



Australian Government

SHBBHRS008 Design intense pulsed light hair reduction treatment programs

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to design intense pulsed light (IPL) hair reduction treatment programs to reduce unwanted hair on the face and body. It requires the ability to consult with clients, determine client suitability for IPL hair reduction treatments and design treatment programs based on client needs.

This unit applies to IPL practitioners working in a diverse range of beauty industry sectors and business contexts who design staged treatment programs for multiple treatments that will safely achieve optimal hair reduction outcomes for the client. These individuals operate independently, under limited supervision of others and within established organisational policies and procedures.

The unit reflects the safety guidelines, for a broad range of clinical IPL dermal applications, expressed in the following Australian and New Zealand Standards, current at the time of publication:

- AS/NZS 4173:2018 Safe use of lasers and intense light sources in health care
- AS/NZS 1336:2014 Eye and face protection - Guidelines.

The use of intense pulsed light is subject to legislation, regulation and licensing in some Australian states and territories.

Pre-requisite Unit

SHBBHRS005 Identify and control safety risks for intense pulsed light and laser hair reduction treatments

Competency Field

Hair Reduction Services

Unit Sector

Beauty

Elements and Performance Criteria

ELEMENTS

Elements describe the

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to

*essential outcomes**demonstrate achievement of the element.*

1. Consult with client on hair reduction requirements.

1.1. Determine, through discussion and questioning, client hair reduction requirements and preferences, and administer client consultation form.

1.2. Review client medical and treatment history to identify factors impacting or prohibiting suitability for treatment.

1.3. Use diagnostic tools and observation techniques to determine client Fitzpatrick skin type and characteristics.

1.4. Discuss treatment suitability, options and limitations with client.

1.5. Advise client on treatment procedure, outcomes, and possible effects and after care.

1.6. Encourage client questions and check client understanding of treatment procedure, outcomes, and possible effects and self-care.

2. Determine contraindications to treatment.

2.1. Consult with and visually observe client to identify and determine impact of contraindications.

2.2. Determine non-medical precautions for non-medical contraindications and explain to client.

2.3. Advise client to seek and provide signed proof of medical release for medical contraindications and medical precautions prior to treatment.

3. Prepare self and client for patch test.

3.1. Check treatment environment is correctly organised and free from safety risks and hazards.

3.2. Confirm completion of risk assessment and equipment checks and take any required corrective action.

3.3. Set up equipment and check to ensure correct functioning as per manufacturer instructions and safe practice protocols.

3.4. Cleanse and prepare treatment area and sanitise equipment prior to use on client.

3.5. Instruct client to prepare for patch testing, check client comfort and make any required adjustments to ensure client comfort.

3.6. Identify jewellery worn by self and client and remove, or where not removable, tape according to workplace procedures.

3.7. Fit and adjust personal protective equipment, including eye protection, to self, client and others who may be present during treatment.

3.8. Explain patch test process and likely sensations to client to

- ensure client comfort.
- 3.9. Select and prepare patch test area within proposed treatment area.
4. Complete patch test.
- 4.1. Follow workplace policies and procedures, non-ionising radiation safety plan and legislative requirements to complete intense pulsed light patch test.
- 4.2. Select energy settings (fluence) based on client consultation and apply a small number of pulses to test area.
- 4.3. Record energy settings and observe immediate reactions looking for an end point to assist in designing safe and effective treatment.
- 4.4. Identify and respond immediately to adverse reactions by stopping treatment and explaining reason for stoppage to client.
- 4.5. Select and apply post-treatment skin cooling products according to client reaction to patch test.
- 4.6. Wait length of time specified in organisational policy, and observe and record skin response.
5. Design treatment program.
- 5.1. Determine appropriate treatment type and program according to outcomes of client consultation and patch test, and within safe practice protocols.
- 5.2. Discuss proposed treatment program, expected results and risks with client.
- 5.3. Communicate pre-treatment and post-treatment precautions and care, and ask questions to confirm client understanding.
- 5.4. Discuss role and responsibilities of the practitioner and the client and gain client agreement to client responsibilities.
- 5.5. Identify need for and take and store photographs of hair reduction pre-treatment area according to workplace policies and procedures.
- 5.6. Discuss and select treatment evaluation strategies with client.
- 5.7. Finalise and document treatment program and gain signed client consent.

Foundation Skills

Foundation skills essential to performance in this unit, but not explicit in the performance criteria are listed here, along with a brief context statement.

SKILLS	DESCRIPTION
Reading skills to:	<ul style="list-style-type: none">• interpret both familiar and unfamiliar, and sometimes complex documents:<ul style="list-style-type: none">• workplace policies and procedures• non-ionising radiation safety protection plan• materials describing industry standards and regulatory requirements of intense pulsed light hair reduction• manufacturer instructions for the safe use, maintenance and storage of intense pulsed light equipment.
Writing skills to:	<ul style="list-style-type: none">• clearly and correctly document client treatment programs.
Oral communications skills to:	<ul style="list-style-type: none">• respond to client questions and provide information to client throughout consultation process.
Numeracy skills to:	<ul style="list-style-type: none">• calculate treatment parameters for use in treatment session.
Problem-solving skills to:	<ul style="list-style-type: none">• respond to contraindications and adverse effects to minimise risk and ensure client safety.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume Implementation Guide -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=255d312b-db07-48f2-b6d6-1b0b06c42898>