



**Australian Government**

# **SHBBHRS009 Provide intense pulsed light hair reduction treatments**

**Release: 1**

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## Modification History

Not applicable.

## Application

This unit describes the performance outcomes, skills and knowledge required to safely provide intense pulsed light (IPL) hair reduction treatments to reduce unwanted hair on the face and body. It requires the ability to follow an agreed treatment program, monitor and modify treatments in response to the client's skin and hair reactions, and assess treatment results.

This unit applies to IPL practitioners working in a diverse range of beauty industry sectors and business contexts who provide hair reduction treatments. These individuals operate independently, under limited supervision of others and within established organisational policies and procedures.

The unit reflects the safety guidelines, for a broad range of IPL dermal applications, expressed in the following Australian and New Zealand Standards, current at the time of publication:

- AS/NZS 4173:2018 Safe use of lasers and intense light sources in health care
- AS/NZS 1336:2014 Eye and face protection - Guidelines.

The use of IPL is subject to legislation, regulation and licensing in some Australian States and Territories.

## Pre-requisite Unit

SHBBHRS005 Identify and control safety risks for intense pulsed light and laser hair reduction treatments

## Competency Field

Hair Reduction Services

## Unit Sector

Beauty

## Elements and Performance Criteria

### ELEMENTS

*Elements describe the essential outcomes*

### PERFORMANCE CRITERIA

*Performance criteria describe the performance needed to demonstrate achievement of the element.*

1. Prepare treatment environment and equipment.
  - 1.1. Access and review agreed client treatment program to determine requirements for individual treatment.
  - 1.2. Check that treatment environment is correctly organised and free from safety risks and hazards.
  - 1.3. Confirm completion of risk assessment and equipment checks and take any required corrective action.
  - 1.4. Set up equipment and check to ensure correct functioning as per manufacturer instructions and safe practice protocols.
  - 1.5. Cleanse and prepare treatment area and sanitise equipment prior to use on client.
  - 1.6. Complete required workplace and pre-treatment documentation required for treatment environment and equipment preparation.
2. Prepare self and client.
  - 2.1. Identify need for and receive signed medical approval to proceed with treatment from client.
  - 2.2. Confirm treatment program with client.
  - 2.3. Determine, through discussion and questioning, changes to client medical history and contraindications arising since time of treatment program development.
  - 2.4. Adjust treatment program to reflect identified changes and obtain signed client consent for adjusted treatment program.
  - 2.5. Explain treatment process to client and likely sensations to client to ensure client comfort.
  - 2.6. Identify jewellery worn by self and client and remove, or where not removable, tape according to workplace procedures.
  - 2.7. Fit and adjust personal protective equipment, including eye protection, to self, client and others who may be present during treatment.
3. Provide intense pulsed light treatment.
  - 3.1. Follow workplace policies and procedures, non-ionising radiation safety plan and legislative requirements to apply intense pulsed light according to treatment program.
  - 3.2. Identify requirement for coupling gel and apply ensuring minimum wastage.
  - 3.3. Perform a test shot on treatment area, observe immediate skin reaction and level of client discomfort, and adjust equipment settings in preparation for treatment.
  - 3.4. Commence treatment on areas of least pain sensitivity.
  - 3.5. Work sequentially on treatment area, avoiding repeat treatment on area immediately after first shot.

- 3.6. Monitor client reaction to treatment and pain tolerance continuously and adjust equipment settings to minimise client discomfort.
- 3.7. Identify potential and actual hazards and assess risks throughout treatment and take action to minimise risk to self and client.
- 3.8. Identify and respond immediately to adverse reactions by stopping treatment and explaining reason for stoppage to client.
- 3.9. Identify need for and take and store photographs of hair reduction treatment area according to workplace policies and procedures.
- 3.10. Turn off equipment and remove coupling gel at completion of treatment.
4. Provide post-treatment care and advice.
- 4.1. Select and apply post-treatment skin cooling products according to treatment plan and client reaction to treatment.
- 4.2. Advise client on post-treatment and self-care and ask questions to confirm client understanding.
- 4.3. Advise client on client care and precautionary requirements for period leading up to next treatment
- 4.4. Record treatment and adjust treatment plan to reflect treatment and outcomes.
- 4.5. Complete post treatment documentation according to workplace procedures.
- 4.6. Initiate follow-up to check for post-treatment complications and adverse effects according to workplace procedures.

## Foundation Skills

*Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.*

SKILLS	DESCRIPTION
Reading skills to:	<ul style="list-style-type: none"> <li>• interpret both familiar and unfamiliar, and sometimes complex documents:               <ul style="list-style-type: none"> <li>• client treatment programs</li> <li>• client records</li> <li>• workplace policies and procedures</li> <li>• non-ionising radiation safety protection plan</li> <li>• materials describing industry standards and regulatory</li> </ul> </li> </ul>

- requirements of intense pulsed light hair reduction
- manufacturer instructions for the safe use, maintenance and storage of intense pulsed light equipment.
- Writing skills to:
- clearly and legibly make amendments to treatment plan.
- Oral communications skills to:
- consult with, inform and reassure clients throughout treatment process
  - respond to client questions and provide information to client throughout treatment process.
- Numeracy skills to:
- calculate and modify equipment settings.

## Unit Mapping Information

No equivalent unit.

## Links

Companion Volume Implementation Guide -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>