 - number and directions of passes, equipment parameters and products used
 - outcomes:
 - patch tests
 - previous and current treatment
 - post treatment care advice and products
 - recommended future treatments
 - relevant medical history and medications
 - treatment duration, areas treated and not treated
 - treatment objectives
- design and provide treatment routines that demonstrate appropriate application and modification of the following micro-dermabrasion techniques:
 - position of attachment
 - pressure applied

- stretching
- speed
- angle
- number of passes
- direction of passes
- vacuum and crystal flow settings or texture of diamond tip
- treat skin requiring improvement for the clients in any three of the following:
 - fine lines
 - hyper-pigmentation
 - oily or congested skin
 - scar tissue
 - skin texture
 - stretch marks
- provide safe treatments demonstrating application of health and hygiene regulations and skin penetration guidelines demonstrating:
 - disinfection of treatment area
 - disposal of infectious and non-infectious waste
 - disposal of single use equipment
 - equipment sterilisation and disinfection as required
 - hand washing
 - prevention of blood to blood contact
 - use of disposable equipment
 - use of personal protection equipment for operator and client
- treat clients without damaging skin
- present self, according to organisational policy.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local health and hygiene and skin penetration regulations and requirements relevant to providing micro-dermabrasion treatments
- infectious disease transmission routes and prevention of infection transmission:
 - clients with blood borne diseases
 - contingency procedures for blood and body fluid contact
 - prevention of blood to blood contact
 - safe handling and disposal of sharps
- immunity and how it is acquired
- infection control procedures and application of standard precautions
- definitions and methods of cleaning, disinfection and sterilisation

- organisational policies and procedures relevant to providing micro-dermabrasion treatments:
 - client record management
 - equipment use and maintenance
 - incident reporting
 - linen use and laundry procedures
 - personal hygiene and presentation
 - presentation of treatment area
 - waste and hazardous substance disposal
 - work health and safety
- legal and insurance liabilities and responsibilities in regard to treatments
- scope of practice:
 - when to refer clients to other practitioners
 - importance of not stating a diagnosis of a contraindication
 - limitations to micro-dermabrasion treatments
 - roles of nutritionist, dietician, complementary therapist and medical practitioner
 - factors likely to affect suitability of treatment for client
- effects, risks, benefits and indications for micro-dermabrasion treatments on the physical structure of the skin
- interdependence of body systems and their relationship to a healthy body and skin:
 - nervous system and its relationship to skin sensations
 - lymphatic, digestive, respiratory, and circulatory systems and their relationship to skin functions, thermoregulation and homeostasis
 - endocrine and reproductive systems in relationship to hormonal influences on skin
- skin anatomy and physiology
- structure, function and distribution of skin glands
- production, composition, functions and control of skin gland secretions
- appearance and characteristics of skin types:
 - dry/alipid/lipid dry
 - oily/lipid
 - diffused red
- phases of skin growth, cell renewal, wound healing and factors affecting epidermal mitosis
- electromagnetic spectrum and effect of light on skin
- physiological basis of skin colour
- relationship between skin type, minimal erythema dose, skin protection factor and sunscreen use
- Fitzpatrick skin types and how to classify skin
- function, formation and behaviour of major skin chemicals
- growth, development, ageing and healing of human skin
- abnormal and premature skin ageing and structural skin changes

- normal skin responses to irritation and trauma
- genetics of skin disorders
- trans-epidermal water loss
- absorption and relationship to skin treatments and products
- formulation, function and action of cosmetic formulations and ingredients in treatment products, effects and benefits to skin, potential adverse effects and those contraindicated for specific clients
- nervous system and its relationship to wound healing and the provision of micro-dermabrasion treatments
- advantages and disadvantages of crystal and diamond tips
- equipment causes of skin reactions and allergies in regard to micro-dermabrasion treatments
- contraindications that prevent or restrict treatment or require clearance from a medical practitioner to proceed and their relationship to micro-dermabrasion:
 - active acne
 - adverse outcomes to previous micro-dermabrasion treatments
 - bacteria, fungal, parasitic and viral infections
 - medications that cause skin thinning or inflammation
 - non-normal skin
 - prior treatments in last seven days:
 - chemical peels
 - dermal filler injections
 - electrolysis
 - laser treatment
 - muscle relaxant injections
 - tweezing
 - waxing
 - scar tissue
 - skin trauma
 - rosacea or telangiectasia
 - tattoos
 - skin care containing the following for three days before treatment:
 - AHAs
 - hydroquinine
 - salicylic acid
 - retinoids
 - skin trauma
 - rosacea or telangiectasia
 - tattoos
- appearance, genetic factors, possible medical treatments and limitations of micro-dermabrasion on skin conditions, diseases and disorders

- appearance, causes and management of adverse effects of micro-dermabrasion treatments:
 - blistering
 - bruising
 - excessive discomfort
 - over treatment
 - swelling
- post treatment care and advice for specific treatment areas:
 - avoidance of intense physical activity, sun exposure, restrictive clothing and heat treatments
 - hygienic care of treatment area
 - other beauty or cosmetic treatments
 - products to avoid
 - side effects of treatment and what to expect
 - sun protection
- lifestyle factors and benefits of lifestyle changes on skin
- sustainable operating procedures for the conservation of product, water and power.

Assessment Conditions

Skills must be demonstrated in a beauty industry environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients, both new and regular, with different micro-dermabrasion requirements, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
 - basin
 - hot and cold running water
 - liquid soap
 - single use towels or hand dryer
- relevant workplace documentation:
 - blank client records
 - organisational policies and procedures relevant to micro-dermabrasion services
 - manufacturer instructions for equipment
 - safety data sheets for cleaning and treatment products.

Assessment must ensure use of:

- alcohol disposable single use skin wipes

- bowls
- cleaning and disinfection products and equipment
- client gown or protective sheets
- disposable facial wipes, microlances, spatulas and tissues
- individual work station:
 - adjustable treatment table with safe working access to both sides and ends
 - individual electricity supply
 - magnifying lamp
 - operator chair
 - trolley for products, bowls and equipment
- micro-dermabrasion consumables:
 - crystals
 - diamond tips
 - filters
- micro-dermabrasion equipment, products and attachments
- personal protective equipment:
 - apron
 - disposable gloves
 - goggles
 - mask
- products from a comprehensive, professional skin care range
- sterilised small tools and equipment or all equipment to be single use and disposable
- treatment towels or linen, or disposable linen.

Assessment activities that allow individuals to:

- complete micro-dermabrasion treatments within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors and:

- hold a qualification as a beauty therapist
- have worked as a beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>

