



**Australian Government**

# **Assessment Requirements for SHBBNLS001 Provide manicure and pedicare services**

**Release: 1**

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## **Modification History**

Not applicable.

## **Performance Evidence**

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- communicate, follow and adjust treatment plans to provide six safe and appropriate manicure and pedicare treatments to clients suitable for the established client treatment objective
- design, record and maintain treatment plans and records for each client specifying details of:
  - after-care advice
  - areas requiring special treatment
  - client feedback
  - colours used
  - contraindications
  - nails analysis
  - products used
  - required services
  - treatment duration and sequence
- provide manicure and pedicare treatments for each client that demonstrate appropriate selection and application of:
  - buffing
  - callous removal
  - coloured nail varnish application
  - cuticle care
  - exfoliation
  - French polish application
  - mask
  - massage hands and feet using different massage movements:
    - effleurage
    - petrissage
  - nail shaping
- recognise contraindications listed in Knowledge Evidence and list relevant practitioners for client referral

- recognise skin and nail conditions and recommend treating products and home care routines
- present self, according to organisational policy
- comply with health and hygiene regulations and requirements.

## Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- state or territory and local council health and hygiene regulations and requirements relevant to providing manicure and pedicare services
- organisational policies and procedures relevant to the provision of manicure and pedicare services:
  - client record management
  - equipment use and maintenance
  - incident reporting
  - linen use and laundry procedures
  - personal hygiene and presentation
  - presentation of treatment area
  - waste disposal
  - work health and safety
- scope of practice as it applies to manicure and pedicare services:
  - when to refer clients to other practitioners
  - importance of not stating a diagnosis of a contraindication
  - other practitioners and relationship to nail services:
    - complementary practitioner
    - medical practitioner
    - podiatrist
- appearance and gross anatomy of skin surrounding natural nail
- anatomy and physiology of nails:
  - structure, growth, shape, and functions of nails
  - nail strength and flexibility
  - factors that affect normal nail growth
  - effects of diseases on healthy nails
- anatomy and physiology of lower arms and hands:
  - bones:
    - radius
    - ulna
    - carpals
    - metacarpals
    - phalanges

- muscles:
  - extensors
  - flexors
  - pronators
- blood supply
- anatomy and physiology of lower legs and feet:
  - bones:
    - tibia
    - fibula
    - talus
    - metatarsals
    - phalanges
  - muscles:
    - gastrocnemius
    - soleus
    - tibialis anterior
    - foot muscles
  - blood supply
- skin and nail conditions which modify treatment and their relationship to nail services:
  - non-contagious hand, foot or nail disorders:
    - Beau's lines
    - blisters
    - bruised nails
    - bunions
    - calluses
    - circulatory problems
    - corns
    - corrugated furrows
    - dermatitis
    - discoloured nails
    - eggshell nails
    - habit tic
    - hammer toes
    - hangnails
    - heel fissures
    - koilonychia
    - leuconychia
    - onychauxis
    - onychocryptosis
    - onycholysis

- onychophagy
- onychorrhexis
- onychotrophia
- pterygium
- splinter haemorrhage
- split or brittle nails
- trauma induced nail malformations
- contraindications which prevent treatment or require referral to health practitioners and relationship to manicure and pedicare services:
  - allergic reactions
  - areas exhibiting loss of tactile sensation
  - bacterial, fungal, parasitic and viral infections
  - bruising or swelling
  - cuts or abrasions
  - diabetics
  - recent fractures or sprains
  - recent operations
- specialised nail products properties, chemical components, and their effects on nails and skin:
  - base coat
  - cuticle care
  - drier
  - exfoliants
  - hands and feet soaking products
  - masks
  - massage mediums
  - moisturisers
  - nail hardeners
  - nail polish removers
  - nail polishes
  - quick dry
  - thinner
  - top coat
- adverse reactions to nail products
- pH range of human skin, nails and manicure and pedicare treatment products
- sustainable operating procedures for the conservation of product, water and power
- aftercare advice, products and future services to maintain hand, foot and nail care.

## Assessment Conditions

Skills must be demonstrated in a nail services environment; this can be:

- a beauty industry workplace or
- a simulated beauty workplace set up for the purpose of skills assessment, that provides services to paying members of the public.

Assessment must ensure access to:

- paying clients, both new and regular, with different manicure and pedicure needs, who have the expectation that the services provided reflect those of a commercial business
- hand washing facilities:
  - basin
  - hot and cold running water
  - liquid soap
- single use towels or hand dryer.relevant workplace documentation:
  - blank client records
  - organisational policies and procedures relevant to manicure and pedicure services
  - manufacturer instructions and safety data sheets
- texts or online resources that provide information on nail, hand and foot anatomy and physiology, contraindications and disorders.

Assessment must ensure use of:

- cleaning and disinfection products
- client chair
- disposable gloves
- equipment:
  - cuticle pushers
  - disposable pedi paddles
  - disposable nail files
  - manicure and pedicure bowls
  - nail clippers or scissors
  - manicure and pedicure products from comprehensive professional range
  - manicure table and lamp
  - operator chair
- treatment towels, cotton or disposable.

Assessment activities that allow individuals to:

- complete manicure and pedicure services within commercially realistic speed, timing and productivity
- demonstrate competency in an environment reflective of real work situations
- manage tasks and contingencies in the context of the job role.

Assessors must satisfy the Standards for Registered Training Organisation's requirements for assessors and:

- hold a qualification as a beautician, nail technician or beauty therapist
- have worked as a beautician, nail technician or beauty therapist for at least three years where they have applied the skills and knowledge of this unit of competency.

## **Links**

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>