



Australian Government

SHBBSKS002 Provide diathermy treatments

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcome, skills and knowledge required to plan and safely use electric currents to treated dilated capillaries.

It requires the ability to establish priorities with clients, synthesise knowledge of skin biology and electric currents to design and provide treatments to reduce the appearance of dilated capillary blood vessels on the face and upper chest. The diathermy treatment can be an individual service or form part of a series of services.

This unit applies to beauty therapists who work in beauty salons. In this environment they exercise judgement in selecting and providing an appropriate treatment; demonstrate maturity and confidentiality in their client interactions; and apply knowledge of a range of facial treatments.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

SHBBINF001 Maintain infection control standards

Competency Field

Skin Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes.

1. Establish client priorities.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1 Access and review client treatment plan if available.
- 1.2 Discuss client diathermy requirements, changes in skin over lifetime, current skin care regimen, lifestyle and nutrition influences to determine causes of dilated capillaries.

- 1.3 Identify and assess dilated capillaries and skin.
- 1.4 Identify and explain contraindications to treatment, and refer client to appropriate professional as required.
- 1.5 Review medical history and medications, and obtain medical approval prior to treatment, as required.
- 1.6 Classify client skin and explain outcomes to client.
2. Design diathermy treatment.
 - 2.1 Identify treatment parameters and techniques.
 - 2.2 Discuss with client potential adverse effects, treatment design and recommendations for duration, frequency and treatment costs.
 - 2.3 Confirm revised treatment plan, record updates and obtain signed client consent.
3. Prepare for treatment.
 - 3.1 Check readiness of treatment area and availability of equipment and products.
 - 3.2 Prepare client, ensuring their comfort and modesty throughout treatment.
 - 3.3 Position self throughout treatment to minimise fatigue and risk of injury.
 - 3.4 Use energy, water and other resources efficiently during preparation and subsequent treatment process.
4. Conduct patch test
 - 4.1 Explain to client physical sensation of treatment.
 - 4.2 Cleanse and disinfect patch test site.
 - 4.3 Select sterile probes or needles and open in front of client.
 - 4.4 Conduct patch test on an area adjacent to the treatment site.
 - 4.5 Identify skin reaction and advise client of suitability for diathermy treatment.
 - 4.6 Record current intensity and probe or needle size.
 - 4.7 Rebook client to assess outcomes of patch test and for further treatments.
5. Apply electric currents.
 - 5.1 Cleanse and disinfect treatment area.
 - 5.2 Set current intensity and select probes or needles according to patch test results.
 - 5.3 Open sterile probes or needles in front of client.
 - 5.4 Apply and modify diathermy treatment, according to treatment plan, skin reaction and client feedback.
 - 5.5 Apply aftercare products.
6. Review treatment and provide post treatment advice.
 - 6.1 Evaluate treatment with client.
 - 6.2 Record treatment parameters and outcomes of treatment on client treatment plan.
 - 6.3 Advise client on how to care for skin in treatment site and expectations for wound healing.

- 6.4 Provide aftercare advice, recommend products and future treatments and rebook client.
- 6.5 Record treatment parameters and outcomes of treatment on client treatment plan.
7. Clean treatment area.
- 7.1 Remove used linen and clean treatment surfaces and equipment according to organisational policies and procedures.
- 7.2 Dispose of probes or needles in sharps container.
- 7.3 Sterilise any instrument that has come into contact with body fluids.
- 7.4 Restock equipment and products in preparation for next treatment.
- 7.5 Dispose of general waste and any hazardous waste to minimise negative environmental impacts and according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

Skill	Description
Reading skills to:	<ul style="list-style-type: none"> interpret, and follow manufacturer instructions and safety data sheets for safe use of cleaning and treatment products, probes or needles and equipment source and interpret credible information from: <ul style="list-style-type: none"> anatomy, physiology, skin science, publications trade journals and industry information on diathermy anatomical charts and models.
Oral communication skills to:	<ul style="list-style-type: none"> provide simple explanations to clients that describe the physiological processes of diathermy on dilated capillaries discuss treatment contraindications and precautions tactfully reassure client throughout service.
Numeracy skills to:	<ul style="list-style-type: none"> calculate intensity and duration of electric currents, timing, probe size and pricing.
Problem-solving skills to:	<ul style="list-style-type: none"> identify issues and modify electric currents and probe sizes to minimise skin damage and client discomfort.
Planning and organising skills to:	<ul style="list-style-type: none"> sequence treatment delivery to maximise benefits for client.

- Technology skills to:
- access credible online publications and resources which build knowledge for providing advice to clients
 - use client software to update client notes, rebook client for future treatments, record stock data and product purchases
 - safely use and maintain electrical devices.

Unit Mapping Information

SIBBSKS503A Provide diathermy treatments

Links

Companion Volume implementation guides are found in VETNet -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>