



**Australian Government**

# **SHBBHRS013 Provide hair reduction treatments using electrical currents**

**Release: 1**

# SHBBHRS013 Provide hair reduction treatments using electrical currents

## Modification History

Supersedes and is not equivalent to SHBBHRS004 Provide hair reduction treatments using electrical currents.

## Application

This unit describes the performance outcomes, skills and knowledge required to use electrolysis to remove unwanted hair from the face and body.

It requires the ability to establish priorities with clients, to synthesise knowledge of hair biology and electric currents, and to design and provide effective hair removal treatments. Treatment outcomes are usually achieved over a program that involves multiple individual treatments.

This unit applies to beauty therapists who work in beauty and hair removal salons. In this environment they exercise judgement in planning and providing an appropriate treatment; demonstrate maturity and confidentiality in their client interactions; and apply knowledge of hair removal methods.

The skills in this unit must be applied in accordance with Commonwealth and State or Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

## Pre-requisite Unit

Unit Code	Unit Title
SHBBINF002	Maintain infection control standards

## Competency Field

Hair Reduction Services

## Unit Sector

Beauty

## Elements and Performance Criteria

### ELEMENTS

*Elements describe the essential outcomes*

1. Establish client priorities.

2. Design electrolysis treatment.

3. Prepare for electrolysis treatment.

4. Conduct patch test.

### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

- 1.1. Access and review client treatment plan if available.
- 1.2. Discuss client's hair reduction requirements, changes in hair growth and lifestyle factors to establish treatment objectives.
- 1.3. Assess hair in treatment site.
- 1.4. Identify and explain contraindications to treatment, and refer client to appropriate professional as required.
- 1.5. Review medical history, medication, and obtain medical approval prior to treatment, as required.
- 2.1. Discuss outcomes of hair assessment with client.
- 2.2. Design treatments for a single or series of treatments and discuss benefits and potential adverse effects with client.
- 2.3. Discuss with client recommendations for duration, frequency and cost of recommended treatments.
- 2.4. Confirm treatment, develop or update treatment plan, obtain client consent and record details.
- 3.1. Prepare client, equipment and products.
- 3.2. Present self, according to organisational policy.
- 3.3. Complete safety check on equipment according to manufacturer instructions.
- 3.4. Use energy, water and other resources efficiently during preparation and subsequent treatment.
- 3.5. Comply with health, hygiene and skin penetration regulations and requirements.
- 4.1. Explain physical sensation of treatment to the client.
- 4.2. Select and cleanse a small area of skin adjacent to treatment area.
- 4.3. Select sterile probes and open in view of the client.
- 4.4. Conduct patch test, assess skin reaction and outcomes with client and record results.
- 4.5. Adjust treatment parameters on treatment plan as required.

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| 5. Provide electrolysis treatment.                     | <ul style="list-style-type: none"><li>5.1. Cleanse area of skin to be treated.</li><li>5.2. Select sterile probes size and open in front of client.</li><li>5.3. Select electrical current type and level, in line with the patch test text parameters.</li><li>5.4. Position self throughout treatment to minimise fatigue and risk of injury to self and client.</li><li>5.5. Treat unwanted hair applying infection control and skin penetration procedures ensuring no over treatment of any area.</li><li>5.6. Ensure client comfort and modesty throughout treatment.</li><li>5.7. Monitor client reactions to adjust time and intensity of electric current as required.</li><li>5.8. Apply post-treatment care and products to minimise any post treatment skin reactions.</li></ul> |
| 6. Review treatment and provide post treatment advice. | <ul style="list-style-type: none"><li>6.1. Evaluate treatment with client.</li><li>6.2. Record treatment parameters and outcomes of treatment on client treatment plan.</li><li>6.3. Provide aftercare advice and recommend products and future treatments.</li><li>6.4. Update treatment plan and records, and rebook client as required.</li></ul>   |
| 7. Clean treatment area.                               | <ul style="list-style-type: none"><li>7.1. Remove used linen and clean treatment surfaces and equipment according to organisational policies and procedures.</li><li>7.2. Dispose of probes or needles in sharps container.</li><li>7.3. Sterilise any instrument that has come into contact with body fluids.</li><li>7.4. Restock equipment and products in preparation for next treatment.</li><li>7.5. Dispose of general and hazardous waste to minimise negative environmental impacts and according to organisational policies and procedures.</li></ul>  |

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.*

### SKILLS

### DESCRIPTION

- Reading skills to:
- interpret and follow manufacturer instructions and safety data sheets for safe use of cleaning and treatment products and hair reduction equipment and attachments.
- Oral communication skills to:
- provide simple explanations to clients that describe the physiological processes of electrical epilation treatments on hair follicles
  - discuss treatment contraindications and precautions tactfully
  - reassure client through service.
- Numeracy skills to:
- calculate treatment parameters, intensity and duration of electric currents, timing and price of treatment.
- Problem-solving skills to:
- identify problems and modify electric currents to minimise skin damage and client discomfort.
- Technology skills to:
- use client software to update client notes, rebook future services, record stock data and product purchases
  - safely use and maintain electrical devices.

## Unit Mapping Information

Supersedes and is not equivalent to SHBBHRS004 Provide hair reduction treatments using electrical currents.

## Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>