SHBBNLS001 Provide manicure and pedicare services

Release: 1
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Modification History
Not applicable.

Application
This unit describes the performance outcomes, skills and knowledge required to provide services and advice to clients requiring hand, foot and nail care.

It requires the ability to recognise relevant contraindications and conditions, to understand the structure and function of hands, feet and nails and the effects of treatments and products, and to select and provide services and advice to meet the objectives of the client. The services and advice can be on an individual basis or form part of a series of services.

This unit applies to workers in beauty and nail salons, and spas. In this environment they make routine service decisions within a defined range but are responsible for the selection and provision of services to clients.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit
Nil

Competency Field
Nail Services

Unit Sector
Beauty

Elements and Performance Criteria

<table>
<thead>
<tr>
<th>ELEMENTS</th>
<th>PERFORMANCE CRITERIA</th>
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<tbody>
<tr>
<td>Elements describe the essential outcomes.</td>
<td>Performance criteria describe the performance needed to demonstrate achievement of the element.</td>
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<tr>
<td>1. Establish client priorities.</td>
<td>1.1 Access and review client treatment plan if available.</td>
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<td>1.2 Discuss requirements with client to identify priorities.</td>
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<td>1.3 Identify conditions and client characteristics relevant to hand and foot services and recommend appropriate services or advice.</td>
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<td>1.4 Identify contraindications to nail services and refer client to</td>
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appropriate professional, as required.

1.5 Design treatment plan, confirm with client and record.

2. Prepare for nail service.

2.1 Check readiness of treatment area and availability of equipment.
2.2 Select products, equipment and personal protective equipment.
2.3 Maintain posture to minimise fatigue and risk of injury during treatment.
2.4 Prepare client and self for service.
2.5 Use energy, water, products and other resources efficiently during preparation and subsequent treatment process.

3. Provide nail service.

3.1 Sanitise client hands or feet.
3.2 File nails according to treatment plan, minimising damage to natural nail.
3.3 Soak feet and exfoliate hard skin as required.
3.4 Soak nails and treat cuticles as required.
3.5 Massage lower arms and hands or lower legs and feet.
3.6 Apply mask and other specialised products as required.
3.7 Apply nail polish and finishing products.

4. Review service.

4.1 Seek client feedback and update treatment plan.
4.2 Provide aftercare advice and recommend products and future services.
4.3 Update treatment plan and rebook as required.

5. Clean treatment area.

5.1 Remove used towels and clean surfaces and equipment according to organisational policies and procedures.
5.2 Restock equipment and products in preparation for next treatment.
5.3 Dispose of general waste to minimise negative environmental impacts according to organisational policies and procedures.

**Foundation Skills**

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

**Skill**

- Oral communication skills to:

**Description**

- use effective questioning and active listening techniques to consult with client, confirm requirements and monitor service outcomes.
Reading skills to: • interpret and follow manufacturer instructions and safety data sheets for safe use of cleaning and treatment products and equipment.

Numeracy skills to: • calculate product quantities, time and price.

Technology skills to: • use client software to update client notes, rebook client for future treatment, record stock data and product purchases.

Unit Mapping Information
No equivalent unit.

Links
Companion Volume implementation guides are found in VETNet - https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898